

**Bharati Vidyapeeth (Deemed to be University),
College of Nursing, Pune**

REPORT ON

USN PG Midwifery students TO BV(DU)CON,PUNE, INDIA

Duration: 22nd April to 15th May 2025



[Signature]

International Students' Cell
Bharati Vidyapeeth (Deemed to be University)
College of Nursing, Pune-411043



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Principal
Bharati Vidyapeeth (DU)
College of Nursing, Pune-43

Report on USN PG Midwifery students 22nd April to 15th May 2025

Name of the USN PG Students:

1. Silje S. Holien
2. Maren Trodal Bjerke
3. Malin Gjedrem Larsen
4. Julie Hoestmaelingen

Faculty USN Norway : Dr.Wike Ljungblad Linda

International Cell Chairperson: Dr.Bhagyashree Jogdeo

International Cell Coordinator: 1.Dr. N.Sujita Devi
2. Mr. Dipak Khemnar

Midwifery Faculty:

1. Mrs. Manisha Gadade-HOD
 2. Dr. K. Memchoubi
 3. Dr. N.Sujita Devi
 4. Dr.Supriya Ray
 5. Ms.Deepali Borde
- BV(DU) College of Nursing, Pune

Duration for maternity experience: 22nd April to 15th May 2025

Learning Objectives:

1. To care for and assist the mother during labour and to monitor the condition of the foetus in utero by the appropriate clinical and technical means
2. To observe / conduct spontaneous deliveries including where required an episiotomy and in urgent cases a breech delivery, placenta delivery and episiotomy.
3. To acquire knowledge and gain experience about the family welfare services available in India.

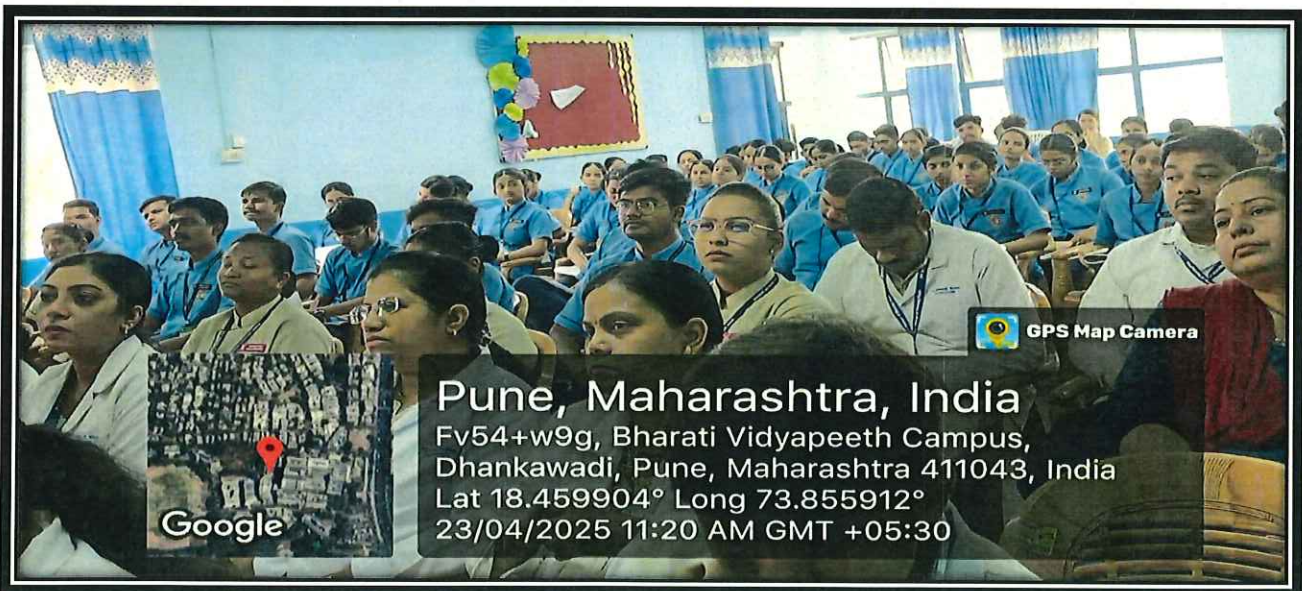
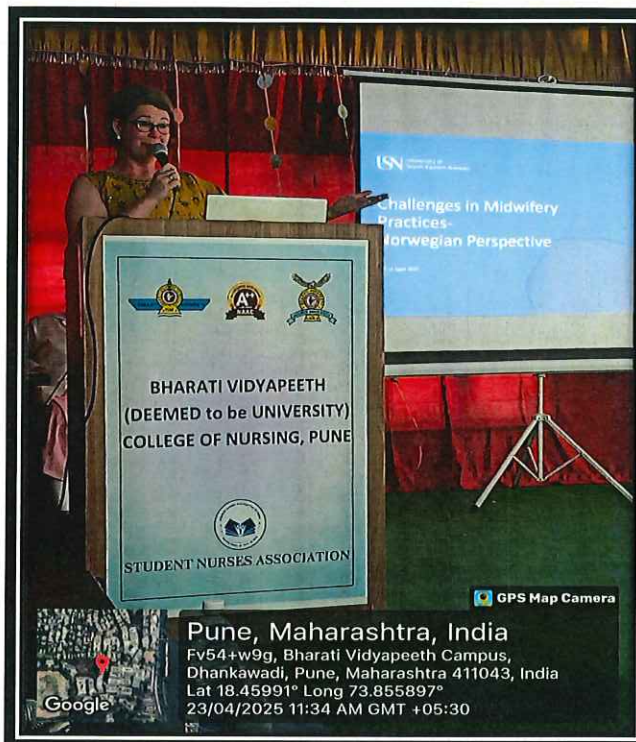


