



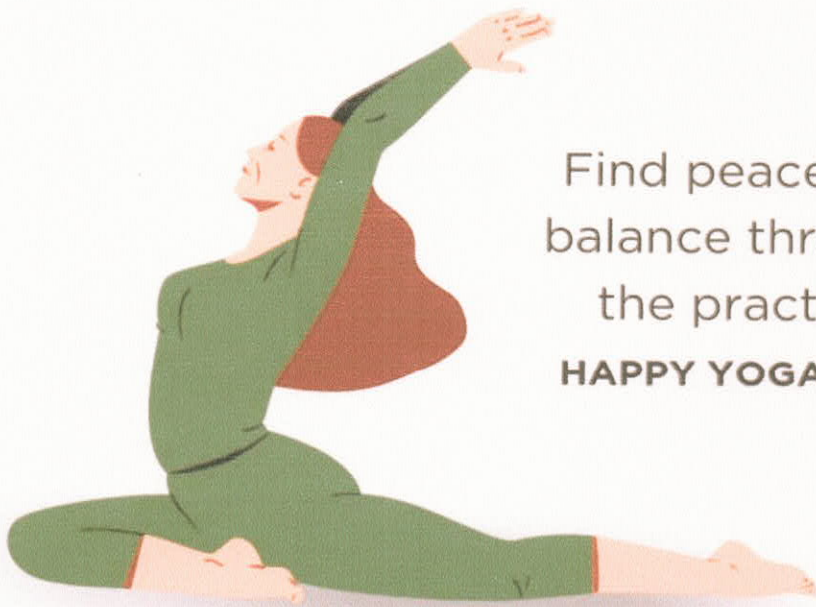
**BHARATI VIDYAPEETH  
SPORTS CLUB, SANGLI**



**JUNE 21, 2025**

INTERNATIONAL

# yoga day



Find peace and  
balance through  
the practice.

**HAPPY YOGA DAY!**

**VENUE : Bharati Medical College corridor, ground  
floor, Sangli**



**BHARATI VIDYAPEETH  
(DEEMED TO BE UNIVERSITY)  
SCHOOL OF PHYSIOTHERAPY, SANGLI**

This is to inform all staff members that the **International Yoga Day** will be celebrated on **Saturday, 21st June 2025**, from **10:00 AM** onwards at the **BVDU Medical College, Sangli**

All staff is instructed to adhere to the following guidelines:

- **Dress Code:** White attire (compulsory)
- **Yoga Mat:** Carry your own yoga mat

Your active participation is expected to make this event successful and meaningful. Let us join together to embrace health and harmony through yoga.

**Date:** 21st June 2025

**Time:** 10.00 am onwards

**Venue:** BVDU Medical College, Sangli

Copy to

1. Hon. Regional Director, B.V. (D.U.), Sangli
2. Dean, BV (DU) M.C.H, Sangli
3. Dy. Dean, BV (D.U.) M.C.H, Sangli
4. Medical Superintendent, B.V (D.U.) M.C.H, Sangli
5. Dy. Medical Superintendent, B.V (DU) M.C.H, Sangli
6. All Notice Boards (College and Department)



Dr. Sneha Katke

Bharati Vidyapeeth  
(Deemed to be University)  
School of Physiotherapy  
Sangli - 416 416.



**BHARATI VIDYAPEETH (Deemed To Be University)**  
**SCHOOL OF PHYSIOTHERAPY, SANGLI**

**ACTIVITY REPORT**

Title of program/event/course/activity	International Yoga Day 2025
Objective/s of program	To practice mindful yoga To create awareness about the importance and benefits of daily Yoga Practice
Date and Time of program	21 <sup>st</sup> June 2025, 10 am onwards
Venue	BVDU, Medical College Sangli
Organized by	Bharati sports club
If organized in collaboration, name of external institute/body/agency/hospital	Bharati Vidyapeeth (Deemed University), School of Physiotherapy, Sangli
Program approved by Dean/Principal/HOD/University	Dr. Sneha V. Katke (Principal)
Name of Program Co-ordinator	Dr. Aishwarya Wayadande
Name of Supporting staff	Dr Amruta Bajantri
Name of Guest	Mr Keval Bheda
Vote of thanks presented by	Dr Sachin Shetti
Photograph/video available	Yes (photograph)
Nature of photo submission [Hard/soft copy]	Hard and Soft copy
No. of Participants / Volunteers	25
No. of Beneficiaries	25





