

MTDK RUN

BHARATI VIDYAPEETH
(DEEMED TO BE UNIVERSITY)
SCHOOL OF PHYSIOTHERAPY

Bharati Vidyapeeth
(Deemed to be University) Pune, India
SCHOOL OF PHYSIOTHERAPY, SANGLI

PHYSIOTHERAPIST TEAM

03 KM | 05 KM | 10 KM



Every runner deserves expert care.....

SUNDAY | 6.00 AM

31.05.26

ADDRESS

Mission Chowk , Miraj





**BHARATI VIDYAPEETH (DEEMED TO BE UNIVERSITY)
SCHOOL OF PHYSIOTHERAPY, SANGLI**

CIRCULAR

Date: May 29, 2026

Subject: Deployment of Physiotherapy Services at MTDK Marathon

This is to inform all faculty members and students that the **BHARATI VIDYAPEETH (Deemed to be University) School of Physiotherapy, Sangli**, in collaboration with **S3 Training Academy**, will be providing official physiotherapy services at the upcoming **MTDK Marathon**.

This event serves as an excellent platform for practical exposure in sports physiotherapy, field assessment, and post-run injury management.

Event Details:

- **Activity:** Physiotherapy Services at MTDK Marathon
- **Date:** May 31, 2026
- **Time:** 06:00 AM onwards
- **Venue / Reporting Point:** Mission Chowk, Miraj, Maharashtra
- **Event Coordinators:** Dr. Aavani & Dr. Neha Tonape

Copy to

- 1. Hon. Regional Director, B.V. (D.U.), Sangli
- 2. Dean, BV (DU) M.C.H, Sangli
- 3. Dy. Dean, BV (D.U.) M.C.H, Sangli
- 4. Medical Superintendent, B.V (D.U.) M.C.H, Sangli
- 5. Dy. Medical Superintendent, B.V (DU) M.C.H, Sangli
- 6. All Notice Boards (College and Department)



[Handwritten Signature]

Dr. Sneha Katke

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Bharati Vidyapeeth
(Deemed to be University)
School of Physiotherapy,
Sangli - 416 416.



**BHARATI VIDYAPEETH (Deemed To Be University)
SCHOOL OF PHYSIOTHERAPY, SANGLI**

Report on -" Physiotherapy services at MTDK Marathon"

Title of the Activity-" Physiotherapy services at MTDK Marathon"

Venue of the Activity- Mission Chowk, Miraj, Maharashtra

Date of Activity- 31/5/2026

Duration of Activity- 6 am onwards

Collaborating Agency- S3 Training Academy

No. of Students Participated- 200

No. of Teachers Participated - 2

No. of Beneficiaries- 1000

Details of the Activity with Photographs-

Bharati Vidyapeeth (Deemed to be University) School of Physiotherapy, Sangli had an opportunity to give physiotherapy services to the marathon runners at MTDK Marathon on 31st May 2026. The run route distance was 3km, 5km and 10 km. The aim of the service was to provide stretching to the runners and manage post run injuries. Total of 200 students of 4th year BPT h provided physiotherapy to more than 1000 runners. Token of appreciation was given to the institute and the efforts were appreciated by the organisers. The coordinators for the event were Dr. Avani (Assistant Professor, BV DU SOP, Sangli) and Dr Neha Tonape (Clinical therapist, Bharati Hospital, Sangli) The event was successful under the guidance of Dr. Sneha Katke (Principal, (BV DU SOP, Sangli)



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Impact of the Activity-

- **Practical Exposure:** This exposure helped them apply theoretical knowledge to real-life situations, enhancing their understanding of sports injuries and their management.
- **Skill Enhancement:** Managing post-run injuries and performing stretching routines under varying circumstances helped refine students' practical skills, including the assessment and treatment of musculoskeletal conditions common in sports.
- **Time Management and Decision-Making:** With the pressure of attending to a large number of runners in a limited time, students honed their time management and quick decision-making abilities, essential qualities for future clinical practice.
- **Teamwork and Coordination:** Working alongside volunteers in a collaborative environment emphasized the importance of teamwork and effective communication in delivering physiotherapy services efficiently.

