



**BHARATI VIDYAPEETH
DEEMED UNIVERSITY
SCHOOL OF PHYSIOTHERAPY
SANGLI**



Yoga for Harmony & Peace

INTERNATIONAL *Yoga Day*

— CELEBRATION —

Let's come together to embrace wellness,
build harmony and nurture a healthier tomorrow.



DATE

20th June 2026



TIME

10:00 AM



VENU

Yoga Hall, 3rd Floor,
BVDU School of Physiotherapy, Sangli



CONDUCTED BY

Mr. Keval Bheda
(Our Esteemed Alumni)



DRESS CODE

Comfortable clothing
(e.g., T-shirt and track pants)



COLOUR CODE

White



All Teaching and Non-Teaching Staff members are
cordially requested to be present and actively
participate in the event.

*Your presence will encourage the spirit of
health, harmony, and well-being.*



YOGA FOR ONE EARTH, ONE HEALTH





BHARATI VIDYAPEETH (DEEMED TO BE UNIVERSITY)
SCHOOL OF PHYSIOTHERAPY, SANGLI

CIRCULAR

Date: June 19, 2026

All teaching and non-teaching staff members are hereby informed that the **BHARATI VIDYAPEETH (Deemed to be University), School of Physiotherapy, Sangli** is organizing a collective yoga session to celebrate "**International Yoga Day 2026**".

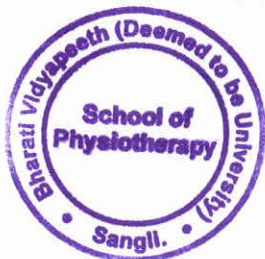
The event aims to promote flexibility, mindfulness, stress relief, and holistic health practices within our profession. The session will be conducted by expert guest instructor **Mr. Keval Bheda**. Attendance and active participation of all staff members are highly encouraged to foster wellness and institution-wide unity.

Event Details:

- **Activity:** International Yoga Day 2026 Celebration
- **Date:** June 20, 2026
- **Time:** 10:00 AM to 11:00 AM
- **Venue:** Yoga and Fitness Lab, BVDU School of Physiotherapy, Sangli
- **Event Coordinator:** Dr. Vaishnavi Pawar (Assistant Professor)

Copy to

- 1. Hon. Regional Director, B.V. (D.U.), Sangli
- 2. Dean, BV (DU) M.C.H, Sangli
- 3. Dy. Dean, BV (D.U.) M.C.H, Sangli
- 4. Medical Superintendent, B.V (D.U.) M.C.H, Sangli
- 5. Dy. Medical Superintendent, B.V (DU) M.C.H, Sangli
- 6. All Notice Boards (College and Department)



Dr. Sneha Katke

Dr. Sneha Katke
PRINCIPAL
Bharati Vidyapeeth
(Deemed to be University)
School of Physiotherapy,
Sangli - 416 416.



BHARATI VIDYAPEETH (Deemed To Be University)
SCHOOL OF PHYSIOTHERAPY, SANGLI

Report on -"International Yoga Day 2026"

Title of the Activity- International Yoga Day 2026"

Venue of the Activity- Yoga and Fitness Lab, BVDU School of Physiotherapy, Sangli

Date of Activity- 20/06/2026

Duration of Activity- 10-11am

Collaborating Agency- Nil

No. of Teachers Participated - 36

No. of Beneficiaries- 36

Details of the Activity with Photographs-

On the occasion of International Yoga Day 2026, the teaching and non-teaching staff of Bharati Vidyapeeth (Deemed University), School of Physiotherapy, Sangli, came together to celebrate wellness through a collective yoga session. The entire team actively participated in performing various yoga asanas designed to promote flexibility, mindfulness, and stress relief. This event not only highlighted the therapeutic value of yoga—especially significant in the physiotherapy profession—but also fostered a sense of unity, relaxation, and shared purpose among the participants. Through this meaningful celebration, the institution once again reaffirmed its dedication to holistic health practices and the promotion of yoga as a vital component of personal and professional well-being. The session was conducted by Mr. Keval Bheda. The coordinator for the event was Dr Vaishnavi Pawar (Assistant Professor, BVDU SOP, Sangli). The event was successful under the guidance of Dr. Sneha Katke (Principal, (BVDU SOP, Sangli)

Impact of the program/ activity/event:

- Encouraged integration of yoga into personal health routines, reflecting professional wellness values.
- Provided a platform for stress relief, enhancing mental focus and emotional balance.
- Reinforced the therapeutic relevance of yoga in the physiotherapy curriculum and practice.

