

# PHYSIOTHERAP

## THEME: OSTEOARTHRITIS



	DATE	TIME	EVENT
1.	5 <sup>th</sup> -7 <sup>th</sup> Sept 2022	9 am-4 pm	Osteo-Arthritis Camp in association with Department of Orthopaedics
2.	7 <sup>th</sup> Sept 2022	9 am-1pm	OA Camp in Bharati Vidyapeeth (Deemed to be University), Rural Health Centre, Turchi
3.	7 <sup>th</sup> Sept 2022		Rangoli and Poster Presentation Competition
4.	8th Sept 2022	8 am-9 am	Rally
5.	8 <sup>th</sup> Sept 2022	10:30 am	Inauguration and Valedictory











Osteoarthritis is more likely to develop as people age. The changes in osteoarthritis usually occur slowly over many years, though there are occasional exceptions. Inflammation and injury to the *joint* cause bony changes, deterioration of tendons and ligaments and a breakdown of cartilage, resulting in pain, swelling, and deformity of the joint



#### **CIRCULAR**

School Of Physiotherapy is celebrating World Physiotherapy Day from  $5^{th}$  September to  $8^{th}$  September 2022 with the theme on OSTEOARTHRITIS .

#### PROGRAM SCHEDULED

	DATE	TIME	EVENT
1.	5 <sup>th</sup> -7 <sup>th</sup> September 2022	9am-4pm	Osteo-Arthritis Camp in association with Department Of Orthopaedics
2.	7 <sup>th</sup> September 2022	9am-1pm	OA Camp in Bharati Vidyapeeth(Deemed to be University), Rural Health Centre, Turchi
3.	7 <sup>th</sup> September 2022		Rangoli and Poster Presentation Competition
4.	8 <sup>th</sup> September 2022	8am-9am	Rally
5.	8 <sup>th</sup> September 2022	10:30 am	Inauguration

#### Copy to

- 1. Hon. Regional Director, B.V.(D.U.), Sangli
- 2. Dean, B.V(D.U.) M.C.H, Sangli
- 3. Dy. Dean, B.V (D.U.) M.C.H., Sangli
- 4. Medical Superintendent, B.V (D.U.) M.C.H., Sangli
- 5. Dy. Medical Superintendent, B.V (D.U.) M.C.H., Sangli.
- 6. All Notice Boards (College and Department)

Dr. Sneha Katke Bharati Vidyapeeth (Deemed to be University) School of Physiotherapy.

Sangli - 416 416.



#### **CIRCULAR**

School Of Physiotherapy, Sangli Organizes Awareness Camp on the theme of Osteoarthritis to Celebrate the World Physiotherapy Day. Assessment and Rehabilitation services will be provided on 7<sup>th</sup> September 2022 at Bharati Vidyapeeth(Deemed to be University), Rural Health Centre, Turchi.

Day and Date: Wednesday and 07/08/2022

Venue: Bharati Vidyapeeth(Deemed to be University), Rural Health Centre, Turchi

Time: 9:00AM to 1:00PM

#### Copy to

- 1. Hon. Regional Director, B.V.(D.U.), Sangli
- 2. Dean, B.V(D.U.) M.C.H, Sangli
- 3. Dy. Dean, B.V (D.U.) M.C.H., Sangli
- 4. Medical Superintendent, B.V (D.U.) M.C.H., Sangli
- 5. Dy. Medical Superintendent, B.V (D.U.) M.C.H., Sangli.
- 7. All Notice Boards (College and Department)

PRINCIPAL
Bharati Vidyapeeth
(Deemed to be University)
School of Physiotherapy,

Sangli - 416 416.



