

Educational Qualifications				
Year	Institute	University/Board	Qualification	Percentage
2022	Symbiosis International University	SIU	Ph.D(Health sciences)	Registration done
2011	Kasturba Medical College Mangalore	Manipal University	Final M.P.Th(orthopaedic sports rehabilitation)	66.8%
2008	Sancheti College of Physiotherapy,Pune	Maharashtra University of Health Sciences, Nashik.	Final B.P.Th	65.8%
2003	RajrsheeShahu College, Latur	Maharashtra Board	12 th H.S.C.	85%
2001	Godavari Devi LahotiKanyaVidyalay, Latur	Maharashtra Board	10 th S.S.C.	87.34%

PROFESIONAL WORK EXPERIENCE

Clinical experience:

1. Sanvedana school for cerebral palsy, Latur.- July 2011 to November 2011.
2. ICU Physiotherapist at Planet hospital Latur- March 2009 to June 2009 and July 2011 to Nov 2011.

Academic experience

1. Previously was working as Assistant Professor at M.A. Rangoonwala College of Physiotherapy, Pune- From June 2014.

Post	Years of Experience	Letter no
Assistant Professor	25 th March 2014 to 31 st Aug 2019 (5yrs 5months 6days)	MUHS/UG/E6/2203221/586
Associate Professor	1 st sept 2019 to current I.e. 25 th dec 2022 (3yrs 3moths 25days)	MUHS/UG/E-6/162104/1653
PG Teacher	22 nd nov 2021	MUHS/PG/E-6/2233

Total Years of experience UG 9yrs 2 Months

PG 1yr 1month

Responsibilities Handled

1. Academic Coordinator for second Year B.P.Th Batch2014 till Date
2. Students forum co-coordinator, in charge of quiz section at state level conference (Scientifica 2015)
3. Guide for Final Year B.P.Th and Intership projects.
4. University approved PG. Teacher
5. Staff Representative at LMC(local members committee)
6. Coordinator for co-curricular and value added activities.
7. Member of BORS as well as Ethics committee

PAPERS PRESENTED/ PUBLISHED

1. Screen time evaluation, association with obesity, and cardiorespiratory fitness among children aged 10–12 years. Indian Journal of Child Health. 2019:361-4.

2. To compare the effect of foam roller with static stretching and static stretching only on hamstring muscle length in football players. International Journal of Yoga, Physiotherapy and Physical Education. Volume 4; Issue 5; September 2019; Page No. 11-15
3. Effect of core stability exercises on low back pain and disability in mother's of cerebral palsy IJPOT Accepted.
4. Comparing the effect of fast tempo music and slow tempo music during aerobic exercise on cardiovascular endurance in Overweight adolescents. IJCRR Accepted.
5. Effect of suryanamaskar on stress levels in ss students. Indian journal of public health research & development
6. Comparative effect of lower limb and abdominal isometric exercises and yoga poses on primary dysmenorrhea. S. Agre, r agrawal, am zehra indian journal of public health 12 (4), 357
7. Paper published in Scientifica 2015 in innovation section. (virtual Goniometer)
8. Paper Presentation at state level MUHS conference Avishkaar in 2015

Achievements

1. Received **1st rank (senior category in MSK)** at national level conference "National Research Conference of Physiotherapy Teachers" organized by Dr. Vitthalrao Vikhe patil Foundation's College of physiotherapy, Ahamadnagar in 2020

Workshops attended

1. Workshop on basic teaching technology by MUHS, Nashik, (2015). Contact hours: 8
2. Workshop on Advanced teaching technology by MUHS, Nashik, (2016)
3. Dry Needling Workshop By Dr. Prkash Shroff (2016)
4. Workshop on Shacklock Neurodynamics: upper and lower Quadrants (2019) by Dr. Kiran Challagundala. Contact hours: 32
5. Research methodology workshop in coursework of Phd.
6. EMG, NCV workshop 2020 by Dr. Nehal shah contact hours: 32

7. Workshop on basic research methodology by MUHS March 2021
8. Workshop on Advanced Research methodology by MUHS August 2021

Workshops Organized

1. Spinal cord injury rehabilitation workshop by Dr. Uthara Mohan in October 2022.