***Please tick the Criterion for the activity:**

Criterion I	Criterion II	Criterion III	Criterion IV
Criterion V	Criterion VI	Criterion VII	Link

Event co-ordinator



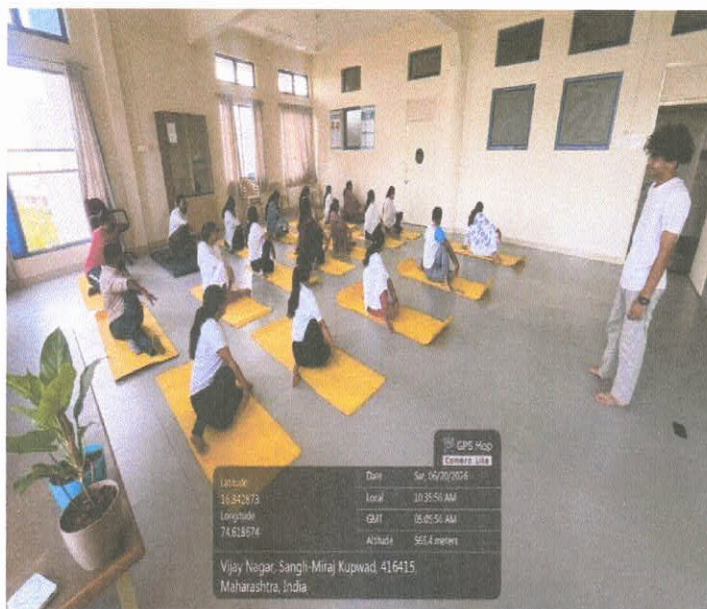
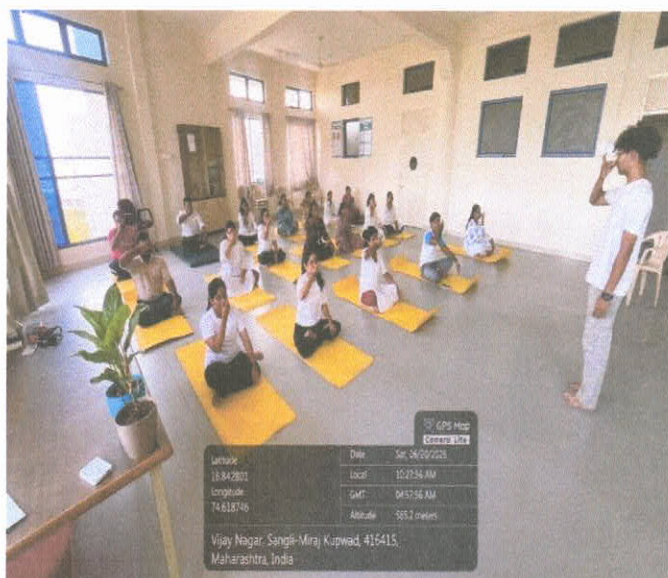
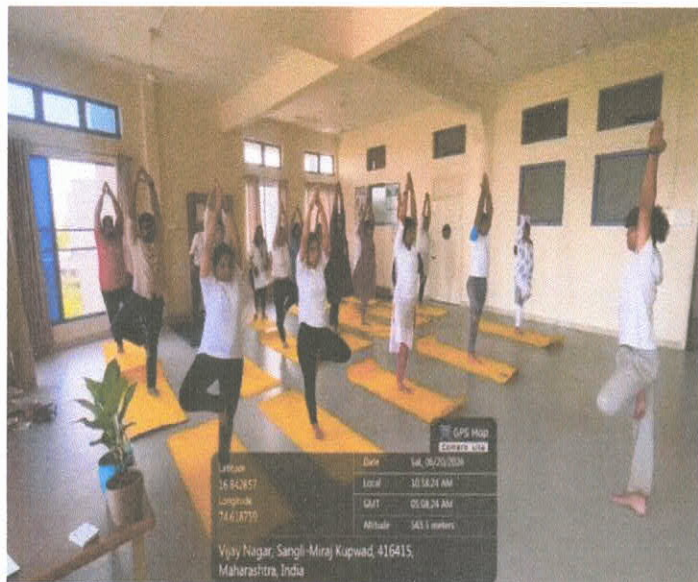
PRINCIPAL
Bharati Vidyapeeth
(Deemed to be University)
School of Physiotherapy,
Sangli - 416 416.