Faculty Wike Ljungblad Linda ,4 midwifery students Silje S. Holien ,Maren Trodal Bjerke ,Malin Gjødrem Larsen ,Julie Hoestmaelingen arrived at Utsav Hotel on 22nd April 2025.

23rd April 2025 to 26th April 2025:



Welcome the USN Norway faculty and 4 midwifery students at authentication hall ,BV(DU)CON,Pune



USN PG Students Attend the International Seminar on Maternal Health: Global Perspective conducted by OBG department of BVCON,Pune.



We the above faculty with USN PG Students was visited BV Golden Jubilee Museum, Bharati Vidyapeeth campus on 23rd April , 2025

Campus visited:

1. BV Golden Jubilee Museum
2. Bharati Vidyapeeth campus Visit



Orientation to the Midwifery unit of Bharati Hospital & Research Centre, Pune. Interaction with staff and Ward Incharge of Labour Room, ANC Ward ,PNC ward ,High risk Ward ,OT & OPD of midwifery unit.



Activities	Faculty of Obstetrical and Gynaecology Nursing
<ul style="list-style-type: none"> • Welcome to Bharati Vidyapeeth College of Nursing, Pune • Interaction related to educational objectives related to Nursing profession. • Interaction related to Medicine wards, Surgical wards, Orthopedic wards, Mental Health department. • Discuss about the case discussion, case presentations, Lectures. • Discuss about the clinical posting of clinical area in Kamla Nehru Hospital ,Bharati hospital and Human Breast milk bank Visits. • Disuses about the GNM, Bachelor, Post basic Nursing, Master, Ph.D of nursing education at India. 	<ul style="list-style-type: none"> • Mrs. Manisha Gadade-HOD • Dr. K. Memchoubi • Dr. N.Sujita Devi • Dr.Supriya Ray • Mrs Nikita • Ms.Deepali Borde

Clinical posting at Kamla Nehru Hospital from 24th April 2025:

Activities	Faculty
<ul style="list-style-type: none">➤ Orientation to the Kamla Nehru Hospital, Pune. Interaction with staff and Ward Incharge of Labour Room, ANC Ward ,PNC ward , OT & OPD of midwifery unit.➤ The midwifery experience was started & posted in different areas to get experience of Antenatal, Labor room, Postnatal, Operation theatre and family planning OPD.➤ On first day orientation of wards, staff and protocols was done so that they can get acquainted with the protocols of the health care system.➤ Main focus of posting was labour room as per their requirement.	<ul style="list-style-type: none">• Dr. N.Sujita Devi• Dr.Supriya Ray

Date :26th April 2025,Sataday

Attend 30th Foundation Day of Bharati Vidyapeeth (Deemed to be University),Pune on 26th April 2025,Saturday from 10.00am



Special invitees to attend 30th Foundation Day of Bharati Vidyapeeth (Deemed to be University),Pune on 26th April 2025,Saturday from 10.00am

Clinical posting at Kamla Nehru Hospital from 28th April 2025 to 3rd May 2025:



Activities	Faculty
<ul style="list-style-type: none"> ➤ The midwifery experience was started & posted in different areas to get experience of Antenatal, Labor room, Postnatal, Operation theatre and family planning OPD. ➤ In the labour room posting, they got the opportunity to take care of mother during first stage of labour, ➤ Providing care like assessment for the progress of labour, ➤ Teaching non pharmacological method of pain relief like deep breathing exercises, walking around the ward, ➤ Assessment of the fetal wellbeing using CTG, ➤ Performing per vaginal examination. ➤ Conduct delivery independently and kept baby on mother's abdomen and late cord cutting in 3minutes. ➤ They were taught to take care of women during intra-partum period. ➤ They even witnessed some cases of MTP and PPIUCD. ➤ High risk condition like PPH was also able to witness during the labour room posting. ➤ They perform episiotomy and suturing. Immediate care of the newborn was provided, perform suctioning of the baby, given VitK, Zero dose of Polio, Hep b vaccine. ➤ They also learn about the use of various medications during the labour like Oxytocin, Drotin, Buscopan, Epidosin Etc. ➤ After delivery they help mother to initiate breast feeding. Examine them for any complications after delivery. 	<ul style="list-style-type: none"> • Dr. N.Sujita Devi • Mrs. Manisha Gadade-HOD • Dr. K. Memchoubi

