



Bharati Vidyapeeth (Deemed to be University)
School of Physiotherapy, Sangli

Organizes

CARDIO-PULMONARY **FITNESS ASSESSMENT**

On occasion of

WORLD HEART DAY

Key Details-

**Providing phsiotherapeutic
assessment & consultation
specifically regarding the cardio-pulmonary
system by the faculty of
BVDU School Of Physiotherapy, Sangli**

Dr. Sneha Katke

Principal

BVDU, School of Physiotherapy, Sangli

Venue: E2 wing, 5th floor, BVDU MCH Building, BVDU Medical college campus, Sangli.

Time: 12:00 pm onwards

Date: 11/10/2024

For details contact:

Dr. Vishagh Nair, Dr. Prasannajit Nikam & Dr. Aishwarya Bulbule: +91 7483835035



**BHARATI VIDYAPEETH
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SCHOOL OF PHYSIOTHERAPY, SANGLI**

CIRCULAR

BVDU, School of Physiotherapy Sangli, is organizing Cardio-Pulmonary Fitness Assessment on occasion of "World Heart Day", 29th September 2024.

Herewith all the staff and students are requested for active participation.

Date: 11/10/2024

Venue: E2 wing, 5th floor, BVDU MCH Building, BVDU Medical college campus, Sangli

Time: 12.00 pm onwards

Copy to

1. Hon. Regional Director, B.V. (D.U.), Sangli
2. Dean, BV (DU) M.C.H, Sangli
3. Dy. Dean, BV (D.U.) M.C.H, Sangli
4. Medical Superintendent, B.V (D.U.) M.C.H, Sangli
5. Dy. Medical Superintendent, B.V (DU) M.C.H, Sangli
6. All Notice Boards (College and Department)



Dr. Sneha Katke

**PRINCIPAL
Bharati Vidyapeeth
(Deemed to be University)
School of Physiotherapy,
Sangli - 416 416.**



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ACTIVITY REPORT

Title of program/event/course/activity	Cardiopulmonary fitness assessment
Objective/s of program	Assess, Evaluate cardiovascular function Identify individuals with cardiopulmonary disease risk factors or symptoms. Develop personalized exercise programs based on fitness levels and health status. Educate participants on lifestyle modifications for improved cardiovascular and respiratory health
Date and Time of program	11 st October, 2024. 12pm onwards
Venue	5 th Floor E2 wing, BVDU Hospital building
Organized by	BVDU School of Physiotherapy, Sangli.
If organized in collaboration, name of external institute/body/agency/hospital	-
Program approved by Dean/Principal/HOD/University	Dr.Sneha V. Katke (Principal)
Name of Program Co-ordinator	Dr. Prasannajeet, Dr Aishwarya B, Dr Vishagh Nair
Name of Supporting staff	Dr Rutuja Phadke
Name of Speaker/ Guest speaker	-
Vote of thanks presented by	Dr. Sheetal Swamy
Photograph/video available	Yes (photograph)
Nature of photo submission [Hard/soft copy]	Hard and Soft copy
No. of Participants / Volunteers	30
No. of Beneficiaries	34

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Brief about the program/activity/event:

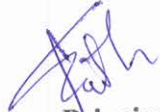
Bharati Vidyapeeth (Deemed to be University) School of Physiotherapy, Sangli conducted an cardiopulmonary and fitness assessment and treatment session on 11st October 2024 from 12pm onwards at 5th Floor E2 wing, BVDU Hospital building, Sangli. The session aimed to assess, evaluate cardiovascular function, identify individuals with cardiopulmonary disease risk factors or symptoms, develop personalized exercise programs based on fitness levels and health status and educate participants on lifestyle modifications for improved cardiovascular and respiratory health. The event was conducted by a team of trained professionals, The assessment included 6 stations: Station 1: Demographic data Station 2: Body composition Station 3: Pulmonary function test, Station 4: YCMA Step test, Station 5: Exercise prescription. Station 6: Diet counselling. The coordinator of the event was Dr. Prasannajeet, Dr Aishwarya B, Dr Vishagh Nair. Vote of thanks was presented by Dr. Sheetal Swamy (Associate professor, BVDU SOP, Sangli). The results provide valuable insights into the fitness levels and health risks of the assessed population. The event was successful under the guidance of Dr. Sneha Katke (Principal, BVDU SOP, Sangli).