#### **ACTIVITY REPORT**

Title of program/event/course/activity	World Physiotherapy Day
Objective/s of program	Awareness of Osteoarthritis and Role of Physiotherapy.
Date and Time of program	05/09/2022 - 08/09/2022
Venue	BV(DU) Medical College and Hospital, Sangli
Organized by	School of Physiotherapy, Sangli
If organized in collaboration, name of external institute/body/agency/hospital	Bharati Vidyapeeth (DU) Medical College and Hospital, Sangli
Program approved by Dean/Principal/HOD/University	Principal
Name of Program Co-ordinator	Dr. Sunil Harsulkar
Name of Supporting staff	Dr. Asif Kareem
Name of Speaker/ Guest speaker	Dr. Sara Dhanawade
	Dr. R. B. Kulkarni
	Dr. Sneha Katke
Vote of thanks presented by	Dr. Akansha Anand
Photograph/video available	Yes
Nature of photo submission [Hard/soft copy]	Hard copy
No. of Participants / Volunteers	For Rangoli Competition: 28
	For Poster Presentation: 32
No. of Beneficiaries	55

#### Brief about the program/ activity/event:

#### Osteoarthritis Camp (05/09/2022-07/09/2022)

BV(DU) School of Physiotherapy, Sangli in association with BV(DU) Medical college and Hospital, Orthopaedic Department conducted a 3-day free camp from 05/09/2022 to 07/09/2022 from 9 am to 1 pm for Osteoarthritis Patients.

Total 48 patients Benefitted the free Physiotherapy services provided by the department. The patients were screened by the Physiotherapist and Home exercises along with Ergonomic Advice were given. The camp was appreciated by Management of the Hospital and Patients. The camp took place under the guidance of Dr Sachin Shetti HOD Physiotherapy Department

#### Turchi Camp (Extension Activity 07/09/2022)

BV(DU) School of Physiotherapy, Sangli conducted an Rural Heath Camp on 07/09/2022 from 9am to 1 pm. Total of 20 patients of osteoarthritis was screened by the Physiotherapist and Home exercises along with Ergonomic Advice were given. The camp was conducted under the guidance of Dr Sunil Harsulkar, supported by Dr Kevin Makasare and 11 Students. The camp was highly appreciated by the patients and their relatives.

### Physiotherapy Awareness Rally "WORLD PHYSIOTHERAPY DAY (08/09/2022)

BV(DU) School of Physiotherapy, Sangli in association with IAPWC Sangli District organised an Physiotherapy Awareness Rally from 9 am to 10 am. The Rally started from Vishrambag chowk and ended at Bharati Vidyapeeth Medical College and Hospital Sangli Campus. Total of 55 students participated in the rally and carried out slogans in English and Marathi about Physiotherapy Awareness. The Rally was successfully conducted under the guidance of Dr Asif Kareem with supported staff Dr. Sapna Khot, Dr.Akshay Phadtare and Dr. Rohit Makasare.

#### Poster and Rangoli Competition (08/09/2022)

BV (DU) School of Physiotherapy, Sangli organised Poster and Rangoli Competition for the students of First year Physiotherapy.

Sr.No	Name of Competition	Theme	Total no. of Participants	Total No. of groups	Winners
1	Rangoli	Physiotherapy Awareness	28	7	1 <sup>st</sup> prize: Rajkuwar, Prachi, Tanuja, Shradha  2 <sup>nd</sup> Prize: Aishwarya, Jaiee Gauri, Janvi

					1 <sup>st</sup> prize: Hindavi, Purnima, Tanuja
2	Poster	Osteoarthritis	32	8	2 <sup>nd</sup> Prize: Mrunmai, Jagruti, Akansha

#### World Physiotherapy Day Celebration (08/09/2022)

BV (DU) School of Physiotherapy, Sangli, Celebrated World Physiotherapy Day on 08/09/2022 at 11 am. The Program started with the Lamp Lighting Ceremony followed by the Inaugural speech by Dr. Sara Dhanawade (Dean, BVDU, MCH), Dr. R. B. Kulkarni (Medical Director, BVDU, MCH), Dr. Sneha Katke (Principal, School of Physiotherapy, Sangli).

Testimonials regarding Role of Physiotherapy as an integral part of Medical Treatment were given by the HOD of Department of Medicine, Orthopedics, Cardiology, Neurology and Paediatric. School of Physiotherapy, Sangli Initiated an Appreciation Award in Academic and Clinical Area for the academic year 2021-22. The Best Academic Performance was awarded to Dr. Manal Anthikat (Associate Professor & Academic In-charge) and Dr Kevin Makasare (Clinical Physiotherapist) was awarded the Best Clinical Physiotherapist. The Program ended with a Vote of thanks by Dr. Akanksha Anand. The MOC for the Program was done by Dr Amruta Kabra.

