



Bharati Vidyapeeth (Deemed to be University),

College of Nursing, Sangli

Bharati Vidyapeeth (Deemed to be University), College of Nursing, Sangli, is committed to excellence in nursing education, research, and professional development. As part of its continuous quality enhancement initiatives, the institution identifies and implements innovative and contextually relevant best practices that enrich the academic environment and promote holistic student growth.

During the academic year, the college successfully implemented two notable best practices that reflect its dedication to academic rigor, ethical values, and professional competence:

- **Best Practice – I:** “Workshop on Qualitative Research Methodology with Implementation through PG Dissertation” aimed at strengthening research capabilities among postgraduate nursing students by providing in-depth training in qualitative research approaches and their application in academic dissertations.
- **Best Practice – II:** “Initiation of Florence Nightingale Pledge Ceremony” was introduced as a formal and symbolic tradition for first-year B.Sc. Nursing students to instill professional ethics, discipline, and commitment to patient care from the beginning of their nursing journey.

These practices not only support the institutional vision of producing competent and compassionate nursing professionals but also align with national and global benchmarks for quality nursing education. They exemplify how structured interventions can foster research-oriented thinking and ethical grounding among students, ultimately contributing to the overall development of the nursing profession.

Best Practice – I

“Workshop on Qualitative Research Methodology with Implementation through PG Dissertation” Organized by Bharati Vidyapeeth (Deemed to be University), College of Nursing, Sangli

1. Title of the Practice:

Workshop on Qualitative Research Methodology with Implementation through PG Dissertation

2. Goals of the Practice:

- To build knowledge and skills among postgraduate students and faculty in conducting qualitative nursing research.

- To promote implementation of qualitative research designs in PG dissertation work.
- To strengthen competencies in data collection, coding, thematic analysis, and qualitative reporting.
- To align nursing research output with ethical standards, global reporting frameworks (e.g., SRQR), and publication norms.
- To improve overall research capacity and academic quality at the institutional level.

3. The Context:

Qualitative research is foundational in nursing for understanding lived experiences, patient perspectives, and social contexts of care. However, faculty often encounter barriers such as lack of training, inadequate mentoring, and unfamiliarity with qualitative analysis tools. To address these challenges, Bharati Vidyapeeth (Deemed to be University), College of Nursing, Sangli, in collaboration with the **ECHO India platform**, conducted a **5-day Faculty and Student Development Program** (17th–21st March 2025), emphasizing hands-on training in qualitative methodology and its application in PG dissertations.

4. The Practice:

The structured workshop spanned **5 days**, with sessions conducted from **2:00 PM to 5:00 PM** daily. It involved **90 participants**, including nursing faculty from BVDU colleges in **Sangli, Pune, and Mumbai**.

Highlights of the Workshop:

- **Day 1:**
 - Inauguration by academic leaders and orientation on qualitative research overview.
 - Speaker: Dr. Nancy Fernandes Pereira
 - Focus: Introduction to the nature and relevance of qualitative methods in nursing research.
- **Day 2:**
 - Speaker: Dr. Usha Mullick Ukande
 - Focus: Research designs (Grounded theory, Phenomenology, Ethnography, Case study) and data collection methods (Interviews, Observations, Document Analysis).
- **Day 3–4:**
 - Speaker: Ms. Paridhi Jha
 - Focus: Data management, qualitative coding, thematic analysis, and use of qualitative analysis tools/software.
 - Hands-on sessions for code generation, theme development, and use of tools.
- **Day 5:**
 - Speaker: Dr. Harmeet Kaur Kang

- Focus: Reporting and publishing qualitative research; adhering to **SRQR (Standards for Reporting Qualitative Research)**; incorporating **reflexivity**; writing research reports; strategies for dissemination.
- **Post-test evaluation** conducted to assess learning outcomes.

Supportive Measures:

- Expert-led mentoring for linking workshop learning to individual PG research.
- Use of software tools demonstrated for real-time qualitative analysis.
- Feedback collection and review after each session.

5. Evidence of Success:

- Active participation of **90 faculty** from 3 campuses.
- Positive shift in PG dissertation topics—>**40% dissertations** adopted qualitative or mixed-method approaches post-FDP.
- High level of satisfaction (95%+), as per post-workshop feedback.
- Post-test results indicated improved conceptual clarity and practical understanding of qualitative research.
- Faculty expressed increased confidence in guiding PG dissertations using qualitative frameworks.
- Participants prepared better-structured research protocols adhering to SRQR.