***Please tick the Criterion for the activity:**

Criterion I	Criterion II	Criterion III	Criterion IV
Criterion V	Criterion VI	Criterion VII	Link


Event co-ordinator




Principal
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Cardiopulmonary Fitness Testing



[Handwritten signature]

Sangli – Miraj Road Sangli – 416 416 , Maharashtra

Email : sopt.sangli@bharatividyaapeeth.edu



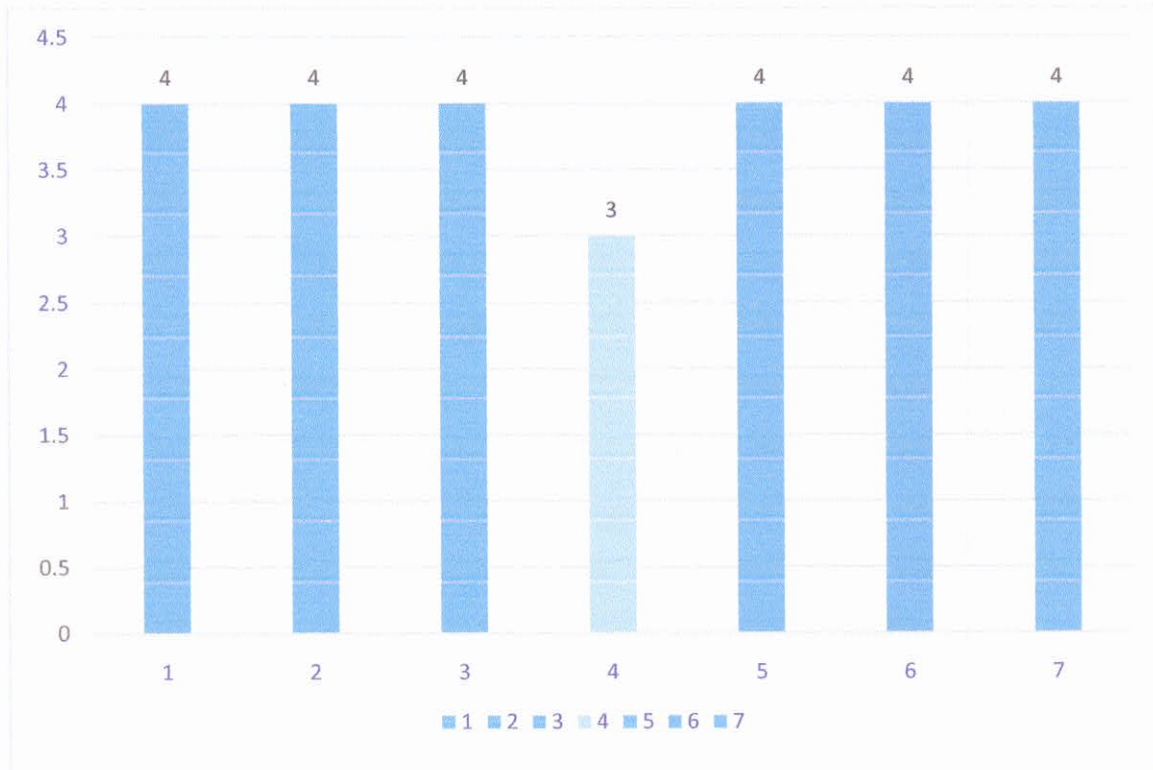
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Tel No. : 0233-2601593/94/95 Ext.No. 228, 269
Bharati Vidyapeeth
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Website : <http://soptsangli.bharatividyaapeeth.edu>
School of Physiotherapy
Sangli - 416 416.



