

Initiative on the occasion of World Physiotherapy Day to organize

an Awareness Talk and Special Brain-Gym Exercises



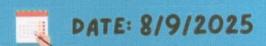


At:- SANV&DANA
OLD AG& MOM&



VENUE: SANVEDANA

OLD AGE HOME



TIME: 9 AM TO 12 PM



Date: 05/09/2025

Circular

On the occasion of **World Physiotherapy Day 2025**, the BVDU School of Physiotherapy, Sangli has organized an **Awareness Talk** and **Special Baignym Exercises** session for elderly individuals.

• Date: 08/09/2025

• Time: 9:00 a.m. onwards

Venue: Sanvedana Old Age Home, Vishrambag, Sangli

All are cordially invited to participate in the event and contribute to the noble cause of promoting healthy ageing through physiotherapy.

Copy to

1. Hon. Regional Director, B.V. (D.U.), Sangli

2. Dean, BV (DU) M.C.H, Sangli

3. Dy. Dean, BV (D.U.) M.C.H, Sangli

4. Medical Superintendent, B.V (D.U.) M.C.H, Sangli

5. Dy. Medical Superintendent, B.V (DU) M.C.H, Sangli

6. All Notice Boards (College and Department)

or. Sneha Katke

PRINCIPAL
Bharati Vidyapeeth
(Deemed to be University)
School of Physiotherapy,
Sangli - 416 416.

School of Physiotherapy



BHARATI VIDYAPEETH (Deemed To Be University) SCHOOL OF PHYSIOTHERAPY, SANGLI

Report on -" World Physiotherapy Day Celebration 2025"

Title of the Activity-" World Physiotherapy Day Celebration 2025"

Venue of the Activity- Sanvedana Old Age Home

Date of Activity- 8/9/2025

Duration of Activity- 10:30 am -1:00pm

Collaborating Agency- Sanvedana Old Age Home, Sangli

No. of Students Participated- 229

No. of Teachers Participated - 2

No. of Beneficiaries-229

Details of the Activity with Photographs-

On the occasion of World Physiotherapy Day 2025 with the theme Healthy Ageing, BV (DU) School of Physiotherapy, Sangli, proudly organized a meaningful outreach program at Sanvedana Old Age Home, aimed at promoting the importance of physiotherapy in elderly care. The event featured an insightful awareness talk led by faculty members, highlighting the role of physiotherapy in improving mobility, reducing pain, and enhancing overall quality of life for senior citizens. The session emphasized preventive care and encouraged active aging through therapeutic interventions tailored to the needs of the elderly.

In addition to the educational component, the celebration included engaging Braingym exercise sessions conducted by students, designed to stimulate cognitive function and physical coordination among the elderly. The collaborative effort between faculty and students not only provided health benefits but also fostered a spirit of compassion and community service. 50 elderly got benefitted from the event. The event was met with enthusiastic participation and heartfelt appreciation from the Sanvedana Old Age Home, whose support was instrumental in making the initiative a success.

The coordinators for the event were Dr. Aishwarya Wayadande (Associate Professor, BVDU SOP, Sangli). Vote of thanks was given by Dr. Sheetal Swamy (Associate Professor, BVDU SOP, Sangli)The event was successful under the guidance of Dr. Sneha Katke (Principal, (BVDU SOP, Sangli).

SangliMiraj Road Sangli-416 416. Maharashtra Tel No.:0233-2601593 94/95 Ext. No. 228, 269 Website: https://www.bvuniversity.edu.in/soptsangli/ Email:sopt.sangli@bharatividyapeeth.edu



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Impact of the Activity-

Community Engagement and Leadership

Active participation in the outreach initiative encouraged students to embrace roles in public health advocacy and community service, thereby nurturing leadership qualities and a commitment to societal well-being.

Applied Learning

Students were afforded the opportunity to translate theoretical knowledge into practical application by engaging directly with elderly individuals, thereby enhancing their clinical competence in physiotherapeutic interventions for age-related conditions.

Skill Development

Conducting Braingym exercises enabled students to refine their facilitation skills, particularly in promoting cognitive stimulation and physical coordination tailored to the geriatric population.