Attend the Workshop at Bharati Vidyapeeth College of Fine Arts, Pune on 28th April 2025

Date: 28th April 2025

Time: 12PM-5PM

Venue: Bharati Vidyapeeth College of Fine Arts, Pune

Workshop in Collaboration with Bharati Vidyapeeth College of Fine Arts, Pune for 4 USN,PG Nursing Students under Faculty-Student Exchange programme, Norway.

Objectives of the workshop:

1. To learn stress management
2. To develop concentration ,patience & passion
3. To develop creation & creativity
4. To understand heritage & culture of India





Activities	Faculty
<ul style="list-style-type: none"> ➤ Interaction with the mother in the pre-labour room, support the mother. ➤ In the labour room posting, they got the opportunity to take care of mother during first stage of labour, ➤ Teaching non pharmacological method of pain relief like deep breathing exercises, walking around the ward, ➤ Assessment of the fetal wellbeing using CTG, Performing per vaginal examination. ➤ Conduct delivery independently and kept baby on mother's abdomen and late cord cutting in 3minutes. They perform episiotomy and suturing. Immediate care of the newborn was provided, perform suctioning of the baby, given VitK, Zero dose of Polio, Hep b vaccine. ➤ After delivery they help mother to initiate breast feeding. Examine them for any complications after delivery. ➤ Every next day they go to postnatal ward to follow up the cases which they delivered the day before. ➤ Assess the postnatal mother using BUBBLE HE method as well as the condition of the baby were assessed. They learn some high risk antenatal conditions like Pregnancy induced hypertension, oligohydramnios, diabetes in pregnancy, IUGR etc. ➤ Witness the LSCS cases in OT also. 	<ul style="list-style-type: none"> • Dr. Supriya Ray • Mrs. Manisha Gadade-HOD • Ms. Deepali Borde

Dated 09/05/2025 : Attend the International Nurses Day Celebration at BV(DU)CON,Pune

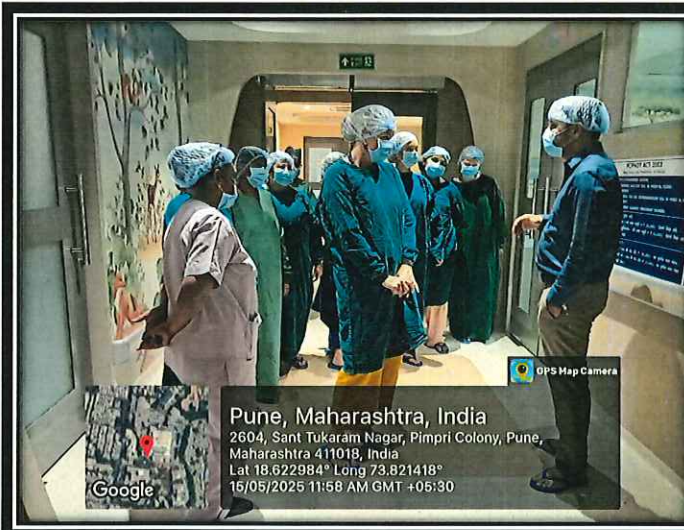


Silje S. Holien ,Maren Trodal Bjerke ,Malin Gjedrem Larsen ,Julie Hoestmaelingen presented session about Nursing in Norway & Midwifery in Norway.They mention about public Healthcare ,Birth Statistics ,Midwife –Led Care,Birth Environment ,labour Progress,Birth positions ,postpartum care. Session was informative .

