

REPORT

6 Days Training of Trainers Programme (09/02/2026 to 14/02/2026)

National Reference Simulation Centre (NRSC)

BVV Sangha, Navanagar, Bagalkote.

1. Introduction

The National Reference Simulation Centre (NRSC), Navanagar, Bagalkote, conducted a **6-day Simulation Based Education (SBE) Training of Trainers (ToT) Programme**. The training aimed to strengthen faculty competency in simulation-based teaching methodologies, scenario design, debriefing techniques, assessment strategies, and effective facilitation skills.

The programme focused on developing participants into competent simulation educators capable of implementing high-quality simulation sessions in their respective institutions.

2. Objectives of the Programme

The training programme was designed to:

- Enhance understanding of Simulation Based Education (SBE)
- Develop skills in OSCE and checklist preparation
- Train faculty in Peyton's model for skill acquisition
- Strengthen debriefing skills (Art of Debriefing)
- Promote critical thinking and decision-making approaches
- Train participants in simulation scenario design
- Familiarize participants with task trainers and medical devices
- Improve advocacy and inquiry questioning skills
- Prepare trainers to independently conduct simulation sessions

3. Day-wise Summary of Activities

Day 1: Foundations of Simulation and Skill Acquisition

Key Sessions Conducted:

- Registration and Pre-test
- Introduction of participants and expectation setting
- Circle of learning
- Concept of OSCE and checklist preparation
- Homework assignment for checklist development
- Moulage on skill acquisition based on Peyton's model
- Grey's anatomy session
- Practice of skill acquisition using Peyton's model
- Simulation lab tour
- Faculty debriefing

Outcome:

Participants gained foundational knowledge of simulation pedagogy, OSCE structure, and hands-on exposure to skill training techniques.

Day 2: Adult Learning and Case-Based Simulation

Key Sessions Conducted:

- Recap and reflection on checklist preparation
- Principle of adult learning
- Being non-judgmental in facilitation
- Critical thinking and decision making
- Moulage on case study
- Case studies in groups (continuous sessions)
- Orientation to task trainers and medical devices
- Faculty debriefing

Outcome:

Participants enhanced their understanding of adult learning principles and developed competency in group-based case simulation and critical thinking facilitation.

Day 3: Simulation Methodology and Debriefing**Key Sessions Conducted:**

- Recap and reflection on case study
- Simulation methodology
- Demonstration of simulation session video
- Art of debriefing
- Labeling emotions
- Simulation session
- Advocacy and inquiry question framing
- Designing a simulation scenario
- Faculty debriefing

Outcome:

Participants developed strong debriefing skills and learned structured questioning techniques (advocacy-inquiry). They practiced designing simulation scenarios effectively.

Day 4: Simulation Practice Sessions**Key Sessions Conducted:**

- Reflection and group division
- Simulation Session 1
- Simulation Session 2
- Simulation Session 3
- Engage & Energize session
- Faculty debriefing

Outcome:

Participants actively conducted and participated in multiple simulation sessions, improving facilitation confidence and teamwork.

Day 5: Advanced Simulation Practice

(Based on training structure continuation)

Activities Included:

- Multiple structured simulation sessions
- Debriefing practice
- Peer feedback
- Faculty observation and mentoring

Outcome:

Participants demonstrated improved leadership in conducting simulation scenarios and structured debriefing discussions.

Day 6: Consolidation and Evaluation**Key Sessions Conducted:**

- Reflection of previous day
- Simulation Session 7
- Participants' perspectives
- Reviewing of action plan
- Post-test
- Evaluation of training programme
- Valedictory session

Outcome:

Participants reflected on their learning journey, formulated action plans for implementation in their institutions, and completed post-training evaluation.