\*Please tick the Criterion for the activity:

Criterion I	Criterion II	Criterion III	Criterion IV	
Criterion V	Criterion VI	Criterion VII	Link	

Program co-ordinator Dr. Suni Massullas

#### **Geotag Photos**

## Free Osteoarthritis Camp in Physiotherapy Department BVDUMCH, Sangli





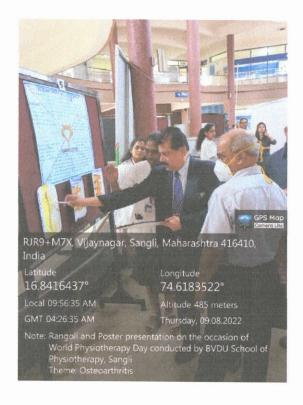
#### **Extension Activity: Turchi**





#### Rangoli and Poster Presentation Competition.

Theme: Osteoarthritis and Physiotherapy Awareness.





#### Rally organised on Osteoarthritis awareness Theme





(Deemed to be University) School of Physiotherapy,

## Inaugration Function for World Physiotherapy Day and Valedictory Ceremony





#### Media Coverage

भारती विद्यापीठाच्या स्कूल ऑफ फिजियोथेरेपी कडून जागतिक फिजिओथेरपी दिनानिमित्त जनजागृती रॅलीचे आयोजन

https://link.public.app/rW7aa

#### Newsletter

## भारती हॉस्पिटलमध्ये जागतिक फिजिओथेरपी दिवस उत्साहात

। ललकार वृत्त ।

सांगली दि. ८ (प्रतिनिधी)
– येथील भारती विद्यापीठ
मेडिकल कॉलेज अँड
हॉस्पिटलमध्ये जागतिक
फिजिओथेरपी दिन उत्साहान
साजरा झाल्याची माहिती भारती
विद्यापीठ विभागीय मानद
संचालक डॉ.एच.एम.कदम यांनी
दिली

प्रमुख पाहुणे म्हणून डीन डॉ.सारा धनवडे उपस्थित होत्या. वैद्यकीय अधीक्षक डॉ.अजित जोशी, स्कूल ऑफ फिजीओथेरपोच्या प्राचार्या डॉ.स्नेहा कटके, निर्संगच्या प्राचार्या डॉ.निलीमा भोरे, डेंटलचे प्राचार्य डॉ.शर्य कामत प्रमुख उपस्थित होते. यावेळी रांगोळी प्रदर्शन, पांस्टर प्रदर्शन भरवण्यात आले होते, रांगोळी प्रदर्शनातून फिजिओथेरपीबाबत जागरुकता करण्यात आली. या फिजिओथेरपी म्हणजे भौतिक उपचार करण्याने एखादा व्हीलचेअरवर बसलेला माणूस स्वतः चालू शकतो हे त्यातून म्पष्ट करण्यात आले होते.

प्रमुख राहणे टीन डॉ.सारा धनवडे म्हणाल्या, फिजिओथेरपी महत्वाचा विभाग आहे. पिडियाटीक विभागात नकतेच जन्मले ल्या बाळालाही फिजिओथेरपी केली जाते. म्हणजे त्याचा व्यायाम घेतला जातो. जेणेकरून भविष्यात त्याला कठलेही व्यंग येव नये. याची काळजी घेण्यासाठी फिजिओथेरपी करणे अन्यंत आवश्यक सांगितले. असल्याचे संधीवाताबद्दल विद्यार्थांनी पोस्टरमधन उत्तम माहिती दिली.

संधीवात होवू नये म्हणून काय काळजी घ्याबी यासह सांधेदुखीवर उपाय सांगण्यात आले.

संधिवातामध्ये सांधे वेदनादायक आणि कड़क होतात. हा त्राम प्रमुख्याने मध्यमवयीन लोकांपासून वृद्धांपर्यंत होतो. मग त्यासाठी काय उपाययोजना राबवली पाहिजे, प्रथम संधिवात कसा ओळखावा, त्याची लक्षणे याविषयी विद्यार्थ्यांनी पोस्टरमधून महिती दिली होती.

दर-यान सकाळी फिजिओथेरपीच्या सर्व विद्यार्थ्यांनी विश्रामबाग चौक ते भारती हॉस्पिटल पर्यंत जनजागृती रॅली काढण्यात आली.

