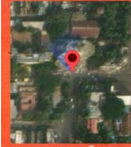


International Yoga Day Celebration



Sangli-Miraj Kupwad, Maharashtra, India

Mahatma Gandhi Marg, Peth Bhag, Sangli-Miraj Kupwad,
Maharashtra 416416, India
Lat 16.860789, Long 74.585017
Monday, 22/06/2026 09:45 GMT+05:30
Note : Captured by GPS Map Camera







The Institute celebrated International Yoga Day with great enthusiasm on Monday, 21st June 2026. The event was organized to promote physical fitness, mental well-being, and the importance of incorporating yoga into daily life.

Renowned Yoga Instructor Ms. Monika Patil conducted the yoga session and guided the participants through various asanas, breathing exercises, and relaxation techniques. All teaching and non-teaching staff members actively participated in the session and performed the exercises with great enthusiasm.

The program commenced with a welcome address by Dr. Suvarna Patil, who highlighted the significance of yoga in maintaining a healthy lifestyle. Director Dr. Pallavi Jamsandekar felicitated Ms. Monika Patil and emphasized the importance of International Yoga Day in creating awareness about holistic health and wellness. She encouraged everyone to practice yoga regularly to achieve physical, mental, and emotional balance.

The event was coordinated by Dr. Suvarna Patil and Mr. Yogesh Patil, Sports Director, whose efforts ensured the successful organization of the program. Dr. Suvarna Patil also effectively anchored the proceedings.

The celebration concluded with a vote of thanks, leaving the participants motivated to adopt yoga as an integral part of their daily routine and contribute towards a healthier and happier society.