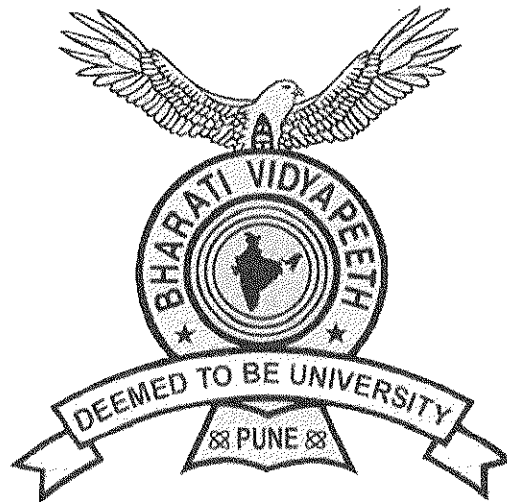


WESTERN HILLS

SPORTS & FITNESS

1000 METERS RUGBY TOURNAMENT 2026



Proud Physiotherapy Partner

**DEPARTMENT OF SPORTS PHYSIOTHERAPY  
BHARATI VIDYAPEETH (DU) SCHOOL OF  
PHYSIOTHERAPY, SANGLI.**



**BHARATI VIDYAPEETH (DEEMED TO BE UNIVERSITY)  
SCHOOL OF PHYSIOTHERAPY, SANGLI**

**CIRCULAR**

**Date:** March 05, 2026

This is to formally document the successful participation and medical support provided by the **Bharati Vidyapeeth (Deemed to be University) School of Physiotherapy, Sangli** during the recently concluded **Touch Rugby Tournament 2026**.


Our team provided essential on-field healthcare services to ensure the safety and physical well-being of the athletes throughout the event.

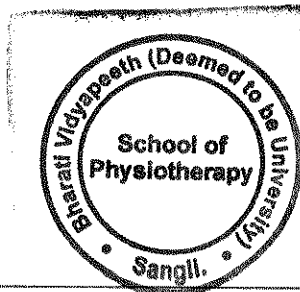
**Event Details:**

- **Tournament Name:** Touch Rugby Tournament 2026.
- **Date:** Tuesday, 03/03/2026.
- **Location:** Shau Stadium, Sadar Bazar, Satara, Maharashtra.
- **Time of Operations:** 11:20 AM to 12:30 PM.
- **Clinical Services Provided:**
  - **First Aid Station:** Establishment of a dedicated "First Aid & Stay" station for immediate medical response.
  - **On-Field Physiotherapy:** Active management of sports injuries, including taping, manual assessment, and acute injury care for youth players.

**Copy to**

1. Hon. Regional Director, B.V. (D.U.), Sangli
2. Dean, BV (DU) M.C.H, Sangli
3. Dy. Dean, BV (D.U.) M.C.H, Sangli
4. Medical Superintendent, B.V (D.U.) M.C.H, Sangli
5. Dy. Medical Superintendent, B.V (DU) M.C.H, Sangli
6. All Notice Boards (College and Department)

  
Dr. Sneha Katke



**PRINCIPAL**  
**Bharati Vidyapeeth**  
**(Deemed to be University)**  
**School of Physiotherapy,**  
**Sangli - 416 416.**



**BHARATI VIDYAPEETH (Deemed to Be University)  
SCHOOL OF PHYSIOTHERAPY, SANGLI**

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**TOUCH RUBY TOURNAMAENT 2026**

**Title of the Activity** Physiotherapy Support for TOUCH RUBY TOURNAMAENT 2026

**Venue of the Activity-** Chh.Shahu stdium,sadar bazar Sangli

**Date of Activity-** 03/03/2026

**Duration of Activity-** 9 to 5pm

**Organized by:** Western Hills Sports & Fitness in association with Satara Rugby

**Physiotherapy Partner:**

Department of Sports Physiotherapy

Bharati Vidyapeeth (Deemed to be University)

School of Physiotherapy, Sangli Collaborating Agency- WESTERN HILLS (sports & fitness),  
Satara

**No. of Students Participated-** 50

**No. of Teachers Participated -** 2

**No. of Beneficiaries-** 35

**Details of the Activity with Photographs-**

The Department of Sports Physiotherapy, Bharati Vidyapeeth (DU) School of Physiotherapy, Sangli proudly served as the Official Physiotherapy Partner for the Touch Rugby Tournament 2026 organized by Western Hills Sports & Fitness in collaboration with Satara Rugby on 03/03/2026. The initiative aimed to ensure athlete safety, injury prevention, and immediate physiotherapy support during the competition.



