

BHARATI VIDYAPEETH(Deemed to be university)

SCHOOL OF PHYSIOTHERAPY, SANGLI.

CIRCULAR

All the Staff and Students are kindly requested to assemble for the lecture on Sports related injuries and its mechanism organized by BVDU Department of Orthopaedic and School of physiotherapy, Sangli

Day and Date: Friday and 09/12/2022

Venue: BVDU Medical College and Hospital, Sangli, 5th floor, E1 wing

Time: 2:30pm-3:30pm

Copy to

- 1.Hon. Regional Director, B.V.(D.U.), Sangli
2. Dean, B.V(D.U.) M.C.H,Sangli
- 3.Dy. Dean, B.V (D.U.) M.C.H., Sangli
4. Medical Superintendent, B.V (D.U.) M.C.H., Sangli
5. Dy. Medical Superintendent, B.V (D.U.) M.C.H., Sangli.
6. All Notice Boards (College and Department)




Dr. Sneha Katke

PRINCIPAL
Bharati Vidyapeeth
(Deemed to be University)
School of Physiotherapy,
Sangli - 416 416.




BHARATI VIDYAPEETH (Deemed To Be University)
SCHOOL OF PHYSIOTHERAPY, SANGLI

ACTIVITY REPORT

Title of program/event/course/activity	Sports Science and Nutrition
Objective/s of program	<ol style="list-style-type: none">1. To educate the Orthopaedic residents and Physiotherapy Students on Sports-related injuries.2. To explain the possible mechanisms of sports injuries.
Date and Time of program	9 th December, 2022 2:30pm – 3:30pm
Venue	BVDU Medical College & Hospital, Sangli 5 th floor, E1 wing
Organized by	BVDU Department of Orthopaedics & School of Physiotherapy, Sangli
If organized in collaboration, name of external institute/body/agency/hospital	Nil
Program approved by Dean/Principal/HOD/University	Dr. Shrikant Deshpande (HOD, Department of Orthopaedics, BVDU) Dr. Sneha V. Katke (Principal, BVDU SOP, Sangli)
Name of Program Co-ordinator	Dr. Sneha Katke
Name of Supporting staff	Dr. Sachin Shetti
Name of Speaker/ Guest speaker	Mr. Tejas Kulkarni
Vote of thanks presented by	Dr. Prerna Ghodke
Photograph/video available	Yes (photograph)
Nature of photo submission [Hard/soft copy]	Hard and Soft copy
No. of Participants / Volunteers	10
No. of Beneficiaries	133




PRINCIPAL
Bharati Vidyapeeth
(Deemed to be University)
School of Physiotherapy,
Sangli - 416 416.



**BHARATI VIDYAPEETH (Deemed To Be University)
SCHOOL OF PHYSIOTHERAPY, SANGLI**

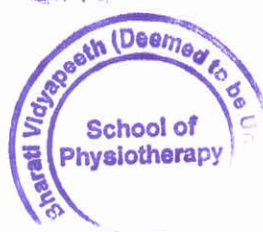
Brief about the program/ activity/event:

On 9th December 2022, a guest lecture on 'Sports Science and Nutrition' was conducted for the residents of Orthopaedic department and B.P. Th students of BVDU SOP, Sangli. The speaker for the lecture was respected Mr. Tejas Kulkarni (B.Sc, M.Sc in Sports Science and Exercise Technology). The program was smoothly conducted under the guidance of Dr. Shrikant Deshpande (HOD, Department of Orthopaedics, BVDU Sangli) and Dr. Sneha Katke (Principal, BVDU SOP, Sangli). The main aim of the lecture was to make the Orthopaedic residents and Physiotherapy students aware of the Sports- related injuries and its repercussions on their performance. He explained the importance of identification of mechanism of injury and its usefulness in treatment and rehabilitation of an athlete. He also emphasized on the increasing awareness towards fitness training, thus, making rehabilitation an important part of athlete's performance. Total 133 participants benefitted from the lecture which was highly appreciated by all. The lecture was followed by an interactive Question and Answer session. MOC of the program and Vote of Thanks was presented by Dr. Purna Ghodke (Assistant Professor, BVDU SOP, Sangli).