**BHARATI VIDYAPEETH (Deemed To Be University)**  
**SCHOOL OF PHYSIOTHERAPY, SANGLI**

**Brief about the program/ activity/event:**

On the occasion of International Yoga Day 2025, the faculty and staff of Bharati Vidyapeeth (Deemed University), School of Physiotherapy, Sangli, and Bharati Vidyapeeth (Deemed University), Department of Optometry, Sangli, came together to celebrate wellness through a collective yoga session. The entire team actively participated in performing various yoga asanas designed to promote flexibility, mindfulness, and stress relief. This event not only highlighted the therapeutic value of yoga—especially significant in the physiotherapy profession—but also fostered a sense of unity, relaxation, and shared purpose among the participants. Through this meaningful celebration, the institution once again reaffirmed its dedication to holistic health practices and the promotion of yoga as a vital component of personal and professional well-being.

**Impact of the program/ activity/event:**

- Encouraged integration of yoga into personal health routines, reflecting professional wellness values.
- Provided a platform for stress relief, enhancing mental focus and emotional balance.
- Reinforced the therapeutic relevance of yoga in the physiotherapy curriculum and practice.

**\*Please tick the Criterion for the activity:**

<b>Criterion I</b>	<b>Criterion II</b>	<b>Criterion III</b>	<b>Criterion IV</b>
<b>Criterion V</b>	<b>Criterion VI</b>	<b>Criterion VII</b>	<b>Link</b>

**Event co-ordinator**



**Principal**

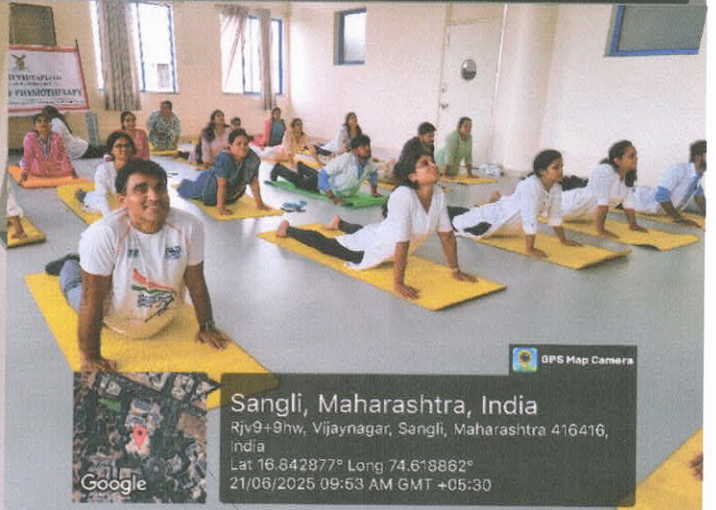
**PRINCIPAL**  
**Bharati Vidyapeeth**  
**(Deemed to be University)**  
**School of Physiotherapy**  
**Sangli - 416 416.**



**BHARATI VIDYAPEETH (DEEMED TO BE UNIVERSITY)**

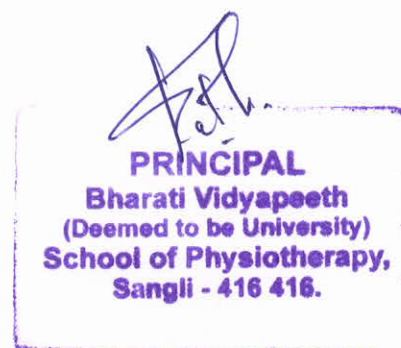
**SCHOOL OF PHYSIOTHERAPY, SANGLI**

**INTERNATIONAL YOGA DAY**



Sangli – Miraj Road Sangli – 416 416 , Maharashtra  
Email : [sopt.sangli@bharatividyaapeeth.edu](mailto:sopt.sangli@bharatividyaapeeth.edu)

Tel No. : 0233-2601593/94/95 Ext.No. 228, 269  
Website : <http://soptsangli.bharatividyaapeeth.edu>







