

BHARATI VIDYAPEETH (Deemed to be University)

School Of Physiotherapy, Sangli

DEPARTMENT OF SPORTS SCIENCE PHYSIOTHERAPY

HANDS ON KINESIO THERAPEUTIC TAPING (BASIC)



Dr. Sachin Shetti, MPT (MSK & SPORTS)

- Fellowship in Radiology Certificate for Physiotherapist (FRCPT).
- Certified Kinesiology Taping (KTAI USA).
- BAREFOOT Rehab Specialist (BRxS) Master Instructor (EBFA- USA).
- Dry Needling Practitioner Manual Therapist.

Asso. Professor, HOD(clinical) Bharati Vidyapeeth(DU) School of Physiotherapy, Sangli Director S2 Spine & Sports Physiotherapy Clinic, Sangli

COURSE INCLUDE

- Basic taping techniques (TH & Pr)
- 1 Tape Roll
- Certificate
- Study material
- Lunch & High Tea

REGISTRATION FEES :-1200/- ONLY

SCAN TO REGISTER

Register Now >

Only 40 seats Available



April 4, 2026



9:00 AM TO 4:00 PM



BHARATI VIDYAPEETH (Deemed to be University)
School Of Physiotherapy, Sangli

Contact:- **Dr.Shraddha (86008 98265)**
Dr.Vaishnavi (70289 32165)



**BHARATI VIDYAPEETH (DEEMED TO BE UNIVERSITY)
SCHOOL OF PHYSIOTHERAPY, SANGLI**

CIRCULAR

Date: April 1, 2026

All faculty members, interns, and students are hereby informed that the **Department of Sports Science Physiotherapy** is organizing a one-day hands-on workshop titled "**Kinesio Therapeutic Taping (Basic)**".

This workshop is designed to provide participants with essential theoretical and practical skills in kinesiography taping, led by renowned expert **Dr. Sachin Shetti** (MPT MSK & Sports).

Workshop Details:

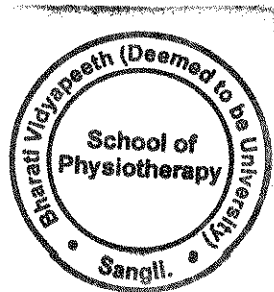
- **Resource Person:** Dr. Sachin Shetti (Fellowship in Radiology, Certified Kinesiology Taping - KTAI USA)
- **Date:** April 4, 2026
- **Time:** 9:00 AM to 4:00 PM
- **Venue:** Bharati Vidyapeeth (DU) School of Physiotherapy, Sangli
- **Registration Fees:** ₹1200/- only

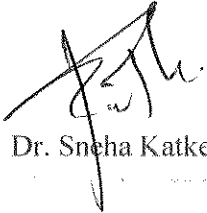
Inclusions:

- Basic taping techniques (Theory & Practical)
- 1 Tape Roll per participant
- Certificate of participation
- Study material
- Lunch & High Tea

Copy to

1. Hon. Regional Director, B.V. (D.U.), Sangli
2. Dean, BV (DU) M.C.H, Sangli
3. Dy. Dean, BV (D.U.) M.C.H, Sangli
4. Medical Superintendent, B.V (D.U.) M.C.H, Sangli
5. Dy. Medical Superintendent, B.V (DU) M.C.H, Sangli
6. All Notice Boards (College and Department)




Dr. Sneha Katke

PRINCIPAL
Bharati Vidyapeeth
(Deemed to be University)
School of Physiotherapy,
Sangli - 416 416.