Clinical posting at Kamla Nehru Hospital from 12thMay to 15th May 2025:

Activities	Faculty
<ul style="list-style-type: none"> ➤ Assessment of the fetal wellbeing using CTG,Performing per vaginal examination. ➤ Conduct delivery independently and kept baby on mother's abdomen and late cord cutting in 3minutes.They perform episiotomy and suturing. Immediate care of the newborn was provided, perform suctioning of the baby, given VitK, Zero dose of Polio, Hep b vaccine. ➤ After delivery they help mother to initiate breast feeding. Examine them for any complications after delivery. ➤ They were posted to OT and could do assist in LSCS and hysterectomy cases ➤ At the end of every day, reflection was done for the experiences they had for the day. ➤ They could learn different form of family planning services and scheme for maternal and newborn. ➤ Along with our PG students they could even give health education about care during pregnancy, breast feeding, and family planning to women which include even family members also. 	<ul style="list-style-type: none"> • Dr.Memchoubi • Dr.N.Sujita Devi • Ms.Deepali Borde

Dated 15/05/2025 : Yashoda Human Milk Bank,DY Patil Hospital,Pimpri ,Pune



Activities	Faculty
<ul style="list-style-type: none"> ➤ On 15th May 2025, visit to Yashoda Human Milk Bank DY Patil Hospital, Pimpri, Pune ➤ Human Milk bank at Dr. D.Y. Patil Hospital .They could learn the process of collection, storage, thawing and distribution of human milk to the beneficiaries. ➤ Visited to the NICU ,High risk Post natal Ward also ➤ They were oriented in NICU & discussed about various high risk newborn which includes low birth weight babies, babies with phototherapy, Respiratory distress syndrome etc. and learn procedures like kangaroo mother care and different forms of newborn high risk baby feeding like katori and spoon, RT feeding etc. ➤ Discussions were done about the documentation. 	Dr.N. Sujita Devi Dr. Supriya Ray

Exit Meeting :Date 15th May 2025



Exit meeting was conducted on 15th May 2025 under the Chairperson Dr Bhagyashree Jogdeo Principal BV(DU) CON,Pune ,Dr.Pravin Dani Vice –Principal ,BV(DU) CON,Pune,OBG faculty & PG students at authentication hall .USN PG students was awarded with Completion Certificate & Momentos.



Conclusion:

USN PG Midwifery Students Visit to Bharati Vidyapeeth (Deemed to be) University College Of Nursing, Pune campus with student exchange programed from 22nd April 2025 to 15th May, 2025 with Midwifery department (Obstetrics & Gynaecology Nursing) was very fruitful and overall it was excellent exposure for USN PG Midwifery Student's to observe, learn and implement practices in teaching-learning and fulfilled proper nursing care in a different health care setting. Overall, it was challenging posting for them as they could witness various cases unlike their place in Norway, and learnt Indian system of health care delivery.

My experience at BYCON, Pune

As a midwifery student in Norway, I had the opportunity of participating in an exchange program at Bharati Vidyapeeth College for Nursing in Pune. This experience has been both unique and enriching, professionally and personally.

During our stay we had placement at the labor ward. This gave us valuable experience and insight into maternity care in a different cultural and healthcare setting.

BYCON welcomed us warmly. The staff and students were incredibly kind, inclusive and supportive, making us feel safe and at home.

I am very grateful for the opportunity to take part in this exchange program, and it is an experience I will carry with me as a midwife.

Sincerely, Maren 

My time as an exchange student in India has been an incredibly rewarding experience, both professionally and personally. Being part of the midwifery program at the Bharati Vidyapeeth deemed university (college of nursing), has given me valuable insight into maternal health in a different cultural and clinical setting.

I truly appreciate the warmth and hospitality from the people we have met at the university, and all of the nursing students we have met here. You all made me feel welcome from the very beginning.

I've had the privilege of supporting women in labor and witnessing practices that differ greatly from those in my home country, Norway. These experiences have broadened my understanding of global midwifery and deepened my appreciation for cultural diversity in health care.

I will carry the knowledge, memories and connections I've made in India with me for the rest of my life. Thankyou for this unforgettable opportunity.

With you all the best ☺ Malin Larsen

First of all I would like to say thank you for the warm welcome, and for giving us the opportunity to complete a part of our midwifery training at Kamla Nehru Hospital. We have learned a lot by observing, reflecting and discussing with each other, our teacher and with the staff and other students.

Learning about Indian culture has truly been fascinating and exciting. We do many things different both in a hospital setting, but also in society, but the thing we have in common is the love for our country and the humans.

Again, thank you so much for all the experiences, from being part of the foundation day, terracotta class, visiting the zoo, celebrating international nurses day and so much more!

Sincerely all the best
from Silje (Sia)

We would like to extend our sincere gratitude for the opportunity to spend part of our clinical training in India.

This experience has been valuable. It has given us insight into a different healthcare system, and deepened our cultural understanding. We have appreciated the chance to learn from you, observe clinical routines, and gain perspective on the challenges and strengths of maternity care in a global context.

We have had many good conversations, built connections, and carried with us reflections that will stay with us throughout our careers as midwives.

Thank you for welcoming us so warmly, and for facilitating this exchange.

We are grateful for the hospitality, the teaching, and the opportunity to see and learn beyond our own borders.

Warm regards,

Julie Hostmalingen

Norway ♥