

**Bharati Vidyapeeth (Deemed to be  
University),  
College of Nursing, Pune**

**REPORT  
ON**

**Hip Fracture online Course HEIN Project  
USN Norway and BV(DU) College of Nursing, Pune**

**Date: 20<sup>th</sup> March 2025**



## **Report on Online Course Hip Fracture Management HEIN Project USN Norway and B.V (DU) College of Nursing, Pune**

### **Discussion about the welfare state in India and Norway**

After successfully completing the course students will have achieved the following learning outcomes:

- Safe discharge from hospital, reflection of home care service in India and Norway
- Patient safety issues in India and Norway
- Law, regulations, policies and procedures of surgery care in nursing in India and Norway

### **Teaching - Learning methods**

- The case will be circulated to participants 7 days before the first event.
- Total 16 students participating, 8 from India and 8 from Norway
- One ZOOM meeting

### **Course Description**

- Surgery case of an elderly lady with a hip fracture
- Core concepts: Acute – surgery – rehabilitation – homecare – self-care and rehabilitation

**Date & Day -Thursday 20<sup>th</sup> March 2025**

09.00 – 12.00 Norwegian time, 13.30 –16.30 Indian time.

3 hours

Zoom Link:

### **Schedule online course Bachelor students BVCON and USN**

09:00 - 09:30 Norwegian time (NT), 13.30 – 14.00 Indian time (IT)

Introduction and Background Information

Goals for the Session:

- Increase understanding of the healthcare systems in Norway and India
- Train students in cross-cultural discussion and problem-solving
- Reflect on how the organization of healthcare systems affects patient care

09:00 - 09:10 Welcome and Introduction by Prof. Elisabeth Holm hansen

- Brief presentation of Hein and the purpose of the session

- Introduction of the case focusing on Sally's situation
- Overview of the session structure

09:10 - 09:20 | Presentation 1: The Healthcare System in Norway

- Brief overview of how the Norwegian healthcare system is organized

09:20 - 09:30 | Presentation 2: The Healthcare System in India

- Brief overview of the Indian healthcare system by?

09:30 - 10:30 | Breakout Session: Discussion in Small Groups

Division into Breakout Rooms (4 students per room, 2 from Norway, 2 from India)

Students choose 3 out of 6 discussion questions to answer

Discussion Questions (students choose 3 out of 6):

1. What measures would be taken for Sally in your country after the surgery?
2. How is the mobilization of surgical patients handled in India and Norway?
3. How does postoperative pain management differ between the countries?
4. How is adequate fluid balance and nutrition ensured after surgery in each country?
5. What measures can be taken to ensure Sally's safety at home after discharge?
6. What community services and resources are available for elderly patients in each country?

Choose a presentation tool for plenary presentation (PowerPoint, Canva, Miro, Padlet, oral presentation, etc.)

10:30 - 10:45 | Break (15 min)

10:45 - 11:45 | Presentation in Plenary

- Each group has 7-10 minutes to present
- Students choose their own presentation tool
- After each presentation, there will be 2-3 minutes for questions from other groups

11:45 - 12:00 | Summary and Conclusion

Common Reflection:

- What can we learn from each other?
- How can cross-cultural collaboration contribute to better patient care?
- What did you gain from this webinar?

Conclusion and Thanks for Participation



Bharati Vidyapeeth (Deemed to be University) College of Nursing, Pune, successfully conducted a collaborative online course on hip fracture management, bringing together experts and healthcare professionals from India and the University of South-Eastern Norway to exchange knowledge and best practices. The certificate course was held on March 20, 2025, made possible through the collaborative efforts of Dr. Kirti Mahajan (Director, BVDU International Cell), Dr. Bhagyashree Jogdeo (Principal I/C, BVDU College of Nursing, Pune), Dr. Sujita Devi (International Cell Coordinator). Additional faculty members involved in the course included Dr. Shubhangi Gaikwad, Mrs. Anand Shaily Bikai, Mrs. Netranjali Agashe, and Mr. Dipak Khemnar from the Department of Medical-Surgical Nursing. Faculty members from University of South-Eastern Norway, Elisabeth Holm Hansen, Siv Roel and Rita Li, were also present.

The course aimed to enhance understanding of healthcare systems in Norway and India, Train students in cross-cultural discussion and problem-solving and reflect on how healthcare system organization impacts patient care. The brief overview on Norwegian healthcare system was discussed by experts from University of South-Eastern Norway, also a session on healthcare system in India was conducted by Dr. Pravin Dani (Professor & vice Principal, BVDU College of Nursing, Pune). The event began with a welcome address by Dr. Veena Sakhardande (Associate Professor & Head of Department). A presentation on hip fracture and its management was delivered by eight students from (BVDU) College of Nursing, Pune and eight students from Norway.





**NURSING DIAGNOSIS**

**DIAGNOSIS 01**  
Acute pain related to fracture and surgical intervention as evidenced by patient complaints of pain and restricted movement.

**DIAGNOSIS 02**  
Activity intolerance related to pain, surgical procedure, and immobilization as evidenced by difficulty in movement and inability to lose weight.

**DIAGNOSIS 03**  
Impaired Skin Integrity related to surgical incision and immobilization.

**DIAGNOSIS 04**  
Risk for infection related to surgical wound and invasive procedures.

**DIAGNOSIS 05**  
Risk for Deep Ven Thrombosis (DVT) related to prolonged immobility and surgical intervention.

Participants in the meeting include: Dipak Khemnar, Swati and Vaibhavi, Aniket D Mole & Aa, Anna Besling, Dr. Shubhangi G..., Netranjali Agashe, Malin Rudi, Malin Døvre, zilan barzan, and Hamdi.

**Conclusion :** Overall, the session was highly informative and insightful for participants from both institutions. Students of BVCON ,Pune & USN Norway discussed the discharge of patient from hospital, reflection of home care service in India and Norway, Patient safety issues in India and Norway, Law, regulations, policies and procedures of surgery care in nursing in India and Norway. This online course has successfully completed and demonstrated thorough understanding of the subject matter.