*Please tick the Criterion for the activity:

| Criterion I | Criterion II | Criterion III | Criterion IV |
|-------------|--------------|---------------|--------------|
| Criterion V | Criterion VI | Criterion VII | Link |

Event co-ordinator

School of Physiotherapy

Sangli

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Awareness Talk and Special Brain Gym Exercise









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Website: http://soptsangli.pharate.id/epeeth.edu

San



Date - 8/09/2025

AWARENESS TALK AND SPECIAL BAIGNYM EXERCISE

| Sr. NO. | STUDENT'S NAME |
|------------|------------------------------|
| 1 | AWALE PRANAV PRAVIN |
| 2 | BADIGER SANIKA KIRAN |
| 3 | BANDE AMEY UTTAM |
| 4 | BANKAR SAKSHI GORAKH |
| 5 | BARGIR ANAUM AYAZ |
| 6 | BHORE SRUSHTI AVINASH |
| 7 | BHOSLE ANUJA MAHESH |
| 8 | BHOSALE SAEE ATUL |
| 9 | BHOSALE SAMRUDDHI AMBADAS |
| 10 | BHOSALE SANCHITA SUDARSHAN |
| 11 | DABHOLE JANHVI PRAHLAD |
| 12 | EKUNDE VEDIKA VIJAY |
| 3 | GADHALE SAKSHI VITTAL |
| 4 | GAIKWAD NANDINI VIJAY |
| 5 | GARALE PRUTHVIRAJ SUBHASH |
| 6 | GHADGE AKASH INDRAJEET |
| 7 | GOLE SANIKA UDAY |
| 8 | GONDHALEKAR SHRUSHTI SANTOSH |
| 9 | GOWARI BHOOMIKA SUNIL |
| 0 | HARAWADE VALLARI SUDESH |
| | HINDURDE PRERANA SUBHASH |
| ; | INGLE RAJ JAY |
| 3 | JADHAV ASMITA PRAKASH |
| 1 | JADHAV SAYLEE UTTAM |
| | JANVEKAR RIYA SANJAY |
| , | KADAM PIYUSHA SANTOSH |
| 7 | KADAM PRANITA HARMANT |
| | KADAM PRITAM SANTOSH |
| | KAKLIJ OM RAJENDRA |
| | KALE SHREETEJ PIRAJI |

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| 31 | KHARADE SUYASH DATTA |
|----|---------------------------|
| 32 | KOKATE ATHARVA SAMBAJI |
| 33 | KOLI ANURADHA SAMBAJI |
| 34 | KOSHTI YASH CHANDRAKANT |
| 35 | KUSHTE OVI CHETAN |
| 36 | LENGURE OM SANJAY |
| 37 | MALI VISHAL MURLIDHAR |
| 38 | MASKAR MANASI MARUTI |
| 39 | MHETRE ATHARVA SACHIN |
| 40 | MORE ADITYA DILIP |
| 41 | MOTE GRISHMA BHAUSAHEB |
| 42 | MOTE SANIKA JALINDAR |
| 43 | MULAKE ADITYA DILIP |
| 44 | NALAWADE SNEHAL BAPUSO |
| 45 | NALAWADE VIRAJ VIJAYSINH |
| 46 | NIKHARE VARSHITA GIRISH |
| 47 | PATIL PRANJALEE AMAR |
| 48 | PATIL SAMRUDDHI ASHITOSH |
| 49 | PATIL SHRAVANI RAJAN |
| 50 | PUDALE SHREYA VIKASRAO |
| 51 | RAUT JIGISHA DILIP |
| 52 | SALI BRID SANTOSH |
| 53 | SALUNKHE GAYATRI PRAKASH |
| 54 | SHAHA SHREYASH PRITAM |
| 55 | SHENDGE VALLABH BALASAHEB |
| 56 | SHIKALKAR HASIBA SAMSHER |
| 57 | SIRSAT SIDDHANT PREMCHAND |
| 58 | TIKUTE RAVIKESH BALU |
| 59 | VALLAKATI VEDIKA SANDEEP |
| 60 | MAHALKAR ONKAR SHIVAJI |
| | |