## BHARATI VIDYAPEETH (Deemed to Be University) SCHOOL OF PHYSIOTHERAPY, SANGLI

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### **Objectives of Participation**

1. To provide on-field physiotherapy support to participating rugby players.
2. To promote injury prevention strategies in contact and high-intensity sports.
3. To give clinical exposure to physiotherapy students in sports event management and emergency care.
4. To enhance collaboration between sports organizations and physiotherapy professionals.

### **Physiotherapy Team**

The physiotherapy services were provided by a dedicated team from the Department of Sports Physiotherapy, consisting of:

- Qualified Sports Physiotherapists
- Interns and Physiotherapy Students
- Support staff for sports injury management

The team worked under the supervision of experienced faculty members to ensure professional and efficient medical support.

### **Services Provided**

The physiotherapy team provided the following services during the tournament:

#### 1. Pre-Match Preparation

- Dynamic warm-up guidance for athletes
- Muscle activation and mobility exercises
- Preventive taping and strapping

#### 2. On-Field Injury Management

- Immediate first aid and acute injury care
- Assessment of sprains, strains, and muscle cramps
- Decision support for return-to-play or rest



## BHARATI VIDYAPEETH (Deemed to Be University) SCHOOL OF PHYSIOTHERAPY, SANGLI

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### 3. Physiotherapy Interventions

- Cryotherapy and compression for acute injuries
- Sports taping and joint stabilization
- Soft tissue techniques for muscle tightness

### 4. Post-Match Recovery

- Stretching protocols
- Advice on recovery strategies and hydration
- Injury prevention education

### **Outcome of the Activity**

- Multiple players received immediate physiotherapy care, helping them safely continue participation.
- Athletes gained awareness regarding injury prevention and recovery techniques.
- Students received valuable hands-on exposure in sports physiotherapy practice.
- The collaboration strengthened the relationship between sports organizations and healthcare professionals.

### **Conclusion**

The participation of the Department of Sports Physiotherapy, Bharati Vidyapeeth (DU) School of Physiotherapy, Sangli as the official physiotherapy partner for the Touch Rugby Tournament 2026 was a successful initiative. The event highlighted the vital role of physiotherapists in enhancing athletic performance, preventing injuries, and ensuring player safety during competitive sports events.

The activity provided an excellent platform for professional service, practical learning, and community engagement in sports health management.



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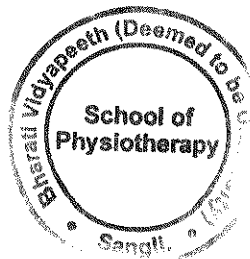
**Impact of the Activity**

- **Applied Learning:** Participants gained practical insights into the assessment and implementation of on field physiotherapy services, strengthening their clinical reasoning and decision-making skills.
- **Skill Enhancement:** This activity reinforced technical proficiency and evidence-based practice in on field sports physiotherapy management.
- **Professional Development:** The activity fostered advanced clinical competence, contributing to athlete care in pre and post tournament.

**\*Please tick the Criterion for the activity:**

<b>Criterion I</b>	<b>Criterion II</b>	<b>Criterion III</b>	<b>Criterion IV</b>
<b>Criterion V</b>	<b>Criterion VI</b>	<b>Criterion VII</b>	<b>Link</b>