BHARATI VIDYAPEETH (DEEMED TO BE UNIVERSITY)

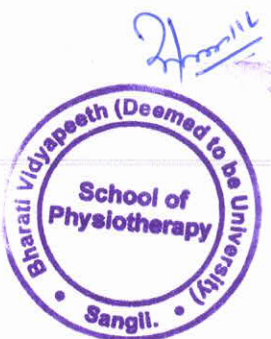
SCHOOL OF PHYSIOTHERAPY, SANGLI

INTERENATIONAL YOGA DAY 2026



Sangli – Miraj Road Sangli – 416 416 , Maharashtra

Email : sopt.sangli@bharatividyaapeeth.edu



Tel No. : 0233-2601593/94/95 Ext.No. 228, 269

Website : <http://soptsangli.bharatividyaapeeth.edu>



BHARATI VIDYAPEETH (DEEMED TO BE UNIVERSITY)

SCHOOL OF PHYSIOTHERAPY, SANGLI

Date – 20/6/2026

INTERNATIONAL YOGA DAY

Sr. No.	Name of the Staff
1	Dr. Sneha Katke
2	Dr. Pratik Phansopkar
3	Dr. Mannal Anthikat
4	Dr. Sheetal Swamy
5	Dr. Sachin Shetti
6	Dr. Prasannajeet Nikam
7	Dr. Akshay Chougule
8	Dr. Vishagh Nair
9	Dr. Aishwarya Bulbule
10	Dr. Rutuja Phadke
11	Dr. Aishwarya Waydande
12	Dr. Sayli Jadhav
13	Dr. Prachi Bhanushali
14	Dr. Shraddha Shelar
15	Dr. Manalee kadam
16	Dr. Vaishnavi Pawar
17	Dr. Aavani Sayi Shyam



BHARATI VIDYAPEETH (DEEMED TO BE UNIVERSITY)

SCHOOL OF PHYSIOTHERAPY, SANGLI

18	Dr. Athira DV
19	Dr. Safoora Parkar
20	Dr. Kevin Makasare
21	Dr. Rohit Masraj
22	Dr. Arundhati Nibalkar
23	Dr. Manjeet Kaur
24	Dr. Neha Tonape
25	Dr. Rachana Sangaokar
26	Dr. Vrunda Lohar
27	Dr. Fatima Doi
28	Dr. Sinen Nadaf
29	Dr. Vandana S. Salunkhe
30	Mr. Mahesh Suryawanshi
31	Mrs. Archana B. Kadam
32	Mr. Rakesh A. Anugade
33	Mrs. Hina Suhel Landage
34	Ms. Minaj Tamboli
35	Mr. Sandip Kuber Patil
36	Mr. Pradip J. Patil

Sangli – Miraj Road Sangli – 416 416, Maharashtra
Email : sopt.sangli@bharatividyaapeeth.edu

Tel No. : 0233-2601593/94/95 Ext.No. 228, 269
Website : <https://www.bvuniversity.edu.in/soptsangli/>



PRINCIPAL
Bharati Vidyapeeth
(Deemed to be University)
School of Physiotherapy,
Sangli - 416 416.



BHARATI VIDYAPEETH (DEEMED TO BE UNIVERSITY)

SCHOOL OF PHYSIOTHERAPY, SANGLI

Feedback Analysis

Title : YOGA DAY CELEBRATION

Academic Year : 2026-27

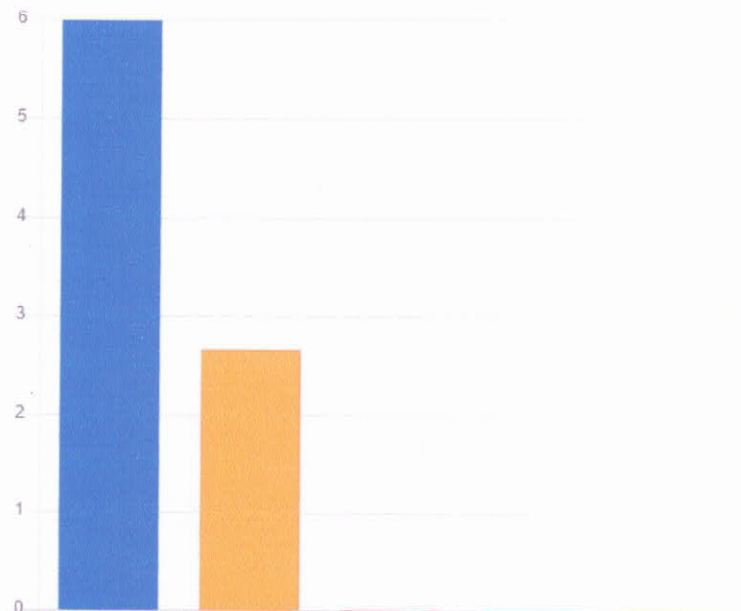
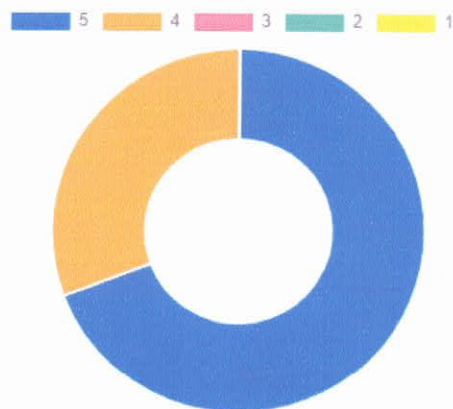
Class : Bachelor of Physiotherapy