*Please tick the Criterion for the activity:

Criterion I	Criterion II	Criterion III	Criterion IV
Criterion V	Criterion VI	Criterion VII	Link

Program co-ordinator



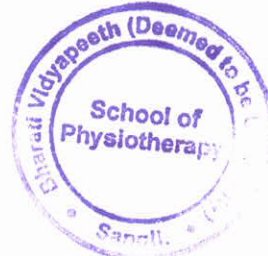
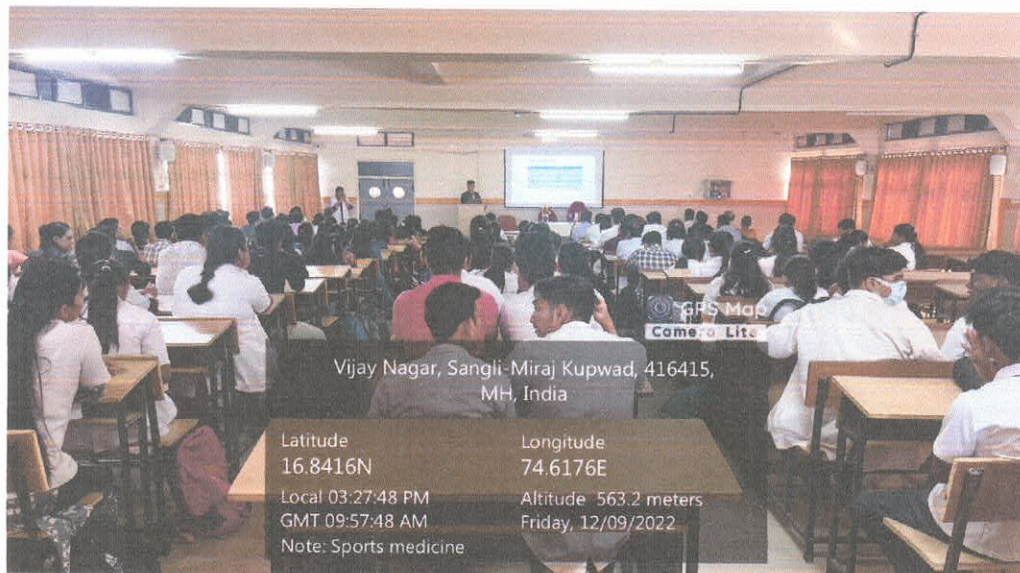
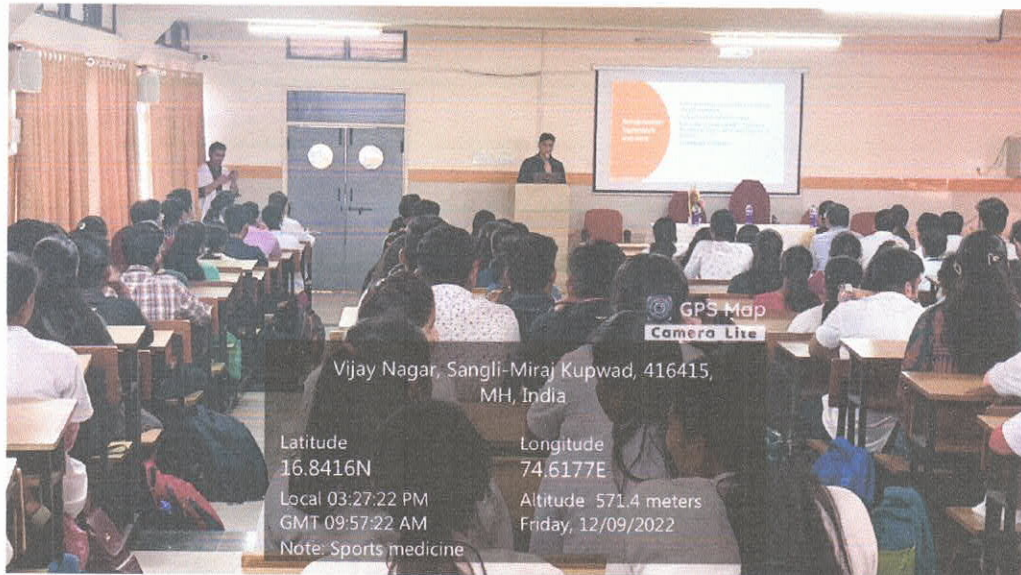

Principal

PRINCIPAL
Bharati Vidyapeeth²
(Deemed to be University)
School of Physiotherapy,
Sangli - 416 416.



