



**Bharati Vidyapeeth (Deemed to be University),**

**College of Nursing, Pune**

**Mental Health Nursing Department**

**REPORT ON**

**WORLD MENTAL HEALTH DAY**

Date- 14 October 2025

Time- 10Am to 4 Pm

Venue- Bharati Vidyapeeth College of Nursing, Pune

Conference Hall



*Monita Thokchom*  
**MRS. MONITA THOKCHOM**

**HOD, MENTAL HEALTH NURSING**

**BHARATI VIDYAPEETH (DEEMED TO BE UNIVERSITY),  
COLLEGE OF NURSING, PUNE - 411043**

*Principal*  
**Principal**

**Bharati Vidyapeeth  
(Deemed to be University)  
College of Nursing  
Pune-Satara Road, Pune-43.**

## REPORT ON WORLD MENTAL HEALTH DAY

Bharati Vidyapeeth (Deemed to be University) College of Nursing, Pune and Sinhgad College of Nursing, Narhe, Pune Mental Health Nursing department, Organized Intercollegiate skill station on theme "ACCESS TO SERVICES - MENTAL HEALTH IN CATASTROPHES AND EMERGENCIES". The skill station was organized by Mental Health Nursing department, faculty and students of S.Y. Msc (MHN speciality) under the guidance of Dr. Monita Thokchom and Dr. L. Sushila Devi, Mr. Nikhil Ingawale, Mrs. Priti Rajput.

Along with faculty of Sinhgad College of Nursing, (MHN speciality) Ms. Soniya Shinde, Mrs. Ayushi Singh. Programme was conducted with the great support of Dr. Mrs. Bhagyashri Jogdeo, Principal (BVCON), Pune.

Skill station was conducted on topic restraint, process recording, mini-mental status examination, ECT preparation for the students of GNM Nursing, BSc Nursing from both of the college.

Skill station was conducted to achieve the objectives


- 1) To enhance awareness and skills related to mental health and wellbeing among nursing students and nurses, educators.
- 2) To foster intercollegiate collaboration and professional networking
- 3) To provide a hands-on learning platform promoting empathy, communication and therapeutic interaction.









  
 Principal  
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