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| 61 | AHER PRUTHVIRAJ JAYSING |
|----|-------------------------------|
| 62 | ALMALE NISHANT CHANDRASHEKHAR |
| 63 | ALOLI ATHRVA BHIMRAO |
| 64 | ALTEKAR SUJAL SANJAY |
| 65 | AUNDHKAR VARAD YUVRAJ |
| 66 | BANDAL DIKSHA YOGESH |
| 67 | BAPAT AMOD PARAG |
| 68 | BHOKARE MRUNAL MINANATH |
| 69 | BIRADAR ADITYA MALLIKARJUN |
| 70 | CHAUDHARI SHIVLING DATTATRAY |
| 71 | DALVI ADITI UDAY |
| 72 | DEVAKATE ATHARVA ADHIKRAO |
| 73 | DHADWAD SURAJ RAVINDRA |
| 74 | GAVADE SANKALPANA KRUSHNDEV |
| 75 | GURAV PRANAV RAJENDRA |
| 76 | HALAKE VAISHNAVI VIJAY |
| 77 | HUWALE AMRAPALI ANKUSH |
| 78 | INGLE SNEHA SURYAJIT |
| 79 | IRALE SANIYA SANDIP |
| 80 | JAIN GAURAV NITIN |
| 81 | JOSHI SOHAM DHANANJAY |
| 82 | JOSHI VEDIKA RAMKISHOR |
| 83 | KADAM ISHITA AMOL |
| 84 | KALE KUNAL LAXMAN |
| 85 | KHOSE VAIBHAVI PRATAP |
| 86 | KORE AMOL ANNASAHEB |
| 87 | KUDALE SANDESH SUDHIR |
| 88 | KUMAVAT ANJALIKUMARI RAJKUMAR |
| 89 | LABADE SNEHAL SHAHAJI |
| 90 | LAMKANE MAYURI LAXMAN |

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| 91 | LOKHANDE SRUSHTI MALHARI |
|-----|-----------------------------------|
| 92 | MANE ABHISHEK SANTOSH |
| 93 | MARJE SANSKRUTI SANJAY |
| 94 | MASAL VAISHNAVI VILAS |
| 95 | MHAPSEKAR BHOOMI NANDU |
| 96 | MUJAWAR TASDIKA DILAWAR |
| 97 | MULLA MAHAMADSAIF MUNIR |
| 98 | MUNSE VAISHNAVI VIJAY |
| 99 | PARTHE DIYA SHANKAR |
| 100 | PATAIT ANAS MUDDASIR |
| 101 | PATIL VAIBHAVI DAYANAND |
| 102 | PAWAR ASHLESHA UMAKANT |
| 103 | POKALE MITALI UMESH |
| 104 | RATHORE KULDEEPSINGH BHOOPATSINGH |
| 105 | RODE SAKSHI DATTATRAY |
| 106 | RUKADIKAR JANHAVI HEMCHANDRA |
| 107 | SALUNKHE SANTOSH SANJAY |
| 108 | SANKPAL SHRAVANI SUNIL |
| 109 | SAYYAD MOHAMMAD SAAD SHAFIULLA |
| 110 | SHAIKH AYESHA ALTAF |
| 111 | SHARIKMASLAT ASADULLAH HUSEN |
| 112 | SHINDE ASHISH GORAKH |
| 113 | SHINDE SHREYA SANJIVKUMAR |
| 114 | SHINDE SIDDHI CHANDRAKANT |
| 115 | SNEHA KUMARI |
| 116 | SOHANI SAI ABHIJIT |
| 117 | SULEMAN IQBAL BAGWAN |
| 118 | SUTAR SANSKAR DHONDIRAM |
| 119 | THORAT GAYATRI BALASAHEB |
| 120 | ZENDE DEEPANJALI RAMDAS |