BHARATI VIDYAPEETH (Deemed To Be University) SCHOOL OF PHYSIOTHERAPY, SANGLI

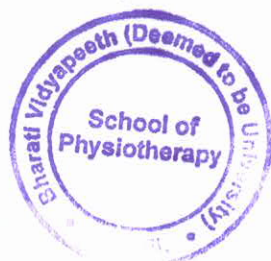
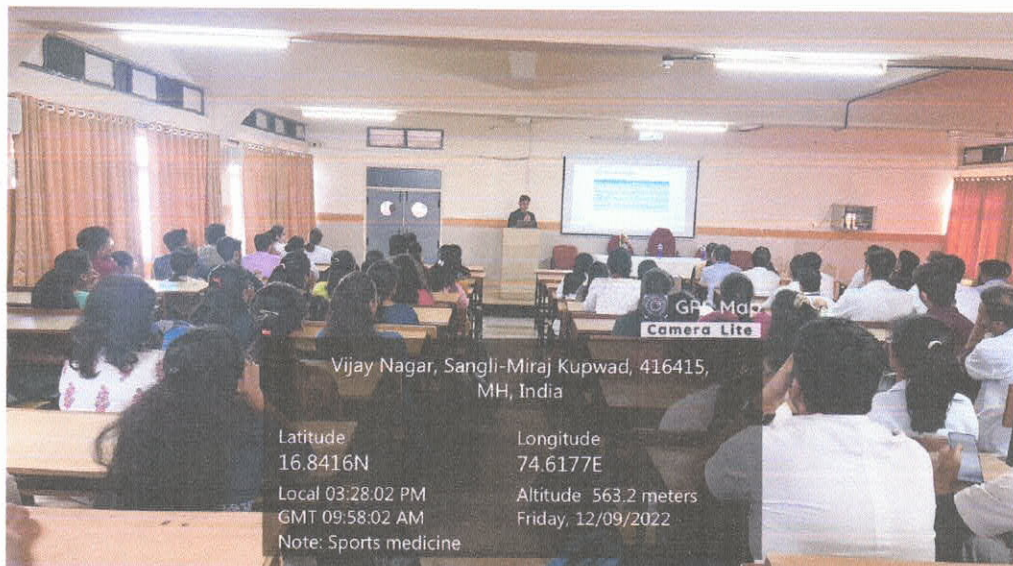
Guest lecture by Mr. Tejas Kulkarni (BSc, MSc in Sports and Exercise Technology) on Sports Science and Nutrition.



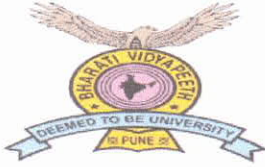
Tejas Kulkarni
PRINCIPAL
Bharati Vidyapeeth
(Deemed to be University)
School of Physiotherapy,
Sangli - 416 416.



BHARATI VIDYAPEETH (Deemed To Be University) SCHOOL OF PHYSIOTHERAPY, SANGLI

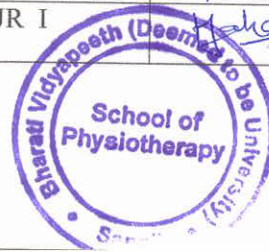


Fateh
PRINCIPAL
Bharati Vidyapeeth
(Deemed to be University)
School of Physiotherapy,
Sangli - 416 416.



BHARATI VIDYAPEETH (Deemed To Be University)
MEDICAL COLLEGE & HOSPITAL, SANGLI
DEPARTMENT OF ORTHOPAEDIC

Sr. No	Name of Faculty	Designation	Signature
1	Dr. Shrikant Balkrishna Deshpande	Prof. & HOD	
2	Dr. Sunil Vishnu Patil	Prof.	
3	Dr. Rahil Bahadur Jiwani	Assoc. Prof.	
4	Dr. Satish Divakar Mehta	Assoc. Prof.	
5	Dr. Kadam Abhijit Maruti	Asst. Prof.	
6	Dr. Sujay Kakasaheb Mahadik	Asst. Prof.	
7	Dr. Omkar Shinde	Asst. Prof.	
8	Dr. Anant Mahavir Chaugule	Asst. Prof.	
9	Dr. Digvijay Patil	Asst. Prof.	
10	Dr. Emmanuel Bhore	Asst. Prof.	
11	Dr. Pramod Bandgar	S. Resi	
12	Dr. Mrutyunjay Gaonkar	S. Resi	
13	Dr. Sourabh Ghosh	S. Resi	
14	Dr. Sasha Martyres	S. Resi	
15	Dr. Neel Belsare	JR III	
16	Dr. Bharat Pawar	JR III	
17	Dr. Shriansh Pandey	JR III	
18	Dr. Akshay phule	JR I	
19	Dr. Nikunj Kumar Kheni	JR I	
20	Dr. Chandrprakash Singh	JR I	
21	Dr. Avinash Kedari	JR I	
22	Dr. Karan Higankar	JR I	
23	Dr. Raj Gandhi	JR I	
24	Dr. Harsh Choraria	JR I	
25	Dr. Shubham Giri	JR I	
26	Dr. Pulak Dutta	JR I	
27	Dr. Krishna Hanchate	JR I	
28	Dr. Suyog Patole	JR I	
29	Dr. Mohamad	JR I	



PRINCIPAL
Bharati Vidyapeeth
(Deemed to be University)
School of Physiotherapy
Sangli - 416 416.