**BHARATI VIDYAPEETH (Deemed To Be University)
SCHOOL OF PHYSIOTHERAPY, SANGLI**

“Hands-on Workshop on “Kinesio Therapeutic Taping (Basic)””

Title of the Activity: Hands-on Workshop on “Kinesio Therapeutic Taping (Basic)

Venue of the Activity- Bharati Vidyapeeth (Deemed to be University), School of Physiotherapy, Sangli

Date of Activity- 04/04/2026

Duration of Activity- 9:00 AM to 5:00 PM

Collaborating Agency- Nil

No. of Students Participated- 42

No. of Teachers Participated - 2

No. of Beneficiaries- 44

Details of the Activity with Photographs-

Bharati Vidyapeeth Deemed University (BVDU) School of Physiotherapy, Sangli, Department of Sports Science Physiotherapy, organized a "Hands on Kinesio Therapeutic Taping (Basic)" workshop on April 4, 2026. The workshop aimed to provide participants with comprehensive training in basic kinesio therapeutic taping techniques, combining theoretical knowledge with practical application. The resource person for the workshop was **Dr. Sachin Shetti, MPT (MSK & Sports)** Associate Professor and HOD (Clinical) Bharati Vidyapeeth (DU) School of Physiotherapy, Sangli. The workshop was designed to equip attendees with a thorough understanding of the principles and methods involved in kinesio therapeutic taping, ensuring they could confidently apply these techniques in clinical and sports settings. The sessions were thoughtfully structured to strike an optimal balance between conceptual learning—covering topics like tape properties, biomechanical effects, and indications/contraindications—and immersive hands-on practice.

The coordinator for the event was Dr. Shraddha (Assistant Professor, BVDU SOP Sangli) & Dr. Vaishnavi (Assistant Professor, BVDU SOP Sangli). The event was successful under the guidance of Dr. Sneha Katke (Principal, BVDU SOP, Sangli).



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Impact on Students

Enhanced Practical Skills: Students gained hands-on expertise in basic kinesio therapeutic taping techniques, enabling confident application in clinical and sports settings for injury management and rehabilitation.

Improved Theoretical Understanding: The workshop bridged concepts like tape biomechanics, indications, and contraindications with real-world practice, deepening knowledge.

Boosted Confidence and Competence: Through interactive sessions and personalized feedback, participants developed self-assurance to integrate kinesio taping into patient care and sports performance enhancement.

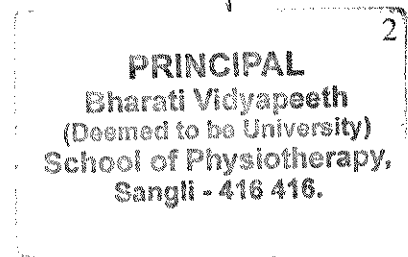
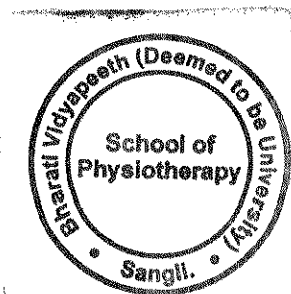
Professional Development: Exposure to current guidelines and case simulations prepared students for advanced roles in musculoskeletal and sports physiotherapy, fostering career readiness and research interest.

***Please tick the Criterion for the activity:**

Criterion I	Criterion II	Criterion III	Criterion IV
Criterion V	Criterion VI	Criterion VII	Link

Event co-ordinator

Principal

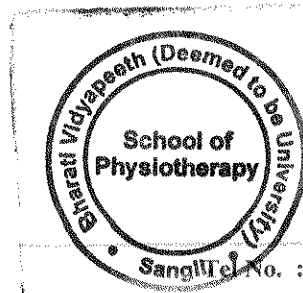




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SCHOOL OF PHYSIOTHERAPY, SANGLI

Hands on Kinesio therapeutic Taping Workshop



[Signature]
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School of Physiotherapy,
Sangli - 416 416.

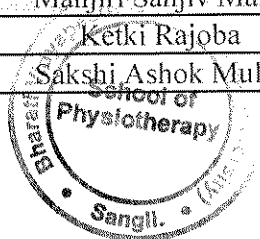
Sangli – Miraj Road Sangli – 416 416 , Maharashtra

Email : sopt.sangli@bharatividyaapeeth.edu

Website : <http://soptsangli.bharatividyaapeeth.edu>

**RATI VIDYAPEETH (DEEMED TO BE UNIVERSITY)****SCHOOL OF PHYSIOTHERAPY, SANGLI.****KINESIO THERAPEUTIC TAPING (4/04/2026)**