प्राचार्या डॉ.स्नेहा कटके यांनी जागतिक फिजिओथेरपी दिवसाचे महत्त्व सागितले.

दैनदिन जीवनशैली जगत

असताना फिजिओथेरपीच्या व्यायामाचे महत्त्व डॉ.आर.बी.कुलकर्णी, मेडीसीन विभाग प्रमुख डॉ.चिदानंद चिवटे, कार्डिओलॉजीचे डॉ.अमित जोशी, ऑथोंचे डॉ.सुनील पाटील, डॉ.सचिन शेट्टी यांनी पटवून दिले. रांगोळी प्रदर्शनाचे गारितोषिकही देण्यात आले. परीक्षक म्हणून डॉ.सुनिल पाटील, डॉ.जी.बी.धुमाळे यांनी काम पाहिले.

सूत्रसंचालन डॉ.अमृता काब्रा यांनी केले तर आभार डॉ.आकांशा अनंद यांनी मानले. यावेळी उपवैद्यकीय अधीक्षक डॉ.शिल्पा गायकवाड, डेप्युटी डीन डॉ.पंकज पलंगे, डॉ.नितीन मुदीराज, डॉ.आर.पी.लिमये यांच्यासह डॉ.जी.बी.धुमाळे, प्रदीप पाटील तसंच प्राध्यापक, डॉक्टर, विद्यार्थी व कर्मचारी उपस्थित होते.

> PRINCIPAL Bharati Vidyapeeth

(Deemed to be University)
School of Physiotherapy,
Sangli - 416 416.



#### BHARATI VIDYAPEETH

(DEEMED TO BE UNIVERSITY)

### SCHOOL OF PHYSIOTHERAPY, SANGLI.

ACI	LIVITY ATTENDANCE SI	HEET			
AMP	on occasion of Physiotherapy day	DATE:	05	09	22 to 7

	NAME: OA CAMP ON occasion e World Physiotherapy da	DATE: 05 09 22 to 7 09
Roll No.	NAME OF PARTICIPANTS	SIGN
-1>	partil markeamma	
2)	Barred Neelown	(Win)
3)	Kudeehi Sirajsh	Aukyl &
	Shipekar Rejaram	
	sathe sudam	Je-
6)	Jeedhay malan	Day T
<del>-7)</del>		
	minakshi Shande	16 sainze
9)	mane Sountosh	500
16)	shande Rohit	Shorele
	magdum Vasanti	tongam,
12)	Swanza	the
	1933 Hi Shobha	, CR
	ponkshe Harshad	H. M. Pon 14.5he
	Sanadi mallamma	Jangesi'
	mathew Pajan	Lyon
17)	Jadhar Jyoti	मार्वेडाया मित्रासराय कराते १५
	Sopan Khot	De Contractor
19)	Shinde Neenda	SNS
	Adeptale support	Also
	Amne chandreibhaga	Ch . P . 3118101.
	Ingole Yogesh	41 gno of 37120)
	Amne Kapanci	Jule
	Vankade Shehan	July karlı
	waingade vinel	Av Wi
	Biradar Vimala	Privaly
	mali Shila	Mosts.

JARIOMITY ileeqs th (witanevint



#### ATTENDANCE SHEET - FIRST YEAR BPTh 2021-22

ACTIVITY NAME: WORLD PHYSIOTHERAPY DAY DAY

DATE: 8/9/2022

SR.NO.	NAME OF THE STUDENT	SIGNATURE
7	Ayush . B. Kale	Pale
2	Tanuja 5. kalsule	Atreus
3	Shivani M. Tanpume.	Sortalin
4	Shreya S. Mipane	ge .
5	Jagruti Nitin Mulik	Qu.
6	Shivendra Pramod Patil	xue .
7	Aftab. Harun. Agewan.	Jugaran
8	Maheshwari Mahesh Patil	ARCH
9	Akanksha Vijay Raval	Amy
10	Samruddhi Sandip Charan	Schovan
11	Keval Rajesh Bheda	KevalRBhede
12	Ketaki Ashish Rajoba	ketaki.
13	Kushagrah Sailesh Sahani	Kuhografahani
14	Isha Sahil Shah	Gehah
15	Soushti Sweet Kuele	Stushti.
16	stroaddha Dilip Bagade	Signe
17	Sowalh J. Vonaware	gli-
18	Menurali S. Mobite	M. S. Meline
19	yawav. 5. Mangale	Cop
20	Ineha. S. Ante.	Spie
21	Asim Berpubher Greich	Bluelul
22	frem Sanjay Patil.	Fatil.
23	Sana K Pisjade	Jone K. Pi Fade

