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## DENTAL COLLEGE AND HOSPITAL



SECTOR -7, C.B.D., BELAPUR, NAVI MUMBAI – 400614.

## 'Department of Periodontology

**Report on National Periodontist Day Celebration** 

Organized by the Department of Periodontics Date: 24th February to 4th March 2025

#### **Introduction:**

National Periodontist Day is a special occasion to recognize the vital contributions of periodontists in maintaining oral health. From 24th February to 4th March 2025, the Department of Periodontics organized a series of events to raise awareness about periodontal health. These activities not only focused on educating the public but also engaged students, faculty, and the local community in a fun and interactive way. The celebration culminated on 1st March 2025, with a grand event attended by distinguished guests and faculty members.

#### **Objectives:**

The celebration aimed to:

- 1. Raise awareness about periodontal diseases and their impact on overall health.
- 2. Highlight the importance of oral hygiene and regular dental checkups.
- 3. Engage the community through interactive and educational events.
- 4. Provide a platform for students, faculty, and professionals to collaborate and share knowledge.

#### **Key Activities and Events:**

1. Brushing Station Near Reception (24th February to 4th March 2025):

A **Brushing Station** was set up near the reception area, where interns guided patients on proper brushing techniques. They demonstrated effective brushing methods and provided personalized tips for maintaining oral health. This initiative helped enhance patients' understanding of the importance of brushing for healthy gums and teeth.

2. Smile Competition (25th – 27th February 2025):

The **Smile Competition** hosted on the department's Instagram page encouraged undergraduate students to showcase their brightest smiles. The winner, chosen through a public poll, received a gift and recognition for their enthusiastic participation.



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# 3. Photography Competition for Postgraduate Students (28th February – 1st March 2025):

A **Photography Competition** was organized for postgraduate students from different departments. Students were tasked with capturing the intricate beauty of gingiva through their lens. The competition aimed to merge creativity with scientific appreciation of periodontal health. The winning entry received a special prize, and the photographs were displayed at the event on **1st March**.

#### 4. Celebration on 1st March 2025:

The grand celebration on 1st March 2025 was graced by several distinguished guests:

- o Dr. V. Sreenivasan, Dean of the Institution
- o Dr. Viraj Kharkar, Vice-Principal (Admin)
- o Heads of various departments, faculty members, postgraduates, interns, and students

**Dr. Karishma**, a faculty member from the Department of Periodontics, served as the **Master of Ceremony**. The event kicked off with **Dr. Minu Patray**, who sang a beautiful **prayer song**, setting a warm and positive tone for the gathering.

**Dr. Prajakta Rao**, Head of the Department of Periodontics, delivered an insightful speech on the significance of **National Periodontist Day**, explaining the role of periodontists in promoting oral health and preventing periodontal diseases. She emphasized the importance of maintaining healthy gums and the essential services provided by periodontists.

**Dr. V. Sreenivasan**, the Dean, addressed the crowd, acknowledging the department's efforts in promoting oral health and the successful week-long celebration. His words were encouraging and highlighted the importance of integrating oral health into overall healthcare.

To show appreciation for **Dr. V. Sreenivasan's** support, **Dr. Prajakta Rao** presented him with a **token of appreciation** as a gesture of gratitude.

#### 5. Cultural Program (Skit and Fun Games):

The postgraduate students and interns presented a Bollywood themed **skit** that humorously yet educationally illustrated the importance of **oral hygiene**. The skit highlighted various periodontal procedures and the crucial role of periodontists in maintaining overall oral health.



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- Fun games were organized by the postgraduate students, including:
- o Charades
- o Treasure Hunt
- o Taboo

All the games were centered around **dentistry themes**, allowing participants to engage in a lively and educational manner.

o Ring Toss and Trivia Contest:

The postgraduate students also organized a **Ring Toss** game and a **Trivia Contest** for the **non-teaching staff**. These activities were both fun and informative, focusing on periodontal facts and dental trivia.

#### 6. Cake Cutting Ceremony:

A **cake cutting ceremony** marked the conclusion of the event, symbolizing the department's success in raising awareness and promoting periodontal health. It was a joyful moment for all attendees, celebrating the collective efforts of the department and participants.

#### 7. Free Sample Distribution.

Free samples were distributed to all the patients that were checked at the OPD and/or treated in the department of periodontics during this time. The postgraduate students and interns distributed the free samples and also explained oral hygiene maintenance techniques to the patients.