Sr. No.	NAMES
1	Pradnya Rajendra Takane
2	Shraddha Sanjay Kadu
3	Sakshi
4	Pooja Sachin Parit
5	Jhalak Aplesh Doshi
6	Siddharth makarand khadilkar
7	Sarthak Neha Nitin Kulkarni
8	Aditya Amod Sarkale
9	Sayali Prasad Kulkarni
10	Pooja Bhadrayu Latkar
11	Vaishnavi Sweekar Patil
12	Pratiksha Sanjay Pawale
13	Shardul kharkande
14	Amina Nadim Bangi
15	Aditi wasudeo munde
16	Tanmay Dattatraya Kashid
17	Pradyumna Devkumar Yadav
18	Arpita karmalkar
19	Fatima Asif Parkar
20	Diya Sunil Bhadavankar
21	Sonali Dilip Jadhav
22	Varun Anil Punwatkar
23	Isha sahil shah
24	Gauri Balasaheb Thombare
25	Sneha Sandeep Apte
26	Hindavi Salunkhe
27	Mrunmai Jitendra Bhosale
28	Purnima Shinde
29	Sakshi amol Mali
30	Anisha Lanjekar
31	Gaurav Sanjeev Mangale
32	Srushti Suresh Kurlle
33	Metwi Mehul Vasa
34	Jaiee Sanjay Kapare
35	Chinmayee Govind Kulkarni
36	Neha Chavan
37	Janvi yeskar
38	Mrunali Mohite
39	Kanak Davari
40	Manjiri Sanjiv Mane
41	Keeki Rajoba
42	Sakshi Ashok Mulik



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Sangli, 4/04/2026



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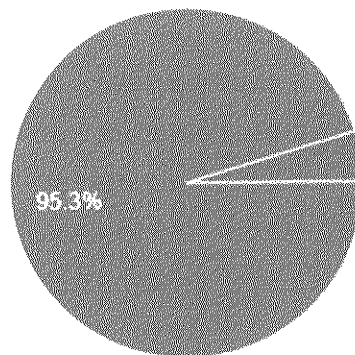
Feedback Form

Date-04/04/2026

Name of Event: Workshop on Taping

1.How would you rate the overview of the event.

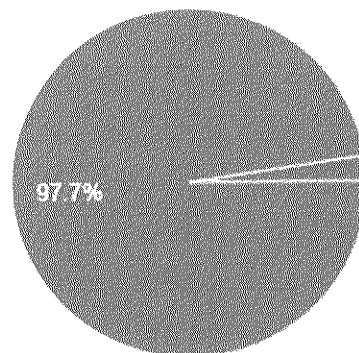
43 responses



- Excellent
- Good
- Fair
- Poor

2.How would you rate the interaction between you and the speaker

43 responses



- Excellent
- Good
- Fair
- Poor



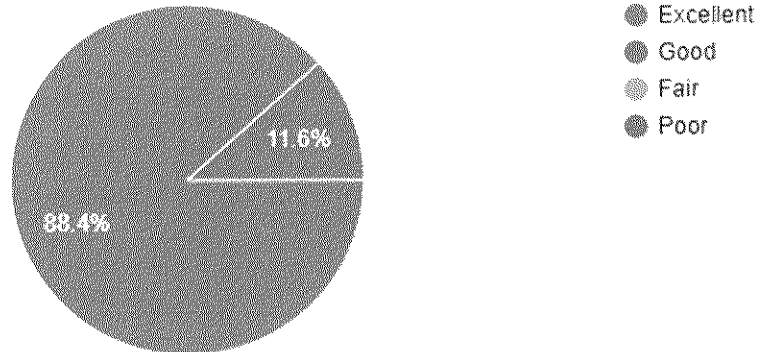
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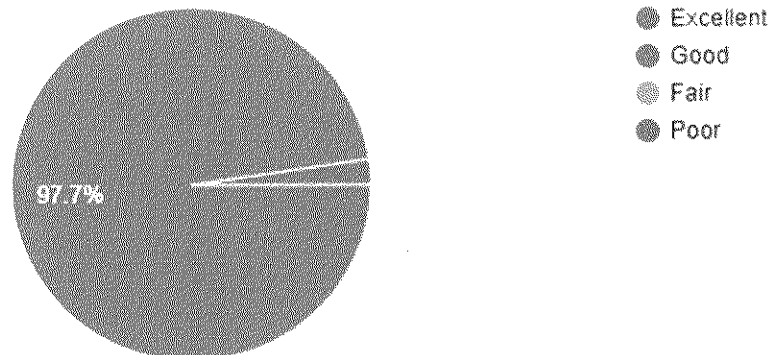
3.How would you rate the arrangements of the event