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Event Name: Cardiopulmonary Fitness Assessment

Date: 11/10/2024




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Sangli - 416 416.

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Website : <http://soptsangli.bharatividyaapeeth.edu>

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**ATTENDANCE SHEET
STUDENT ATTENDANCE**

Event - Cardio Pulmonary Fitness assessment . DATE - 11/10/2024

Sr. No	Student Name	Signature
1	Vaishnavi Vijay Munde	<i>[Signature]</i>
2	Shravani Sunil Sankpal	<i>[Signature]</i>
3	Saniya Sandip Jrale	<i>[Signature]</i>
4	Sakshi Dattatray Rode	<i>[Signature]</i>
5	Annapali Ankush Hrudale	<i>[Signature]</i>
6	Taslika Dilawar Mujawar	<i>[Signature]</i>
7	Vaishnavi Vilas Masul	<i>[Signature]</i>
8	Gayatri Balasaheb Thorat	<i>[Signature]</i>
9	Vaishnavi Vijay Hulake	<i>[Signature]</i>
10	Sai Sohani	<i>[Signature]</i>
11	Sanskriti Marje	<i>[Signature]</i>
12	Ishita Kadam	<i>[Signature]</i>
13	Vedika Joshi	<i>[Signature]</i>
14	Gaurav Jain	<i>[Signature]</i>
15	Suraj Dhadwad	<i>[Signature]</i>
16	Atharva Atoli	<i>[Signature]</i>
17	Anas Patil	<i>[Signature]</i>
18	Asad Sharikmaslat.	<i>[Signature]</i>
19	Suleman Bagwan	<i>[Signature]</i>
20	Snehal Shubhaji Kubade	<i>[Signature]</i>
21	Sneha Kumari	<i>[Signature]</i>
22	Soushti Lokhande	<i>[Signature]</i>
23	Ayesha Shaikh	<i>[Signature]</i>
24	Janhavi Rukadikar	<i>[Signature]</i>



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25	Sanskr	
26	Santosh sonjay salunkhe	
27	Atharva. Adhikrag Devakate	
28	Diksha Bandka	
29	Siddhi Shinde	
30	Deepanjali zende	
31	Sankalpasa Gavade	
32	shreya shinde	
33	Kuldeep Singh Rathore	
34	Sandesh Sudhir Kudale	
35	Pranav Rajendra Gurav	
36	Varad Yuvraj Aundhkar.	
37	Ashish Gorakh Shinde	
38	Abhishek Santosh mane	
39	Mahamadsait Munir Mulla.	
40	Mayuri. lamkane. laxman	
41	Anajali. Rajkumar. kumawat	
42	Pauar Ashlesha Umakant	
43	Patil vaibhavi Dayanand	
44	Parthe Diya Shankar	
45	vaibhavi pratap Khose	
46	Amol Annasaheb Kore	
47	Sanskar Dhondiram Sutar	
48	Soham Dhamanjay Joshi	
49	M. Saad Shafiq Sayyad	
50	Bhoomi Nandu Mhapsekar	
51	Aditi Uday Dalvi	
52	Sakshi Pattatray Rode	
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56	Sanskriti Naik	<u>Sanskriti</u>
57	Nityashri Paslekar	<u>N. Paslekar</u>
58	Sakshi Bhalerao	<u>Sakshi</u>
59	Smriti Khadikar	<u>Sm</u>
60	Rupali Sinha	<u>Rupali</u>
61	Kasturi Ghosalkar	<u>Kasturi</u>
62	Pradnya Tirthkar	<u>Pradnya</u>
63	Aditya Tamane	<u>Aditya</u>
64	Ayushma Kale	<u>Ayushma</u>
65	Shraddha Tadhar	<u>Shraddha</u>
66	Riya Pawar	<u>Riya</u>
67	Pranay. Pandhare	<u>Pranay</u>
68	Apita. Karmalkar.	<u>Apita</u>
69	Fatima. Parkar.	<u>Fatima</u>
70	Varun Punwarkar	<u>Varun</u>
71	Aditya Sorkale	<u>Aditya</u>
72	Diya Tamboli.	<u>Diya</u>
73	Indrajit Kusnale	
74	Tanmay Kashid	<u>Tanmay</u>
75	Pradyumna Yadav.	
76	Diya Bhadkavankar	<u>Diya</u>
77	Nirjasa Doshi	<u>Nirjasa</u>
78	Prateek Kambale	<u>Prateek</u>
79	Aarti murde	<u>Aarti</u>
80	Kranti Kane	<u>Kranti</u>
81	Hrishita Madiwal.	<u>Hrishita</u>
82	Sharavani Kadam	<u>Sharavani</u>
83	Pradyumna Yadav	<u>Pradyumna</u>
84	Jhalak Doshi	<u>Jhalak</u>
85	Moksha Mahajan	<u>Moksha</u>