**BHARATI VIDYAPEETH (DEEMED TO BE UNIVERSITY)**

**SCHOOL OF PHYSIOTHERAPY, SANGLI**

**International Yoga Day Celebration**

ROLL NO.	STUDENT'S NAME
1	LANJEKAR ANISHA AJAY
2	VASA METWI MEHUL
3	PATIL MAHESHWARI MAHESH
4	CHAVAN RAJKUNWAR PRADEEP
5	DAVARI KANAK SANJAY
6	BHOSALE SANKET SUBHASH
7	CHAVAN NEHA PRAVIN
8	AGEWAN AFTAB HARUN
9	AHI YASH PRADEEP
10	CHOTHE ISHWARI MAHESH
11	APTE SNEHA SANDEEP
12	DESHMUKH AARYA SATISH
13	GURAV SHRAVANI SANJAYKUMAR
14	KALE AYUSH BHUSHAN
15	KALSULE TANUJA SANDIPAN
16	KAMBLE SANSKRUTI ANGAD
17	KAPARE JAIEE SANJAY
18	KITTURE PRACHI CHANDRAKANT
19	MAHAPURE REBECCA DATTA
20	MALI SAKSHI AMOL
21	BHOSALE MRUNMAI JITENDRA
22	MANGALE GAURAV SANJEEV
23	MOHITE MRUNALI SUNIL
24	MOHITE SAKSHI SHEKHAR
25	MORE DIKSHA JAYWANT
26	MULIK JAGRUTI NITIN
27	MULIK SAKSHI ASHOK

Sangli – Miraj Road Sangli – 416 416 , Maharashtra

Email : [sopt.sangli@bharatividyaapeeth.edu](mailto:sopt.sangli@bharatividyaapeeth.edu)



Tel No. : 0233-2601593/94/95 Ext.No. 228, 269

Website : <http://soptsangli.bharatividyaapeeth.edu>

**PRINCIPAL**  
**Bharati Vidyapeeth**  
(Deemed to be University)  
**School of Physiotherapy**  
Sangli - 416 416

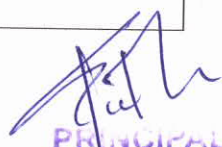


## BHARATI VIDYAPEETH (DEEMED TO BE UNIVERSITY)

### SCHOOL OF PHYSIOTHERAPY, SANGLI

28	CHAVAN SAMRUDDHI SANDIP
29	MANE MANJIRI SANJIV
30	PATIL SHIVENDRA PRAMOD
31	PATIL VISHWATEJ ATUL
32	PIRJADE SANA KADARPASHA
33	RAJOBA KETAKI ASHISH
34	SAHANI KUSHAGRAH SAILESH
35	TANPURE SHIVANI MAHENDRAKUMAR
36	SHAH ISHA SAHIL
37	SHAIKH ASIM BAPUBHAI
38	SHINDE PURNIMA MAHESH
39	SONAWANE SOURABH JAYANAND
40	PATIL PREM SANJAY
41	SURYAWANSHI MRUDULA ARUN
42	YESKAR JANVI RAMCHANDRA
43	NIRGUDE DIPIKA BHAGWATRAO
44	BHEDA KEVAL RAJESH
45	KURLE SRUSHTI SURESH
46	SALUNKHE HINDAVI PANDURANG
47	NIPANE SHREYA SUDHIR
48	THOMBARE GAURI BALASAHEB
49	SURVE SHRUSTI DUSHYANT
50	KULKARNI CHINMAYEE GOVIND



  
PRINCIPAL  
Bharati Vidyapeeth  
(Deemed to be University)  
School of Physiotherapy  
Sangli - 416 416.