***Please tick the Criterion for the activity:**

Criterion I	Criterion II	Criterion III	Criterion IV
Criterion V	Criterion VI	Criterion VII	Link

Event co-ordinator



Principal

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BHARATI VIDYAPEETH (Deemed To Be University) SCHOOL OF PHYSIOTHERAPY, SANGLI

MTDK Marathon

Date- 31/5/2026





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SCHOOL OF PHYSIOTHERAPY, SANGLI

Date – 31/5/2026

“PHYSIOTHERAPY SERVICES AT MTDK MARATHON”

SR. NO.	STUDENT'S NAME
1	AWALE PRANAV PRAVIN
2	BADIGER SANIKA KIRAN
3	BANDE AMEY UTTAM
4	BANKAR SAKSHI GORAKH
5	BARGIR ANAUM AYAZ
6	BHORE SRUSHTI AVINASH
7	BHOSLE ANUJA MAHESH
8	BHOSALE SAEED ATUL
9	BHOSALE SAMRUDDHI AMBADAS
10	BHOSALE SANCHITA SUDARSHAN
11	DABHOLE JANHVI PRAHLAD
12	EKUNDE VEDIKA VIJAY
13	GADHALE SAKSHI VITTAL
14	GAIKWAD NANDINI VIJAY
15	GARALE PRUTHVIRAJ SUBHASH
16	GHADGE AKASH INDRAJEET
17	GOLE SANIKA UDAY
18	GONDHALEKAR SHRUSHTI SANTOSH
19	GOWARI BHOMIKA SUNIL
20	HARAWADE VALLARI SUDESH
21	HINDURDE PRERANA SUBHASH
22	INGLE RAJ JAY
23	JADHAV ASMITA PRAKASH
24	JADHAV SAYLEE UTTAM
25	JANVEKAR RIYA SANJAY
26	KADAM PIYUSHA SANTOSH
27	KADAM PRANITA HARMANT
28	KADAM PRITAM SANTOSH
29	KAKLIJ OM RAJENDRA
30	KALE SHREETEJ PIRAJI



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31	KHARADE SUYASH DATTA
32	KOKATE ATHARVA SAMBAJI
33	KOLI ANURADHA SAMBAJI
34	KOSHTI YASH CHANDRAKANT
35	KUSHTI OVI CHETAN
36	LENGURE OM SANJAY
37	MALI VISHAL MURLIDHAR
38	MASKAR MANASI MARUTI
39	MHETRE ATHARVA SACHIN
40	MORE ADITYA DILIP
41	MOTE GRISHMA BHAUSAHEB
42	MOTE SANIKA JALINDAR
43	MULAKE ADITYA DILIP
44	NALAWADE SNEHAL BAPUSO
45	NALAWADE VIRAJ VIJAYSINH
46	NIKHARE VARSHITA GIRISH
47	PATIL PRANJALEE AMAR
48	PATIL SAMRUDDHI ASHITOSH
49	PATIL SHRAVANI RAJAN
50	PUDALE SHREYA VIKASRAO
51	RAUT JIGISHA DILIP
52	SALI BRID SANTOSH
53	SALUNKHE GAYATRI PRAKASH
54	SHAHA SHREYASH PRITAM
55	SHENDGE VALLABH BALASAHEB
56	SHIKALKAR HASIBA SAMSHER
57	SIRSAT SIDDHANT PREMCHAND
58	TIKUTE RAVIKESH BALU
59	VALLAKATI VEDIKA SANDEEP
60	MAHALKAR ONKAR SHIVAJI



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61	AHER PRUTHVIRAJ JAYSING
62	ALMALE NISHANT CHANDRASHEKHAR
63	ALOLI ATHRVA BHIMRAO
64	ALTEKAR SUJAL SANJAY
65	AUNDHKAR VARAD YUVRAJ
66	BANDAL DIKSHA YOGESH
67	BAPAT AMOD PARAG
68	BHOKARE MRUNAL MINANATH
69	BIRADAR ADITYA MALLIKARJUN
70	CHAUDHARI SHIVLING DATTATRAY
71	DALVI ADITI UDAY
72	DEVAKATE ATHARVA ADHIKRAO
73	DHADWAD SURAJ RAVINDRA
74	GAVADE SANKALPANA KRUSHNDEV
75	GURAV PRANAV RAJENDRA
76	HALAKE VAISHNAVI VIJAY
77	HUWALE AMRAPALI ANKUSH
78	INGLE SNEHA SURYAJIT
79	IRALE SANIYA SANDIP
80	JAIN GAURAV NITIN
81	JOSHI SOHAM DHANANJAY
82	JOSHI VEDIKA RAMKISHOR
83	KADAM ISHITA AMOL
84	KALE KUNAL LAXMAN
85	KHOSE VAIBHAVI PRATAP
86	KORE AMOL ANNASAHEB
87	KUDALE SANDESH SUDHIR
88	KUMAVAT ANJALIKUMARI RAJKUMAR
89	LABADE SNEHAL SHAHAJI
90	LAMKANE MAYURI LAXMAN