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86	Amina Nadim Bangi	Asarfa
87	shruti Shrikant Paware	SS
88	Soham Babasaheb Gurau	Shri
89	siddharth Makarand Khadilkar	Sidharth
90	Priyanshu Amar Forakate	Amanakate
91	Pratiksha Sanjay Pawale	Pratik
92	Pradnya Takane	Pradnya
93	Abdur Rahim Khan	Abdur
94	Gaunina Jadhav	Gaunina
95	Dhanitai P. Samal	Dhanitai
96	Rehmat M. Bhojani	Rehmat
97	Sueaj Suthi's Kumbale	Sueaj
98	Tanvi Sandeep Jadhav	Tanvi
99	Riddhi pravin patil	Riddhi
100	Tanisha Prashant Shah	Tanisha
101	Nikita. Amar. Dabade	Nikita
102	Shraddha Sanjay Kadu	Shraddha
103	Paarul Sanjay Kagwade	Paarul
104	Vishakha Vijay Kale	Vishakha
105	Moin Mushrif	Moin
106	Sayali Prasad Kulkarni	Sayali
107	Sakshi Shinde.	Sakshi
108	sejal khadtaze	sejal
109	Sarthak Kulkarni	Sarthak
110	pawar shubham Rajkumar	pawar
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ATTENDANCE SHEET
PARENTS ATTENDANCE

Event - Cardio-Pulmonary Fitness Assessment DATE - 11/10/2024.

Sr. No	PARENTS Name	Signature
1	✓ Amol kadam	
2	✓ shubhangi Bhokare	
3	✓ Minanath Bhokare	
4	✓ Vijay Munse	
5	✓ Jyoti Munse	
6	✓ Abhijit Sohani.	
7	✓ Meghna Sohani	
8	✓ Yogesh Bandal.	
9	✓ Vidhi kadam	
10	Sangita Mirjao -	
11	✓ Smita Bandal	
12	Sangita Waydande -	
13	✓ Lata shinde	
14	✓ Sanjivkumar shinde.	
15	✓ Krunaldev Gavade.	
16	✓ Saglain Shaikh	
17	✓ Dattatray Rodae	
18	✓ Shailendra Ghorpade	
19	✓ Nandu Mapaden	
20	✓ vilas Masal.	
21	✓ Nanda Masal.	
22	✓ Vijay Halke	
23	✓ Ranjana Halkare	
24	✓ Umesh Pokale.	



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25	✓ Beena Pokale .	Uzina
26	Anita zende .-	Uzina
27	Yuvraj Aundkale -	Uzina
28	✓ Danjay De joshi	Amri
29	✓ Sadhana joshi -	SOSOS
30	✓ Anuradha Bapat.	A.P. Bapat
31	✓ Pallavi Aloli	P. Aloli
32	Ijabai Rode .-	Ijabai
33	✓ Suvaraha Lokale .-	Su
34	Sharda huwale .-	Sharda
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