#### 8. Snacks and Beverages:

**Dr. Vivek Sharma** arranged a delightful spread of snacks and beverages for all attendees, ensuring that everyone was refreshed and enjoyed the festivities.



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#### **Highlights:**

- The **Brushing Station** served over 300 patients, providing them with personalized brushing advice and techniques.
- More than 200 students participated in the Smile Competition on Instagram.
- The **Photography Competition** attracted impressive entries from postgraduate students, showcasing their creativity and perspective on gingiva.
- The **skit** and **fun games** brought humor and learning together, effectively promoting the importance of oral hygiene.
- The **cake cutting ceremony** and games brought a sense of camaraderie and celebration to the occasion.

#### **Conclusion:**

The **National Periodontist Day Celebration** was a remarkable success, engaging the community and promoting oral health awareness. The various events, including the brushing station, competitions, skits, and interactive games, created an atmosphere of learning and fun. The celebration culminated in a heartwarming ceremony attended by distinguished guests, with speeches and activities that emphasized the critical role of periodontists in maintaining oral health.

The efforts of the faculty, students, and volunteers made this event memorable and impactful. We look forward to continuing this tradition and fostering a deeper understanding of periodontal health in the future.

#### **Acknowledgments:**

We extend our heartfelt thanks to:

- Dr. V. Sreenivasan, the Dean, for his continued support.
- **Dr. Viraj Kharkar**, the Vice-Principal (Admin), for attending and contributing to the event.

We would like to thank all the faculty, interns, and students for their active participation and support in making this event successful. Our heartfelt gratitude goes to the volunteers, guest speakers, and social media supporters who made this celebration memorable. We appreciate everyone who contributed to the success of this week-long celebration of periodontal health.



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#### Notice



## Bharati Vidyapeeth

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"Accredited with 'A++' Grade (2024) by NAAC
'A' Grade University Status by MHRD, Govt. of India
Accredited (2004) & Reaccredited (2011) with 'A' Grade & (2017) with A+ Grade by NAAC

Principal: Dr. V. Sreenivasan

BVDU/DCH/NM/ 1986 /2024-25 Date 28 / 62 \_ /2025

#### NOTICE

To,

All HODs/ Incharges

This is to inform that the Department of Periodontology is celebrating National Periodontist Day on 1<sup>st</sup> of March 2025. All staff are requested to attend the program at 10 am in lecture hall 1.

The following events are planned on this occasion:

- 1. Skit on by the PG students and Interns
- Fun quiz by PG students
  Followed by cake cutting and snacks

All faculty are cordially invited to participate in the events

Dr. Prajakta Rao

Professor and Head,

Department of Periodontics

NAVI MUMBAI 400614

Dr. V. Sreenivasan Principal

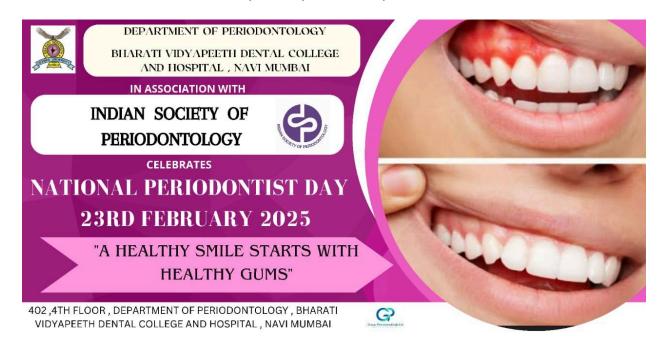


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# BHARATI VIDYAPEETH (DEEMED TO BE UNIVERSITY) DENTAL COLLEGE AND HOSPITAL, NAVI MUMBAI



Department of Periodontology in association with Indian Society of Periodontology (ISP)

# **Periodontist day**

Cefebrations

23rd February - 4th March 2025



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#### **Attendance Sheet**

National Periodontist Day						
Date-01/03/2025						
SR. NO	NAME OF THE STAFF	DESIGNATION	DEPARTMENT	SIGN.		
1.	Br. V. Sneenivasan	Perniapal.	Ord Mel	Vregna		
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3.	Dr. Pragaleta Rao	H.O.D	Periodonties	our.		
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	National Periodontist Da	<u>iy</u>
	Date-01/03/2025	
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#### **Event Highlights**





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## **Felicitations**







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#### **Skit by the Postgraduates and Interns**





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#### **Cake Cutting Ceremony**







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#### **Prize Winners**







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## **Games**







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**Brushing Station** 



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Free Sample distribution at the Department OPD and Brushing station





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