**Event co-ordinator**



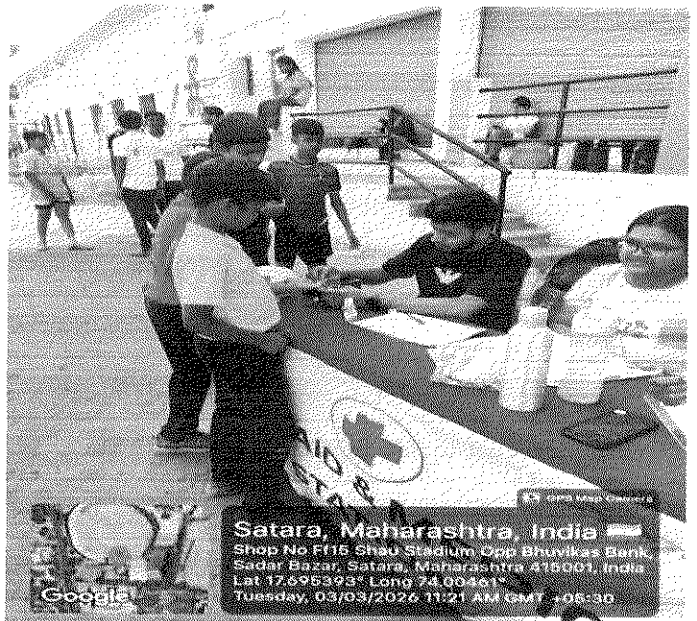
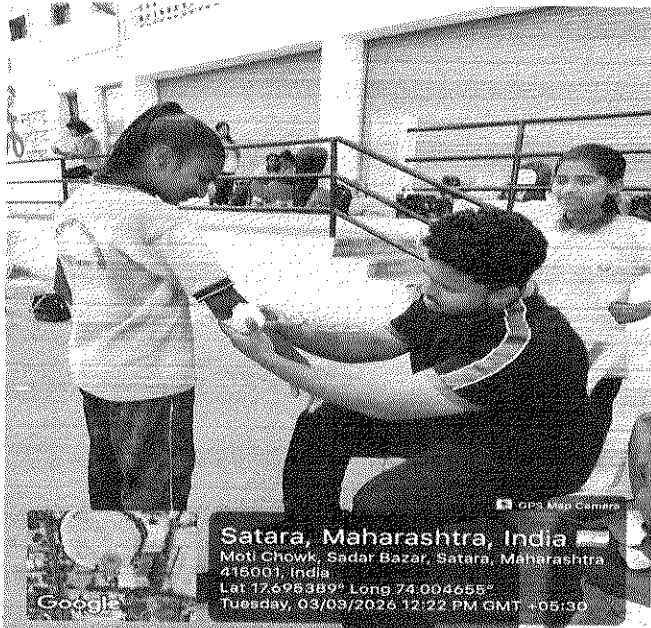
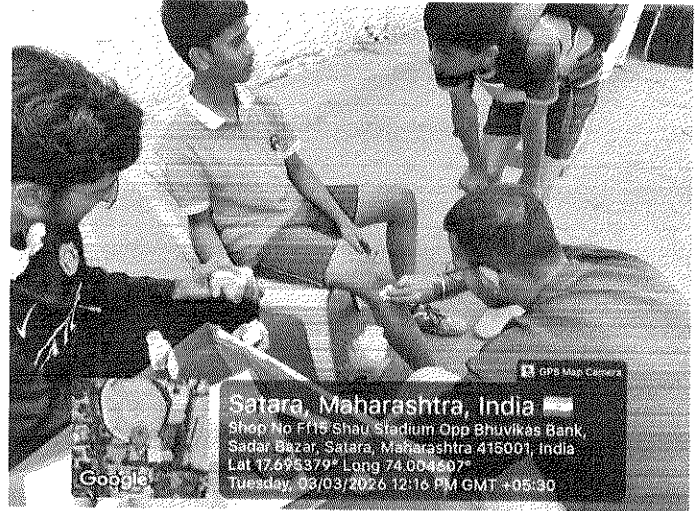
**Principal**  
**PRINCIPAL**  
**Bharati Vidyapeeth**  
**(Deemed to be University)**  
**School of Physiotherapy,**  
**Sangli - 416 416.**



**BHARATI VIDYAPEETH (DEEMED TO BE UNIVERSITY)**

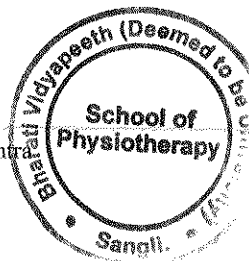
**SCHOOL OF PHYSIOTHERAPY, SANGLI**

**Rugby Tournament**



Sangli – Miraj Road Sangli – 416 416 , Maharashtra

Email : [sopt.sangli@bharatividyaapeeth.edu](mailto:sopt.sangli@bharatividyaapeeth.edu)



**PRINCIPAL**

**Bharati Vidyapeeth**

Tel No. : 0233-2601593/94/95, Ext.No. 228, 269

Website : <http://soptsangli.bharatividyaapeeth.edu>

**School of Physiotherapy**  
Sangli - 416 416.



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**SCHOOL OF PHYSIOTHERAPY, SANGLI**