Sangli – Miraj Road Sangli – 416 416 , Maharashtra

Email : [sopt.sangli@bharatividyaapeeth.edu](mailto:sopt.sangli@bharatividyaapeeth.edu)

Tel No. : 0233-2601593/94/95 Ext.No. 228, 269

Website : <http://soptsangli.bharatividyaapeeth.edu>



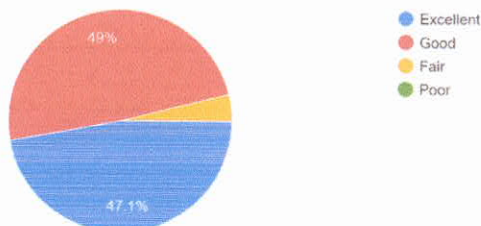
**BHARATI VIDYAPEETH**  
(DEEMED TO BE UNIVERSITY)  
**SCHOOL OF PHYSIOTHERAPY, SANGLI**

Name of Event: International Yoga Day

Date: 21 /06 /2025

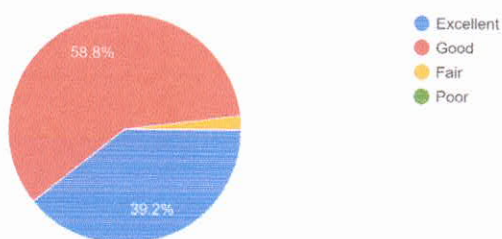
1. How would you rate the overview of the event.

51 responses



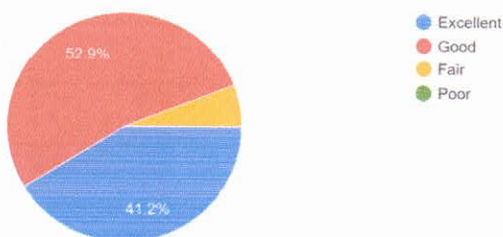
2. How would you rate the interaction between you and the speaker

51 responses



3. How would you rate the arrangements of the event

51 responses



Sangli – Miraj Road Sangli – 416 416 , Maharashtra  
Email : [sopt.sangli@bharatividyaapeeth.edu](mailto:sopt.sangli@bharatividyaapeeth.edu)

Tel No. : 0233-2601593/94/95 Ext.No. 228, 269  
Website : <http://soptsangli.bharatividyaapeeth.edu>



**PRINCIPAL**  
**Bharati Vidyapeeth**  
(Deemed to be University)  
**School of Physiotherapy**  
Sangli - 416 416.

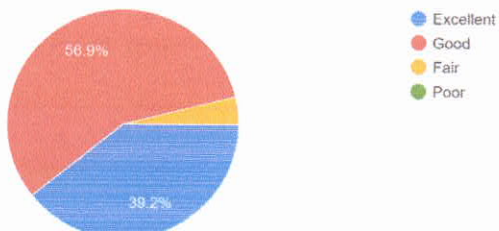




**BHARATI VIDYAPEETH**  
(DEEMED TO BE UNIVERSITY)  
**SCHOOL OF PHYSIOTHERAPY, SANGLI**

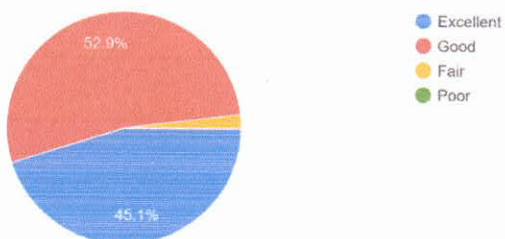
4. How would you rate the success of the event

51 responses



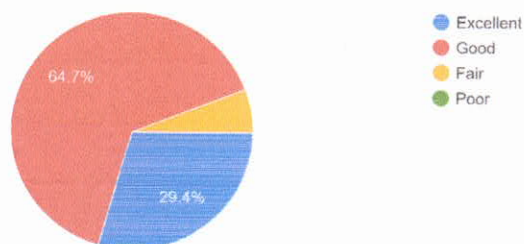
5. How would you rate content and quality of event

51 responses



6. How would you rate queries answered by the speaker

51 responses



Sangli – Miraj Road Sangli – 416 416 , Maharashtra  
Email : [sopt.sangli@bharatividyaapeeth.edu](mailto:sopt.sangli@bharatividyaapeeth.edu)

Tel No. : 0233-2601593/94/95 Ext.No. 228, 269  
Website : <http://soptsangli.bharatividyaapeeth.edu>