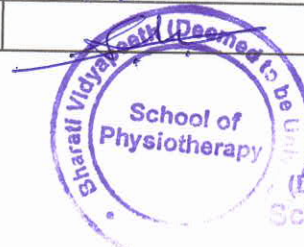
BHARATI VIDYAPEETH
(DEEMED TO BE UNIVERSITY)
SCHOOL OF PHYSIOTHERAPY, SANGLI.

ATTENDANCE SHEET

ACTIVITY: Sports Science and
Nutrition

DATE: 09/12/2022

SR. NO.	NAME OF THE PARTICIPANTS	SIGNATURE
1.	Aftab Haroon Agewan	
2.	Shivendra Pramod Patil	
3.	Tanuja S. Kalsale	
4.	Tanvi R. Yeskar	
5.	Sana K Pijade	
6.	Sakshi A. Mulik	
7.	Shivani M. Tanpure.	
8.	Vishwatej A. Patil	
9.	Keval R Bheda	
10.	Rajkumar Chavan	
11.	Ketaki Rajoba	
12.	Ayush Kale	
13.	Purnima Mahesh Shinde	
14.	Hindavi P. Salunke	
15.	Sakshi Shekhar Mohite	
16.	Maheshwari Mahesh Patil	
17.	Anisha Ajay Lanjekar	
18.	Neha Pravin Chavan.	
19.	Metwli Vasa Mehul	
20.	Kanak S. Davari	
21.	Manjiri Ganjiv Mane.	
22.	Kushagrah Jailesh Shewi	
23.	Isha Sahil Shah	
24.	Sneha Sandeep Apte	
25.	Mrunali Sunil Mohite	
26.	Gaurav Sanjeev Mangale	
27.	Prachi Chandrakant Kitture.	
28.	GURABH. T. Honawane	



PRINCIPAL
Bharati Vidyapeeth
(Deemed to be University)
School of Physiotherapy



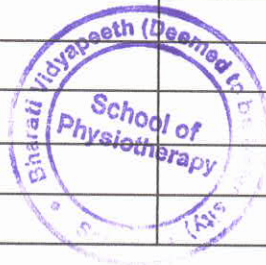
BHARATI VIDYAPEETH
(DEEMED TO BE UNIVERSITY)
SCHOOL OF PHYSIOTHERAPY, SANGLI.

ATTENDANCE SHEET

ACTIVITY: Sports Science and
Nutrition

DATE: 09/12/2022

SR. NO.	NAME OF THE PARTICIPANTS	SIGNATURE
29	Asim Bapubhai Sheikh	<u>Asim</u>
30	Prem Sanjay Patil	<u>Patil</u>
31	Jagruti Nitin Mulik	<u>Mulik</u>
32	Munmai Jitendra Bhosale	<u>Bhosale</u>
33	Aarya Satish Deshmukh	<u>Deshmukh</u>
34	Sanskriti Angad Kamble	<u>Kamble</u>
35	Shreya Sudhis Nipane	<u>Nipane</u>
36	Rebecca Datta Mahapure	<u>Rebecca</u>
37	Mrudula Arun Suryawanshi	<u>Mrudula</u>
38	Diksha Jaywant More.	<u>More</u>
39	Sakshi Amol Mali	<u>Mali</u>
40	Ishwari Mahesh chothe	<u>chothe</u>
41	Akanksha Vijay Raval	<u>Raval</u>
42	Jailee Kapare	<u>Kapare</u>
43	Gauri Thembare	<u>Thembare</u>
44	Samrudhi Chavan	<u>Chavan</u>
45	Sharni Gwar	<u>Gwar</u>
46	Lanket Bhosale	<u>Bhosale</u>
47	Shrushti Surve	<u>Surve</u>
48	Samruddhi Ahavani	<u>Ahavani</u>
49	Shravani Guravir	<u>Guravir</u>
50	Seeshti Kute	<u>Kute</u>



[Signature]
PRINCIPAL
Bharati Vidyapeeth
(Deemed to be University)
School of Physiotherapy
Sangli - 416 416.