Date – 22/03/2026

**NARI SANJEEVAN WALKATHON 2026- SEASON 1**

SR. NO.	STUDENT'S NAME
1	AHER PRUTHVIRAJ JAYSING
2	ALMALE NISHANT CHANDRASHEKHAR
3	ALOLI ATHRVA BHIMRAO
4	ALTEKAR SUJAL SANJAY
5	AUNDHKAR VARAD YUVRAJ
6	BANDAL DIKSHA YOGESH
7	BAPAT AMOD PARAG
8	BHOKARE MRUNAL MINANATH
9	BIRADAR ADITYA MALLIKARJUN
10	CHAUDHARI SHIVLING DATTATRAY
11	DALVI ADITI UDAY
12	DEVAKATE ATHARVA ADHIKRAO
13	DHADWAD SURAJ RAVINDRA
14	GAVADE SANKALPANA KRUSHNDEV
15	GURAV PRANAV RAJENDRA
16	HALAKE VAISHNAVI VIJAY
17	HUWALE AMRAPALI ANKUSH
18	INGLE SNEHA SURYAJIT
19	IRALE SANIYA SANDIP
20	JAIN GAURAV NITIN
21	JOSHI SOHAM DHANANJAY
22	JOSHI VEDIKA RAMKISHOR
23	KADAM ISHITA AMOL
24	KALE KUNAL LAXMAN
25	KHOSE VAIBHAVI PRATAP
26	KORE AMOL ANNASAHEB
27	KUDALE SANDESH SUDHIR
28	KUMAVAT ANJALIKUMARI RAJKUMAR
29	LABADE SNEHAL SHAHAJI
30	LAMKANE MAYURI LAXMAN

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31	LOKHANDE SRUSHTI MALHARI
32	MANE ABHISHEK SANTOSH
33	MARJE SANSKRUTI SANJAY
34	MASAL VAISHNAVI VILAS
35	MHAPSEKAR BHOOMI NANDU
36	MUJAWAR TASDIKA DILAWAR
37	MULLA MAHAMADSAIF MUNIR
38	MUNSE VAISHNAVI VIJAY
39	PARTHE DIYA SHANKAR
40	PATAIT ANAS MUDDASIR
41	PATIL VAIBHAVI DAYANAND
42	PAWAR ASHLESHA UMAKANT
43	POKALE MITALI UMESH
44	RATHORE KULDEEPSINGH BHOOPATSINGH
45	RODE SAKSHI DATTATRAY
46	RUKADIKAR JANHAVI HEMCHANDRA
47	SALUNKHE SANTOSH SANJAY
48	SANKPAL SHRAVANI SUNIL
49	SAYYAD MOHAMMAD SAAD SHAFIULLA
50	SHAIKH AYESHA ALTAF
51	SHARIKMASLAT ASADULLAH HUSEN
52	SHINDE ASHISH GORAKH
53	SHINDE SHREYA SANJIVKUMAR
54	SHINDE SIDDHI CHANDRAKANT
55	SNEHA KUMARI
56	SOHANI SAI ABHIJIT
57	SULEMAN IQBAL BAGWAN
58	SUTAR SANSKAR DHONDIRAM
59	THORAT GAYATRI BALASAHEB
60	ZENDE DEEPANJALI RAMDAS



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61	AHER PRUTHVIRAJ JAYSING
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90	LAMKANE MAYURI LAXMAN



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91	AMBEKAR ADITYA GANESH
92	ANGAJ RIYA PRAKASH
93	AWASARKAR KASTURI KIRAN
94	BHALERAO SAKSHI BALSHIRAM
95	BHATTAD NITYA LAXMIKANT
96	BHOJANI REHMAT MOHOMADBAKAR
97	CHINCHKAR GAYATRI SANJEEVKUMAR
98	DHAVANE TANISHA PRABHAKAR
99	DIGHE VEDIKA BHAUSAHEB
100	GOGAVALE OM SUBHASH
101	HAJARE VYANKTESH SANJAY
102	HAKE SHARYU MARUTI
103	INAMDAR ARSHIYA MOHAMMAD
104	JADHAV ONKAR SATISH
105	JADHAV SHRADHA HAVIL
106	JAGTAP ISHWARI MUKUND
107	JAMADADE SUMIT VIRENDRA
108	JAMANE ADITYA ANIL
109	KADAM MADHURA GANESH
110	KALE AYUSHMA RAJENDRA
111	KAMBLE SHREYAS SHASHIKANT
112	KANTODE MRUNALI RAJENDRA
113	KATKAR VEDANTIKA RAVINDRA
114	KAVADE VISHAKHA RAJESH
115	KELGANE MANSI ANKUSH
116	KESARE VAIBHAVI RAVINDRA
117	KHADILKAR SMRUTI MAYUR
118	KULKARNI SAISH SANDEEP
119	LANDAGE SHRUTI ANIL
120	MAHADIK SHUBHAM PRAVIN



