



Bharati Vidyapeeth (Deemed to be University) College of Nursing, Sangli

Report on World Mental Health Day Celebration

Date: 9th to 11th October 2025

Venue: Bharati Hospital OPD Complex, Sangli

Organized by: Department of Psychiatric Nursing

Introduction

World Mental Health Day is celebrated annually on **10th October** to raise global awareness about mental health issues and to promote efforts supporting better mental well-being. The **Department of Psychiatric Nursing**, Bharati Vidyapeeth (Deemed to be University) College of Nursing, Sangli, observed this occasion with a series of awareness activities for students, hospital staff, and the community.

The celebration aimed to highlight the importance of mental health services, particularly during crises and disasters, and to foster understanding and empathy toward individuals experiencing psychological distress.

The theme for **World Mental Health Day 2025** was:

“Access to Services – Mental Health in Catastrophes and Emergencies.”

Day 1: 9th October 2025

Venue: Bharati Vidyapeeth Health Center, Sangliwadi

The three-day observation of *World Mental Health Day* began with an awareness program at Bharati Vidyapeeth Health Center, Sangliwadi. The event started with a warm welcome of the dignitaries, **Dr. Tanvi Nikalje**, Medical Officer, Department of Community Medicine, and **Dr. Mansi Ghodke**, MBBS, Medical Officer, Corporation Hospital, Sangliwadi.

The session focused on the importance of mental well-being, early identification of disorders, and accessible community mental health services. Nursing students performed a short skit based on the *World Mental Health Day* theme, which helped raise awareness among community members.

The program concluded with encouraging words from the medical officers highlighting the role of community health center's in promoting mental health.

Coordinators: Mrs. Milka Devraj and Mr. Samson Kamble

Beneficiaries: Community members, patients attending the health centre, and caregivers who received awareness on mental health promotion and available services. **Total beneficiaries:** **Approximately 40–50 participants.**

Day 2: 10th October 2025

Venue: Bharati Vidyapeeth Hospital OPD Complex, Sangli

The central celebration of *World Mental Health Day* was held at Bharati Vidyapeeth Hospital OPD Complex. The program commenced with a welcome and badge-pinning ceremony to the dignitaries. The inauguration and ribbon-cutting were performed by the **Dean of Bharati Vidyapeeth Medical College, Deputy Medical Superintendent, and Principal, College of Nursing, Sangli.**

Following the inauguration, **poster presentations** were conducted by **Second-Year Post Basic B.Sc. Nursing** and **Third-Year B.Sc. Nursing** students, which were appreciated for their creativity and informative content.

A skit performance on the theme "*Access to Services – Mental Health in Catastrophes and Emergencies*" by **Third-Year B.Sc. Nursing** students received an excellent response from the audience. The program was anchored by **Mrs. Shravari Bhandare**, First-Year M.Sc. Nursing student. The keynote message was delivered by **Dr. Dashrath Sawant**. Later the posters were made available to the beneficiaries till 4pm.

The event concluded with a **Vote of Thanks** proposed by **Mrs. Milka Rajiv Devraj**, Clinical Instructor, Bharati Vidyapeeth College of Nursing, Sangli. After the program, fruits were distributed to the patients admitted in the Psychiatric Ward and their relatives as a part of the hospital's internal activity to promote compassion and holistic care. As a good will gesture respected I/C principal sir had sponsored the expenses borne for the purchase of fruits.

Coordinators: Dr. Bahubali J. G., Dr. Narayan Ghorpade, Mr. Samson Kamble, and Mrs. Milka Devraj

Beneficiaries: Inpatients of the Psychiatric Ward, outpatients, hospital visitors, nursing students, and faculty members who participated in the celebration. **Total beneficiaries:** **Approximately 70–80 participants.**

Day 3: 11th October 2025

Venue: In front of Nirmal Hospital, Miraj near Railway Station, Miraj

The final day of the celebration was organized as a **community extension program** in front of Nirmal Hospital, Miraj. Nursing students presented a skit based on the *World Mental Health Day* theme to promote awareness among the general public.

The event was coordinated by **Dr. Narayan Ghorpade** and **Mrs. Milka Devraj**, with the active involvement of nursing students. The performance successfully conveyed the importance of mental health services during emergencies and encouraged the community to seek timely support.

Beneficiaries: Local residents, patients, relatives, and passersby around Nirmal Hospital who gained awareness regarding mental health services and emergency support systems. *Total beneficiaries: Approximately 100–110 participants.*

Over faculty Coordinators were

Dr. Bahubali J. G., Dr. Narayan Ghorpade, Mr. Samson Kamble, Mrs. Milka Devraj



HOD

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Bharati Vidyapeeth (Deemed to be University)
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PHOTO GALLERY

Day 1: 9th October 2025



Welcoming dignitaries

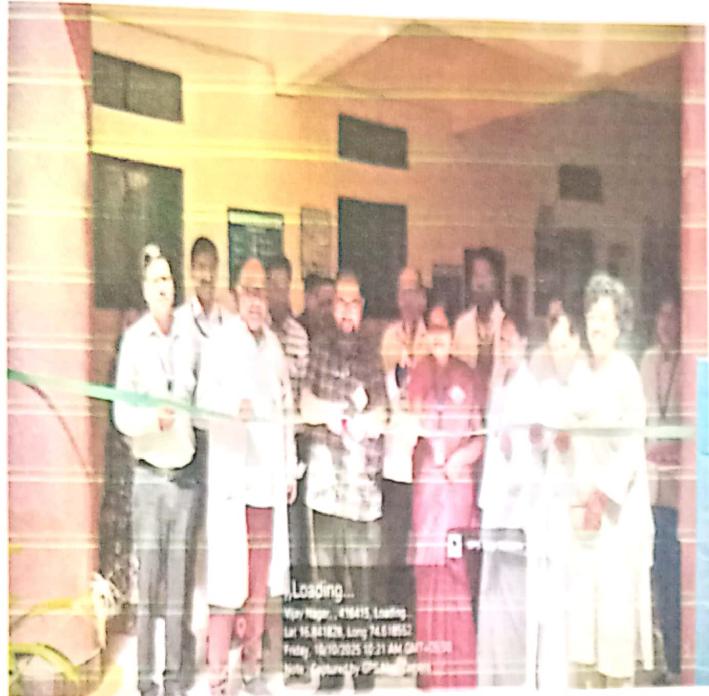


Nursing students performing a skit



Audience interaction

Day 2: 10th October 2025



Inauguration and ribbon-cutting



Poster presentation



Skit performance



Fruit Distribution

Day 3: 13th October 2025

Community members observing and appreciating the performance



GPS Map
Camera Lite

RJCR+PCR, Shivaji Nagar, Miraj, Sangli Miraj Kupwad, Maharashtra 416410, India

Latitude
16.82186238°

Longitude
74.64113977°

Local 09:53:09 AM
GMT 04:23:09 AM

Altitude 558 meters
Saturday, 11.10.2025

Note : Nirmal hospital and de addiction centre Miraj skit on world mental health day 2025 by Bharati Vidyapeeth CON students

Community awareness skit performed by nursing students



GPS Map
Camera Lite

RJCR+PCR, Shivaji Nagar, Miraj, Sangli Miraj Kupwad, Maharashtra 416410, India

Latitude
16.8218834°

Longitude
74.6411114°

Local 09:56:48 AM
GMT 04:26:48 AM

Altitude 558 meters
Saturday, 11.10.2025

Note : Nirmal hospital and de addiction centre Miraj skit on world mental health day 2025 by Bharati Vidyapeeth CON students

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