4. Teaching-Learning Strategies Used

- Interactive lectures
- Small group discussions
- Video demonstrations
- Hands-on simulation practice
- Role play and moulage
- Scenario designing workshops
- Structured debriefing
- Peer feedback
- Reflection sessions

5. Evaluation Methods

- Pre-test and Post-test
- Faculty observation
- Peer assessment
- Participation in simulation sessions
- Action plan submission
- Programme evaluation feedback

6. Overall Outcomes of the Programme

By the end of the 6-day ToT programme, participants were able to:

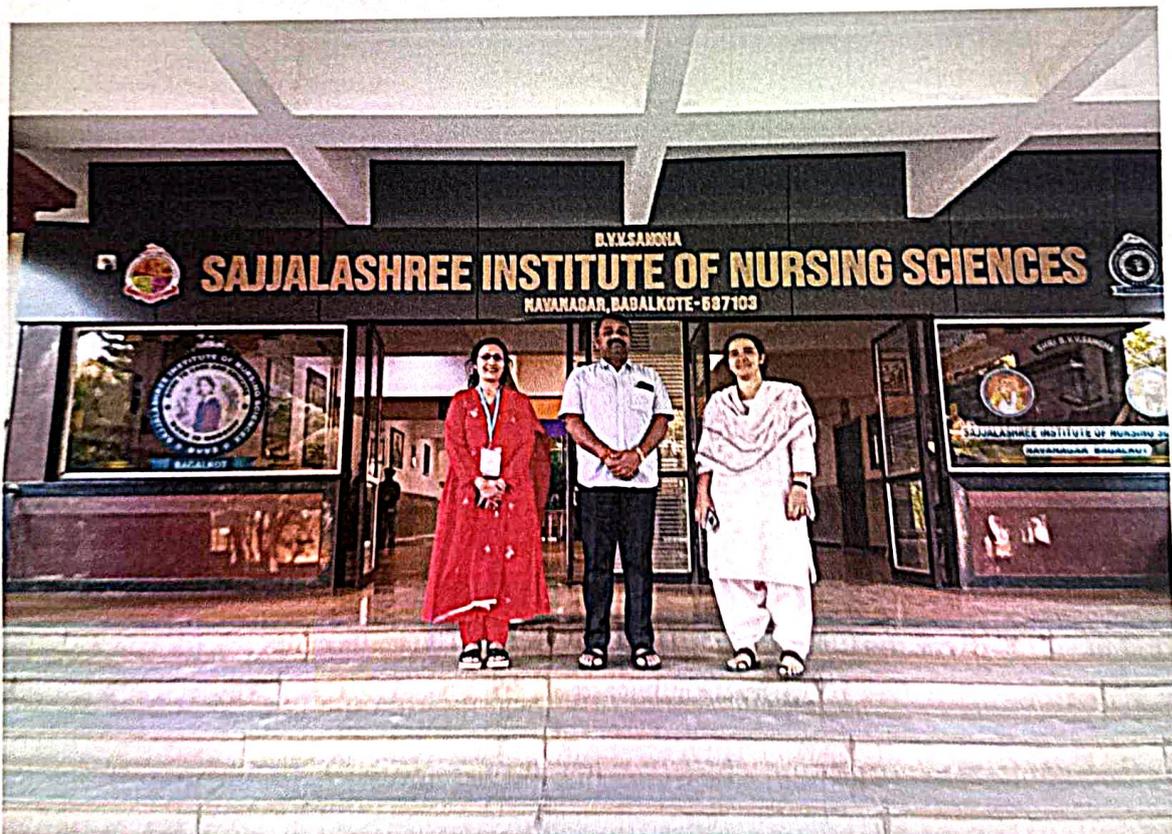
- Design structured simulation scenarios
- Prepare OSCE checklists
- Conduct simulation sessions effectively
- Apply Peyton's model for skill teaching
- Facilitate debriefing using advocacy-inquiry technique
- Promote critical thinking in learners

- Maintain a psychologically safe learning environment
- Develop institutional action plans for SBE implementation

7. Conclusion

The 6-day NRSC Training of Trainers Programme at Navanagar, Bagalkote, was comprehensive, interactive, and skill-oriented. The programme successfully strengthened faculty competencies in simulation-based education and prepared them to function as independent simulation trainers in their respective institutions.

The structured progression from foundational concepts to independent simulation facilitation ensured effective learning and skill development. The valedictory session marked the successful completion of the programme, with participants expressing confidence in implementing SBE practices.













B.V.V. Sangha
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 (A Unit of Sajjalashree Institute of Nursing Sciences)
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Prave

Shree
(Mrs. Shai'ba Mathew)

Prave
I/C PRINCIPAL
Bharati Vidyapeeth
(Deemed to be University)
College of Nursing, Bangalore-560033