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182	PANDHARE PRANAY PRAVIN
183	PARIT POOJA SACHIN
184	PARKAR FATIMA ASIF
185	PATIL RIDDHI PRAVIN
186	PATIL SANIKA ARUN
187	PATIL VAISHNAVI PRAKASH
188	PAWALE PRATIKSHA SANJAY
189	PAWAR SAKSHI MAHESH
190	PAWAR SHRUTI SHRIKANT
191	POTDAR SHUBHANGI SHIVDAS
192	PUNWATKAR VARUN ANIL
193	SARKALE ADITYA AMOD
194	SHAH TANISHA PRASHANT
195	SHINDE SAKSHI PRASAD
196	SURYAWANSHI SAKSHI RAMESH
197	TAKANE PRADNYA RAJENDRA
198	TAMBOLI DIYA RAFIK
199	YADAV PRADYUMNA DEVKUMAR
200	LANJEKAR ANISHA AJAY
201	VASA METWI MEHUL
202	PATIL MAHESHWARI MAHESH
203	CHAVAN RAJKUNWAR PRADEEP
204	DAVARI KANAK SANJAY
205	BHOSALE SANKET SUBHASH
206	CHAVAN NEHA PRAVIN
207	AGEWAN AFTAB HARUN
208	AHI YASH PRADEEP
209	CHOTHE ISHWARI MAHESH
210	APTE SNEHA SANDEEP
211	DESHMUKH AARYA SATISH
212	GURAV SHRAVANI SANJAYKUMAR



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213	KALE AYUSH BHUSHAN
214	KALSULE TANUJA SANDIPAN
215	KAMBLE SANSKRUTI ANGAD
216	KAPARE JAIEE SANJAY
217	KITTURE PRACHI CHANDRAKANT
218	MAHAPURE REBECCA DATTA
219	MALI SAKSHI AMOL
220	BHOSALE MRUNMAI JITENDRA
221	MANGALE GAURAV SANJEEV
222	MOHITE MRUNALI SUNIL
223	MOHITE SAKSHI SHEKHAR
224	SURVE SHRUSTI DUSHYANT
225	KULKARNI CHINMAYEE GOVIND
226	MORE DIKSHA JAYWANT
227	MULIK JAGRUTI NITIN
228	MULIK SAKSHI ASHOK
229	CHAVAN SAMRUDDHI SANDIP



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**Sangli - 416 416.**



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**Feedback Form**

Date-21/03/2026

**Name of Event:** Touch Rugby Tournament 2026

**1. Name**

137 responses

Asmita Jadhav

Sakshi Dattatray Rode

Samruddhi Ashitosh Patil

Srushti Naik

Vedika Vallakati

Snehal Bapuso Nalawade

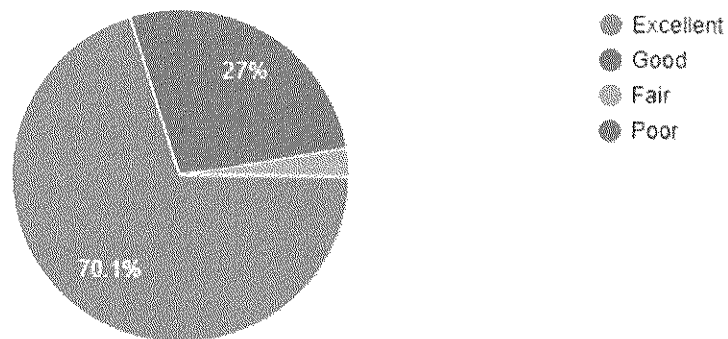
TANMAY DATTATRAYA KASHID

Potdar Shubhangi Shivdas

Kasturi Awasarkar

**2. How would you rate the overall organisation of the marathon event?**

137 responses



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**Website :** <http://soptsangli.bharatividyaapeeth.edu>



