

Report on Professional Talk: "Compassion in Nursing Care"

Date: 3.11.2025

Name: Seema Bahubali Geddegol, Clinical Instructor, Bharati Vidyapeeth (deemed to be) University College of Nursing Sangli

Introduction

A professional talk on "Compassion in Nursing Care" was organized by the B.V.D.U College of Nursing Sangli. The session aimed to emphasize the importance of compassion as a core value in nursing practice and to inspire nursing students and professionals to integrate empathy and kindness into patient care. Defining compassion as the deep awareness of the suffering of others combined with the desire to relieve it. Compassion forms the foundation of nursing ethics and professional conduct.

Key points discussed during the talk included:


- The Role of Compassion in Healing: Compassion not only comforts patients emotionally but also enhances recovery and overall well-being.
- Challenges to Compassionate Care: Factors such as heavy workload, stress, and emotional burnout can hinder compassionate practice.
- Strategies to Cultivate Compassion: Mindfulness, active listening, empathy training, and reflective practice were suggested as effective methods.
- Professional Boundaries: The maintaining emotional balance while being compassionate to ensure sustainable caregiving.

Quote of the day:


"Patient may forget your name and place but they will never forget , how you made them feel."



Name and signature


Mrs. Seema B. Geddegol

Name and signature of principal


I/C PRINCIPAL
Bharati Vidyapeeth
(Deemed to be University)
College of Nursing, Sangli-416 414