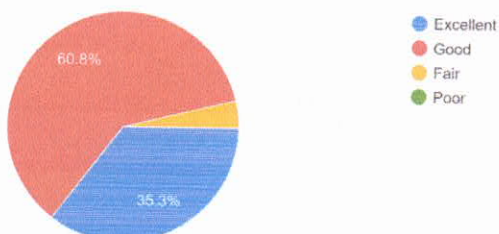


**PRINCIPAL**  
**Bharati Vidyapeeth**  
(Deemed to be University)  
**School of Physiotherapy,**  
**Sangli - 416 416.**

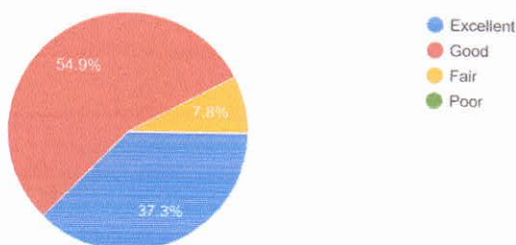


**BHARATI VIDYAPEETH**  
(DEEMED TO BE UNIVERSITY)  
**SCHOOL OF PHYSIOTHERAPY, SANGLI**

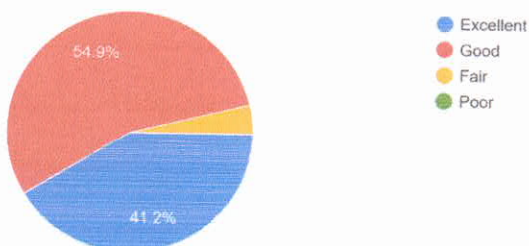
7. How would you rate the preparations of the speakers  
51 responses



8. How would you rate the knowledge obtained from event.  
51 responses

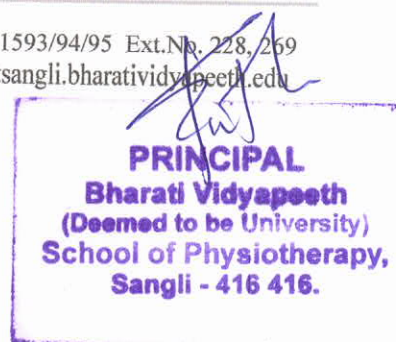


9. please write three words/ expression which describe event.  
51 responses



Sangli – Miraj Road Sangli – 416 416, Maharashtra  
Email : [sopt.sangli@bharatividyaapeeth.edu](mailto:sopt.sangli@bharatividyaapeeth.edu)

Tel No. : 0233-2601593/94/95 Ext.No. 228, 269  
Website : <http://soptsangli.bharatividyaapeeth.edu>



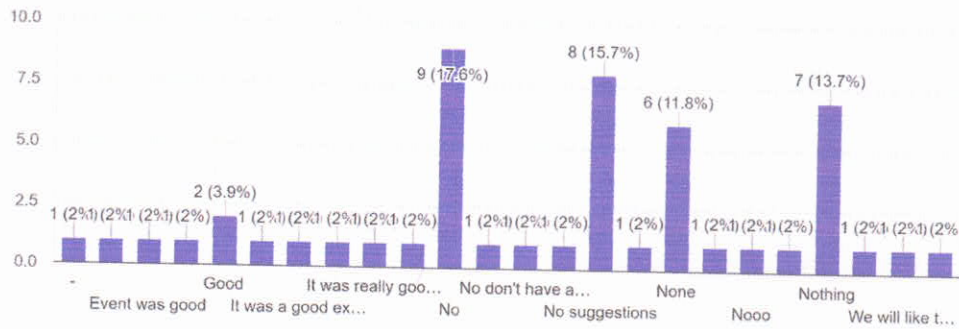




**BHARATI VIDYAPEETH**  
**(DEEMED TO BE UNIVERSITY)**  
**SCHOOL OF PHYSIOTHERAPY, SANGLI**

10. If any suggestion (please specify)

51 responses



Sangli – Miraj Road Sangli – 416 416 , Maharashtra  
Email : [sopt.sangli@bharativedyapeeth.edu](mailto:sopt.sangli@bharativedyapeeth.edu)

Tel No. : 0233-2601593/94/95 Ext.No. 228, 269  
Website : <http://soptsangli.bharativedyapeeth.edu>



**PRINCIPAL**  
**Bharati Vidyapeeth**  
**(Deemed to be University)**  
**School of Physiotherapy**  
**Sangli - 416 416.**