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| 121 | AMBEKAR ADITYA GANESH |
|-----|--------------------------------|
| 122 | ANGAJ RIYA PRAKASH |
| 123 | AWASARKAR KASTURI KIRAN |
| 124 | BHALERAO SAKSHI BALSHIRAM |
| 125 | BHATTAD NITYA LAXMIKANT |
| 126 | BHOJANI REHMAT MOHOMADBAKAR |
| 127 | CHINCHKAR GAYATRI SANJEEVKUMAR |
| 128 | DHAVANE TANISHA PRABHAKAR |
| 129 | DIGHE VEDIKA BHAUSAHEB |
| 130 | GOGAVALE OM SUBHASH |
| 131 | HAJARE VYANKTESH SANJAY |
| 132 | HAKE SHARYU MARUTI |
| 133 | INAMDAR ARSHIYA MOHAMMAD |
| 134 | JADHAV ONKAR SATISH |
| 135 | JADHAV SHRADHA HAVIL |
| 136 | JAGTAP ISHWARI MUKUND |
| 137 | JAMADADE SUMIT VIRENDRA |
| 138 | JAMANE ADITYA ANIL |
| 139 | KADAM MADHURA GANESH |
| 140 | KALE AYUSHMA RAJENDRA |
| 141 | KAMBLE SHREYAS SHASHIKANT |
| 142 | KANTODE MRUNALI RAJENDRA |
| 143 | KATKAR VEDANTIKA RAVINDRA |
| 144 | KAVADE VISHAKHA RAJESH |
| 145 | KELGANE MANSI ANKUSH |
| 146 | KESARE VAIBHAVI RAVINDRA |
| 147 | KHADILKAR SMRUTI MAYUR |
| 148 | KULKARNI SAISH SANDEEP |
| 149 | LANDAGE SHRUTI ANIL |
| 150 | MAHADIK SHUBHAM PRAVIN |
| 151 | MANGALWARE MOHAMMADALI YUNUS |
| 152 | MARGAL AAKANKSHA VITTHAL |
| 153 | MASALI ZUHA ASLAM |

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| 154 | NAIK SANSKRUTI RAMCHANDRA |
|-----|---------------------------------|
| 155 | NAIK SRUSHTI ISHWAR |
| 156 | NAIKWADI DIPALI NAMDEV |
| 157 | NALE BHAKTI KRISHNA |
| 158 | PARLEKAR NITYASHREE SAMPATRAO |
| 159 | PATIL ATHARV POPAT |
| 160 | PATIL MAYURESH SANJAY |
| 161 | PATIL VEDIKA MOHAN |
| 162 | PAWAR PRATHAMESH MACHHINDRA |
| 163 | PAWAR RIYA RAVINDRA |
| 164 | PHADNIS AYUSH NITIN |
| 165 | RANMALE GAURAV KIRAN |
| 166 | RAUT VAIBHAV DATTATRAYA |
| 167 | SALUNKHE SHIVTEJA DHAIRYASHIEEL |
| 168 | SAMAL DHARITRI PRAMODKUMAR |
| 169 | SHAH DEEPTI NIPUL |
| 170 | SHELKE SATYAM VIKRAM |
| 171 | SHINDE PRATIK BAPU |
| 172 | SHINDE SAKSHI PRAVIN |
| 173 | SHINDE SHREYAS KIRAN |
| 174 | SINHA RUPALI HARENDRA |
| 175 | TIRTHAKAR PRADNYA DAYANAND |
| 176 | VATHARE KARAN SURESH |
| 177 | WALKE DNYANESHWARI RAJENDRA |
| 178 | YADAV HIMANI DHANIRAM |
| 179 | KHAN ABDURRAHIM ABDULREHMAN |
| 180 | CHAVAN ABHISHEK SUNIL |
| 181 | MOHITE JAYKUMAR MOHAN |

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| 182 | BANGI AMINA NADIM |
|-----|------------------------------|
| 183 | BHADAVANKAR DIYA SUNIL |
| 184 | DABADE NIKITA AMAR |
| 185 | DESHPANDE ARYAN AMRUT |
| 186 | DOSHI JHALAK ALPESH |
| 187 | DOSHI NIRJARA VIRKUMAR |
| 188 | FARAKATE PRIYANSHU AMAR |
| 189 | GAJANNAVAR HARSHAD SANJAY |
| 190 | GURAV SOHAM BABASAHEB |
| 191 | JADHAV SONALI DILIP |
| 192 | JADHAV TANVI SANDEEP |
| 193 | KADU SHRADDHA SANJAY |
| 194 | KAGWADE PAARUL SANJAY |
| 195 | KALE VISHAKHA VIJAY |
| 196 | KAMBLE SURAJ SUDHIR |
| 197 | KARMALKAR ARPITA PRASHANT |
| 198 | KASHID TANMAY DATTATRAYA |
| 199 | KHADATARE SEJAL SANJAY |
| 200 | KHADILKAR SIDDHARTH MAKARAND |
| 201 | KHARKANDE SHARDUL SANDEEP |
| 202 | KULKARNI SARTHAK NITIN |
| 203 | KULKARNI SAYALI PRASAD |
| 204 | KUMBHAR SAMRUDHI SANDEEP |
| 205 | KUSNALE INDRAJIT SANJAY |
| 206 | LATKAR POOJA BHADRAYU |
| 207 | MADIWAL HRISHITA AMOL |
| 208 | MAHAJAN MOKSHA SHAILESH |
| 209 | MANE KRANTI MAHADEV |
| 210 | MUSHRIF MOIN ASLAM |
| 211 | MUNDE ADITI WASUDEO |
| 212 | PANDHARE PRANAY PRAVIN |