43 responses



4.How would rate the success of the event

43 responses





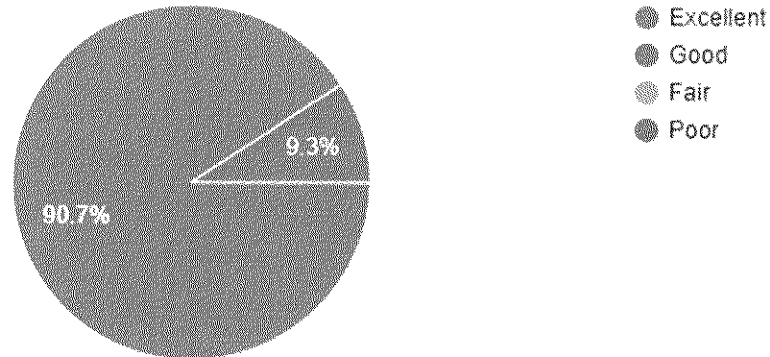
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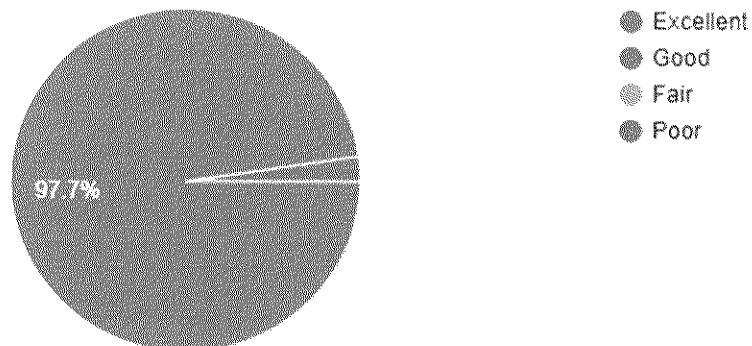
5. How would you rate content and quality of event

43 responses



6. How would you rate queries answered by the speaker

43 responses





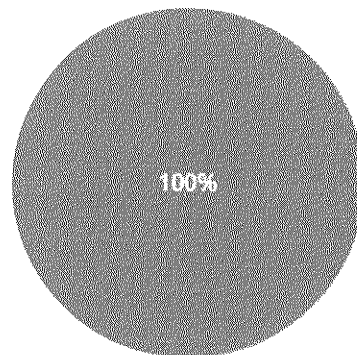
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7. How would you rate the preparations of the speakers

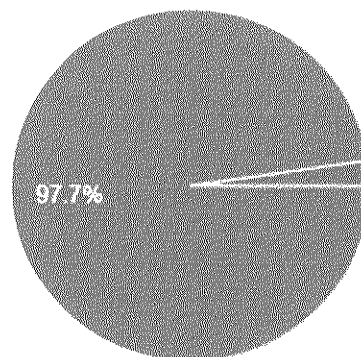
43 responses



- Excellent
- Good
- Fair
- Poor

8. How would you rate the knowledge obtained from event.

43 responses



- Excellent
- Good
- Fair
- Poor



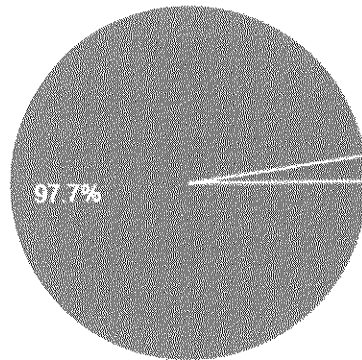
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9. please write three words/ expression which describe event.

43 responses



- Excellent
- Good
- Fair
- Poor



PRINCIPAL

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