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91	LOKHANDE SRUSHTI MALHARI
92	MANE ABHISHEK SANTOSH
93	MARJE SANSKRUTI SANJAY
94	MASAL VAISHNAVI VILAS
95	MHAPSEKAR BHOOMI NANDU
96	MUJAWAR TASDIKA DILAWAR
97	MULLA MAHAMADSAIF MUNIR
98	MUNSE VAISHNAVI VIJAY
99	PARTHE DIYA SHANKAR
100	PATAIT ANAS MUDDASIR
101	PATIL VAIBHAVI DAYANAND
102	PAWAR ASHLESHA UMAKANT
103	POKALE MITALI UMESH
104	RATHORE KULDEEPSINGH BHOOPATSINGH
105	RODE SAKSHI DATTATRAY
106	RUKADIKAR JANHAVI HEMCHANDRA
107	SALUNKHE SANTOSH SANJAY
108	SANKPAL SHRAVANI SUNIL
109	SAYYAD MOHAMMAD SAAD SHAFIULLA
110	SHAIKH AYESHA ALTAF
111	SHARIKMASLAT ASADULLAH HUSEN
112	SHINDE ASHISH GORAKH
113	SHINDE SHREYA SANJIVKUMAR
114	SHINDE SIDDHI CHANDRAKANT
115	SNEHA KUMARI
116	SOHANI SAI ABHIJIT
117	SULEMAN IQBAL BAGWAN
118	SUTAR SANSKAR DHONDIRAM
119	THORAT GAYATRI BALASAHEB
120	ZENDE DEEPANJALI RAMDAS



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121	AMBEKAR ADITYA GANESH
122	ANGAJ RIYA PRAKASH
123	AWASARKAR KASTURI KIRAN
124	BHALERAU SAKSHI BALSHIRAM
125	BHATTAD NITYA LAXMIKANT
126	BHOJANI REHMAT MOHOMADBAKAR
127	CHINCHKAR GAYATRI SANJEEVKUMAR
128	DHAVANE TANISHA PRABHAKAR
129	DIGHE VEDIKA BHAUSAHEB
130	GOGAVALE OM SUBHASH
131	HAJARE VYANKTESH SANJAY
132	HAKE SHARYU MARUTI
133	INAMDAR ARSHIYA MOHAMMAD
134	JADHAV ONKAR SATISH
135	JADHAV SHRADHA HAVIL
136	JAGTAP ISHWARI MUKUND
137	JAMADADE SUMIT VIRENDRA
138	JAMANE ADITYA ANIL
139	KADAM MADHURA GANESH
140	KALE AYUSHMA RAJENDRA
141	KAMBLE SHREYAS SHASHIKANT
142	KANTODE MRUNALI RAJENDRA
143	KATKAR VEDANTIKA RAVINDRA
144	KAVADE VISHAKHA RAJESH
145	KELGANE MANSI ANKUSH
146	KESARE VAIBHAVI RAVINDRA
147	KHADILKAR SMRUTI MAYUR
148	KULKARNI SAISH SANDEEP
149	LANDAGE SHRUTI ANIL
150	MAHADIK SHUBHAM PRAVIN
151	MANGALWARE MOHAMMADALI YUNUS
152	MARGAL AAKANKSHA VITTHAL
153	MASALI ZUHA ASLAM