PRIMCIPAL
Bharati Vidyapeeti.
(Deemed to be University)
Fool of Ehysiothers (A. Sangli - 416 416.



#### ATTENDANCE SHEET - FIRST YEAR BPTh 2021-22

ACTIVITY NAME: WORLD PHYSIOTHERAPY DAY DATE:

DATE: 8/9/2022

SR.NO.	NAME OF THE STUDENT	SIGNATURE
1	Rajkunwar P. Chavan	Phanal
2	Prachi chandrakant kitture.	adotha:
3	Meha Provin chavan	Chavai
4	Manjiri Sanjiv Mane	Altre
5	Kanak Janjey Daveri	Skinz
6	Metwi Mehul Vara	Min
7	Shreya Sudhir Mipane	Sles
8	Rebecca Datta Mahapure	Alexa.
9	Dipika B. Nitgude	Bright
10	Gawi B. Thombare.	Thombur.
1.1	Janvi R. Yeskar	Heskor.
12	Diksha Jaywant More	le de
13	Mrudula Arun Suryawanshi	Smrudula
14	Ayush Bhushan Kale	Rate
15	Ketaki Ashish Rajoba	hetaki.
16	Isha Sahil Shal	Chah
17	Kushagrah Skailesh Sahani	Enshaged Level
18	Keral Bheda	KevallBheda
19	Akanksha Vijay Raval	1 Red
20	Maheshwars . M. Patil	DRUEL
21	Asim Shaikh	Blundy
22	Sanket Bhosale	Sentologan
23	Saksha Mohate	Sendar (

PRINCIPAL

Pharati Vidyapeud

(Desmed to be University)

School of Fhysiothers Ale

Sangil - 416 416.



#### ATTENDANCE SHEET - FIRST YEAR BPTh 2021-22

ACTIVITY NAME: WORLD PHYSIOTHERAPY DAY DATE: 8/9/2022

SR.NO.	NAME OF THE STUDENT	SIGNATURE
1	Tanuja 5. kalsule	Steins
2	Jagruti Nitin Mulik	On 1
3	Maheshwari Mahes Mrunmai Bhosale	BO
4	Akanksha. V. Raval	Ahu
5	Souna K Pisjacle	Jana K. History
6	Janvi R. Yeskan	teskoz.
7	Deepika B. Nitgude	British.
8	Rebecca Datta Mahapure.	Rhae.
9	Kushagrah Sailesh Sahani	Histogration
10	Ketaki Ashish Rajoba	helaki.
[]	Isha Sahil Shah	g-hah_
12	Seushti Swesh kure	Seushti .
13	Streaddha Dilip Bagade	Sagade
14	Mounali. S. Mobite	M.S. Mohite
15	Sneha .S. Apte	Aple
16	Gawar. S. Mangale.	Cogle
17	Mrudula A Sunjawanshi	mended
18	Diksha J. More.	A state of the sta
19	Jaiee S. Kapare	Fapgre
20		
		1
- July		N



### BHARAH VIDYAPEETH (DEEMED TO BE UNIVERSITY) MEDICAL COLLEGE AND HOSPITAL, SANGEL

## DEPARTMENT OF PHYSIOTHERAPY

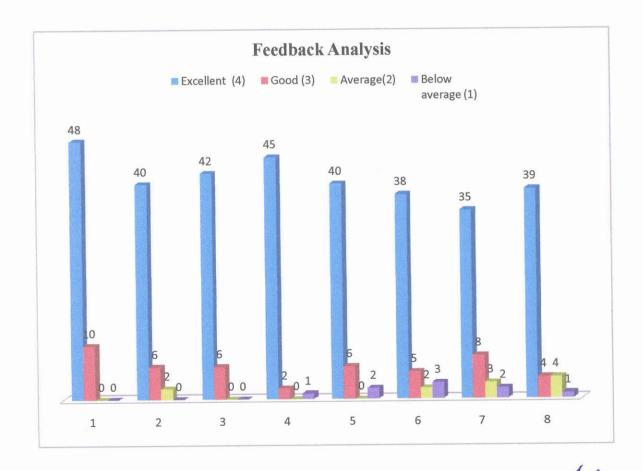
ACTIVITY FEEDBACK FORM

OA. Camp.