Details : Activity

Total number of response(s) : 13

															Total Percentage	
Question	MaxValue	1	2	3	4	5	6	7	8	9	10	11	12	13		
How would you rate your overall experience of the Yoga Day celebration?	4	4	4	3	4	0	4	4	3	4	4	3	4	4	4	87.50%
Did the event meet your expectations?	4	3	4	3	4	0	4	3	3	4	3	3	4	4	4	82.14%
Would you attend similar events in the future?	4	4	4	3	4	0	4	4	3	4	4	3	4	4	4	87.50%
How would you rate the event organization and coordination?	4	4	4	3	4	0	4	4	3	4	3	3	4	4	4	85.71%
Did the event promote inclusivity and diversity?	YES, Yes, none.. good, 0, yes, . . Yes, There were different asanas that were taken along with pranayama with proper spacing and instructions.															
Any suggestions for activities or themes for next year?	YES, NIL. none., no, 0, nf. campus involvement, . . No, yes, no suggestions as such. Nil, None															

Question	Response Value
	1 2 3 4
How would you rate your overall experience of the Yoga Day celebration?	0 0 3 10
Did the event meet your expectations?	0 0 6 7
Would you attend similar events in the future?	0 0 3 10
How would you rate the event organization and coordination?	0 0 4 9



Question Wise Percentage





**BHARATI VIDYAPEETH
(DEEMED TO BE UNIVERSITY)
SCHOOL OF PHYSIOTHERAPY, SANGLI**

Feedback Analysis

Title : YOGA DAY CELEBRATION

Academic Year : 2026-27

Class : Bachelor of Physiotherapy

Details : Activity

Total number of response(s) : 13

Question				
How would you rate your overall experience of the Yoga Day celebration?				
Answer	Value	No. of response(s)	Response value	Response %
Excellent	4	10	40	76.92
Good	3	3	9	23.08
Average	2	0	0	0.00
Poor	1	0	0	0.00
Performance				94.23



Question				
Did the event meet your expectations?				
Answer	Value	No. of response(s)	Response value	Response %
Excellent	4	7	28	53.85
Good	3	6	18	46.15
Average	2	0	0	0.00
Poor	1	0	0	0.00
Performance				88.46

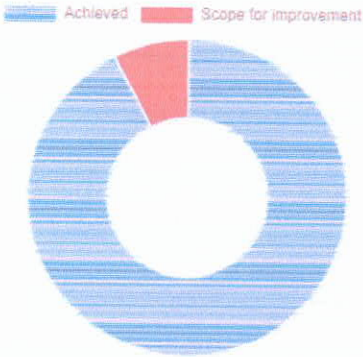


Question				
Would you attend similar events in the future?				
Answer	Value	No. of response(s)	Response value	Response %
Excellent	4	10	40	76.92
Good	3	3	9	23.08
Average	2	0	0	0.00
Poor	1	0	0	0.00
Performance				94.23



Question				
How would you rate the event organization and coordination?				
Answer	Value	No. of response(s)	Response value	Response %
Excellent	4	9	36	69.23
Good	3	4	12	30.77
Average	2	0	0	0.00
Poor	1	0	0	0.00
Performance				92.31





Interpretation and Action Taken

Enter interpretation and action taken for this feedback.



[Signature]
PRINCIPAL
Bharati Vidyapeeth
(Deemed to be University)
School of Physiotherapy
Sangli - 416 416.