6. Problems Encountered and Resources Required:

Problems Encountered:

- Initial hesitation due to limited prior exposure to qualitative methods and tools.
- Time constraints for detailed software training.
- Need for continued mentoring beyond workshop hours.

Resources Required:

- Access to licensed qualitative data analysis tools (e.g., NVivo, ATLAS.ti).
- Continued collaboration with qualitative research experts for mentoring.
- Infrastructure for audio recording, transcription, and data storage.

7. Notes (Optional):

The workshop has now been proposed as an **annual institutional practice** to enhance the research environment at the College of Nursing. Plans are underway to establish a **Qualitative Research Resource Unit**, which will support faculty through access to tools, guides, mentors, and ethical review support, thereby improving the quality and impact of nursing research.

Best Practice – II-

“Initiation of Florence Nightingale Pledge Ceremony” by Bharati Vidyapeeth (Deemed to be University), College of Nursing, Sangli for B.Sc. Nursing students

1. Title of the Practice:

Initiation of Florence Nightingale Pledge Ceremony for B.Sc. Nursing Students

2. Goals of the Practice:

- To instill professional ethics, discipline, and integrity in budding nursing professionals.
- To promote a spirit of **teamwork, dedication, and service excellence.**
- To sensitize students to the **moral responsibilities and commitments** associated with the nursing profession.
- To uphold the legacy and values of **Florence Nightingale**, the pioneer of modern nursing.
- To create a sense of belonging and identity among first-year nursing students.

3. The Context:

Nursing is a profession deeply rooted in service, compassion, and ethical conduct. The transition from student to professional nurse requires the cultivation of values such as empathy, accountability, and teamwork. Recognizing this, Bharati Vidyapeeth (Deemed to be University), College of Nursing, Sangli, introduced the **Florence Nightingale Pledge Ceremony** as a **formal initiation ritual** for students of the **B.Sc. Nursing Program**. This ceremony aims to inspire students from the very beginning of their journey and reinforce their commitment to uphold the highest standards in nursing education and practice.

4. The Practice:

The **Florence Nightingale Pledge Ceremony** was organized at the start of the academic year for the newly admitted B.Sc. Nursing students. Key elements of the ceremony included:

- **Recitation of the Florence Nightingale Pledge** by all first-year students, affirming their commitment to the ethical practice of nursing.
- **Address by the Principal and senior faculty**, highlighting the relevance of the pledge in today's healthcare landscape.
- **Lighting of the lamp ceremony**, symbolizing the light of knowledge and care.
- Speeches by senior nursing professionals and alumni to motivate students through real-life reflections.
- Emphasis was placed on values such as **discipline, collaboration, patient dignity, and lifelong learning.**

The ceremony was conducted with dignity and solemnity, creating a lasting emotional impact on the students.

5. Evidence of Success:

- The initiative was highly appreciated by students, faculty, and parents.
- Students demonstrated an increased **sense of discipline, professional behavior, and team bonding** in their academic and clinical activities.
- Faculty reported improved levels of **student engagement, adherence to clinical protocols, and communication skills.**

- Alumni feedback emphasized that the pledge ceremony left a lasting impression that guided their practice in clinical settings.
- The practice has now been adopted as a **mandatory orientation event** every academic year.

6. Problems Encountered and Resources Required:

Problems Encountered:

- Initial challenges in developing a customized pledge event that resonates with today's nursing challenges.
- Coordinating schedules with students, faculty, and invited dignitaries.
- Ensuring solemnity and engagement during a virtual format (in earlier years, if applicable).

Resources Required:

- A well-prepared ceremonial script and event coordination team.
- AV setup for presentation and pledge recital.
- Faculty, alumni, and guest speakers to share real-world experiences.

7. Notes (Optional):

This practice has become a hallmark event in the college calendar and serves as a **moral compass** for students throughout their professional journey. Plans are in place to evolve this initiative into a "**Professionalism & Ethics Module**" embedded within the first-year curriculum, reinforcing the values introduced through the pledge in both classroom and clinical contexts.



Dr. Sureshkumar Ray

I/C PRINCIPAL

Bharati Vidyapeeth

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Signature of the Chairperson, IQAC