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| 213 | PARIT POOJA SACHIN | |
|-----|---------------------------|--|
| 214 | PARKAR FATIMA ASIF | |
| 215 | PATIL RIDDHI PRAVIN | |
| 216 | PATIL SANIKA ARUN | |
| 217 | PATIL VAISHNAVI PRAKASH | |
| 218 | PAWALE PRATIKSHA SANJAY | |
| 219 | PAWAR SAKSHI MAHESH | |
| 220 | PAWAR SHRUTI SHRIKANT | |
| 221 | POTDAR SHUBHANGI SHIVDAS | |
| 222 | PUNWATKAR VARUN ANIL | |
| 223 | SARKALE ADITYA AMOD | |
| 224 | SHAH TANISHA PRASHANT | |
| 225 | SHINDE SAKSHI PRASAD | |
| 226 | SURYAWANSHI SAKSHI RAMESH | |
| 227 | TAKANE PRADNYA RAJENDRA | |
| 228 | TAMBOLI DIYA RAFIK | |
| 229 | YADAV PRADYUMNA DEVKUMAR | |

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Feedback Form

Date- 8/9/2025

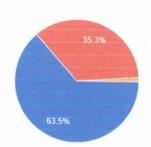
Name of Event: WORLD PHYSIOTHERAPY DAY

1. How would you rate the overview of the event.
229 responses

70.6%

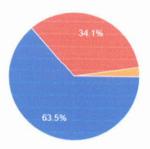


2. How would you rate the interaction between you and the speaker





3. How would you rate the arrangements of the event 229 responses





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 $x = (Y_1, \dots, Y_n)$

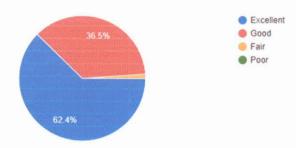


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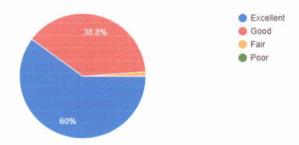
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4. How would rate the success of the event

229 responses

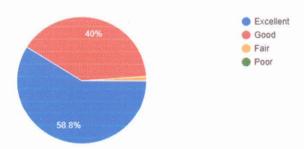


5. How would you rate content and quality of event 229 responses



6. How would you rate queries answered by the speaker

229 responses



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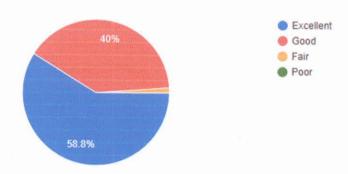


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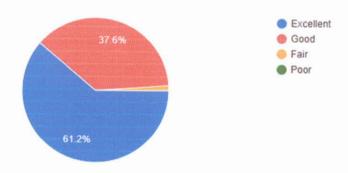
7. How would you rate the preparations of the speakers

229 responses



8. How would you rate the knowledge obtained from event.

229 responses



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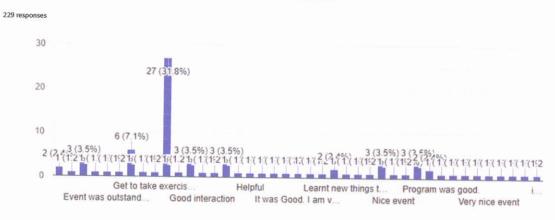
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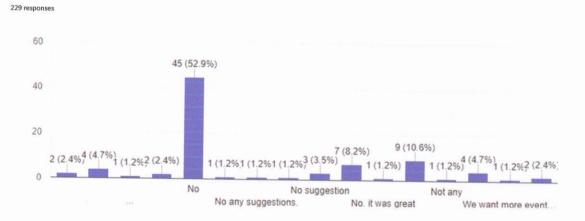
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9. please write three words/ expression which describe event.



10. If any suggestion (please specify).



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