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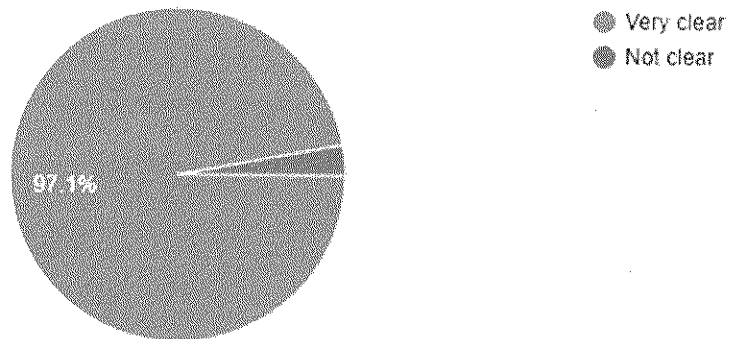
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## SCHOOL OF PHYSIOTHERAPY, SANGLI

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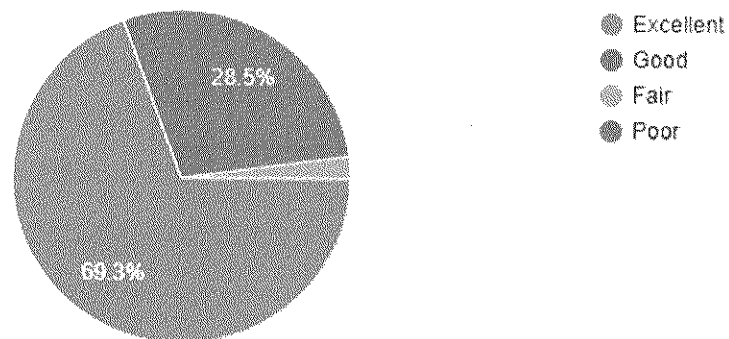
3. How well were your roles and responsibilities explained before the event?

137 responses



4. How would you rate the coordination within the physiotherapy team?

137 responses





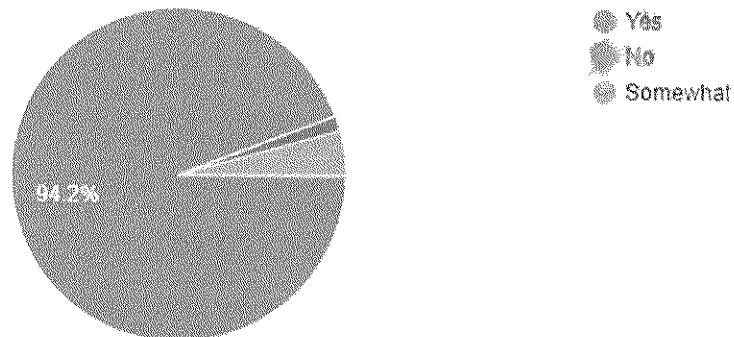
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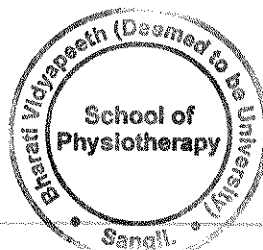
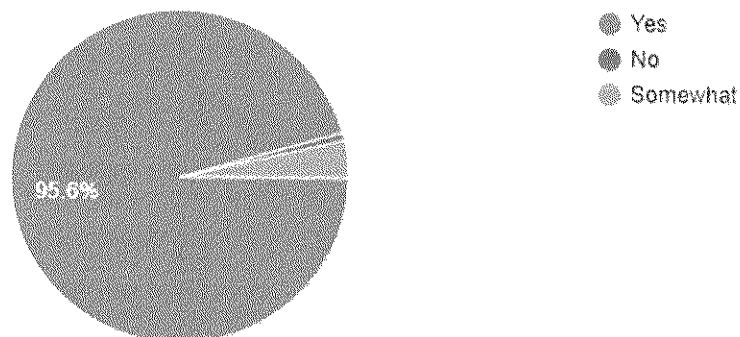
5. Were the facilities, equipment, and supplies adequate for providing physiotherapy services?

137 responses



6. Did you feel confident and supported while handling participants?

137 responses



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