	FEEDBACK QUESTIONS	EXCELLENT	GOOD (3)	AVERAGE (2)	BELOW AVERAGE (1)
SR.NO		(4)	(3)		
1.	How would you rate the overview of the event/camp/lecture				
2.	How would you rate the interaction between you and the Physiotherapist/ Staff	<u></u>			
3.	How would you rate the arrangements of the event/camp/lecture				
4.	How would you rate the success of the event				
5.	How would you rate the content & quality of event /camp/ lecture				
6.	How would you rate queries answered by the Physiotherapist/Staff				
7.	How would you rate the preparations of the				
8.	How would you rate the knowledge obtained from event/camp/lecture	_			
	Please write three words /expressions which d	lescribe event/c	camp/lectur	e for you	
9.	Camp was very	Info	ensativ	~ · ·	
10.	If any suggestion (Please specify)				
	6				

### Osteo-Arthritis Camp

Patients Feedback Analysis							
Questions	Excellent (4)	Good (3)   Average(2)		ent (4) Good (3) Average		Below average (1)	
1.	48	10	0	0			
. 2.	40	6	2	0			
3.	42	6	0	0			
4.	45	2	0	1			
5.	40	6	0	2			
6.	38	5	2	3			
7.	35	8	3	2			
8.	39	4	4	1			



## भारती विद्यापीठ



(अभिमत विश्वविद्यालय)

### वैद्यकीय महाविद्यालय आणि रुग्णालय सांगली

### स्कुल ऑफ फिजिओथेरपी

ऍविटब्हिटी फीडबॅक फॉर्ग

अनु.क्रं	अभिप्राय	उत्कृष्ट	चांगले	सामान्य	अतिसामान्य
		(8)	(₹)	(₹)	(१)
1.	तुम्हास हा कार्यक्रम / शिबीर / व्याख्यान कसा वाटला ?				
2,	आपण आणि फिजिओथेरपिस्ट / स्वयंसेवकांमधील संवाद कसा होता ?	The second secon			-27
3.	आपनास हा कार्यक्रम/ शिबीर / व्याख्यान याचे व्यवस्थापन कसे वाटले ?				
4.	आपण कार्यक्रम / शिबीर / व्याख्यान याच्या यशाचे मूल्यांकन कसे कराल?	466			
5.	आपनास या कार्यक्रम / शिबीर / व्याख्यान याचा विषय / मजकूर / गुणवत्ता याचे मूल्यांकन कसे कराल ?				
6.	तुमच्याकडून विचारण्यात आलेल्या प्रश्नांना फिजिओथेरपिस्टद्वारे कसा प्रतिसाद होता ?		The state of the s		
7	या कार्यक्रम / शिबीर / व्याख्यानसाठी फिजिओथेरपिस्टद्वारे करण्यात आलेल्या तयारीचे आपण कसे मूल्यांकन कराल ?				
8	आपनास या कार्यक्रम / शिबीर / व्याख्यानयाद्वारे मिळालेल्या माहिती / ज्ञान याचे मूल्यांकन कसे कराल ?				
9	कृपया आपण या कार्यक्रम / शिबीर / व्याख्यान याचे तीन शब्दांत वर्णन करा अत्यत चीगला				
1	0 कृपया तुमच्या काही सुचना / प्रस्ताव / मार्गदर्शन असेल तर सांगा				

Turchi Camp

	Patients Feedback Analysis							
Questions	stions Excellent (4) Good (3) Average(2)		Good (3) Average(2) av					
1.	10	10	0	0				
2.	14	6	0	0				
3.	6	11	3	0				
4.	5	10	4	1				
5.	5	14	0	1				
6.	8	9	0	3				
7.	9	6	3	2				
8.	6	12	2	0				