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154	NAIK SANSKRUTI RAMCHANDRA
155	NAIK SRUSHTI ISHWAR
156	NAIKWADI DIPALI NAMDEV
157	NALE BHAKTI KRISHNA
158	PARLEKAR NITYASHREE SAMPATRAO
159	PATIL ATHARV POPAT
160	PATIL MAYURESH SANJAY
161	PATIL VEDIKA MOHAN
162	PAWAR PRATHAMESH MACHHINDRA
163	PAWAR RIYA RAVINDRA
164	PHADNIS AYUSH NITIN
165	RANMALE GAURAV KIRAN
166	RAUT VAIBHAV DATTATRAYA
167	SALUNKHE SHIVTEJA DHAIRYASHIEEL
168	SAMAL DHARITRI PRAMODKUMAR
169	SHAH DEEPTI NIPUL
170	SHELKE SATYAM VIKRAM
171	SHINDE PRATIK BAPU
172	SHINDE SAKSHI PRAVIN
173	SHINDE SHREYAS KIRAN
174	SINHA RUPALI HARENDRA
175	TIRTHAKAR PRADNYA DAYANAND
176	VATHARE KARAN SURESH
177	WALKE DNYANESHWARI RAJENDRA
178	YADAV HIMANI DHANIRAM
179	KHAN ABDURRAHIM ABDULREHMAN
180	CHAVAN ABHISHEK SUNIL
181	MOHITE JAYKUMAR MOHAN



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182	BANGI AMINA NADIM
183	BHADAVANKAR DIYA SUNIL
184	DABADE NIKITA AMAR
185	DESHPANDE ARYAN AMRUT
186	DOSHI JHALAK ALPESH
187	DOSHI NIRJARA VIRKUMAR
188	FARAKATE PRIYANSHU AMAR
189	GAJANNAVAR HARSHAD SANJAY
190	GURAV SOHAM BABASAHEB
191	JADHAV SONALI DILIP
192	JADHAV TANVI SANDEEP
193	KADU SHRADDHA SANJAY
194	KAGWADE PAARUL SANJAY
195	KALE VISHAKHA VIJAY
196	KAMBLE SURAJ SUDHIR
197	KARMALKAR ARPITA PRASHANT
198	KASHID TANMAY DATTATRAYA
199	KHADATARE SEJAL SANJAY
200	KHADILKAR SIDDHARTH MAKARAND




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Feedback Form

Date- 19 April 2026

Name of Event: S3 Duathlon

1. Name

137 responses

Asmita Jadhav

Sakshi Dattatray Rode

Samruddhi Ashitosh Patil

Srushti Naik

Vedika Vallakati

Snehal Bapuso Nalawade

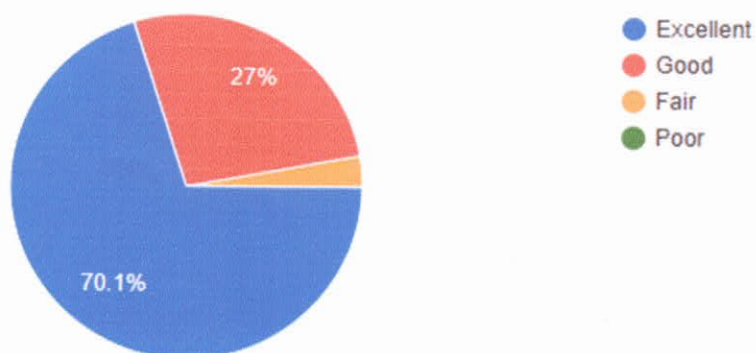
TANMAY DATTATRAYA KASHID

Potdar Shubhangi Shivdas

Kasturi Awasarkar

2. How would you rate the overall organisation of the marathon event?

137 responses

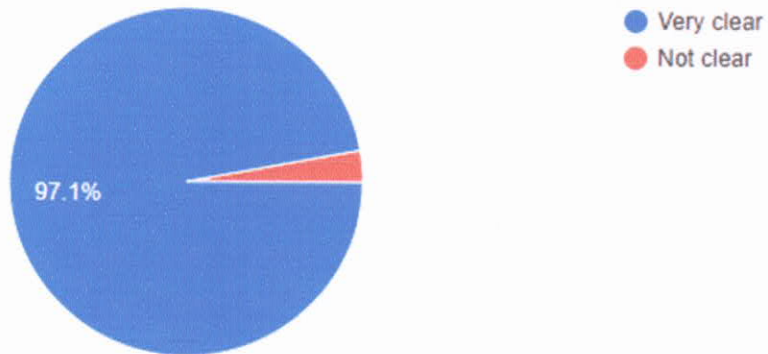




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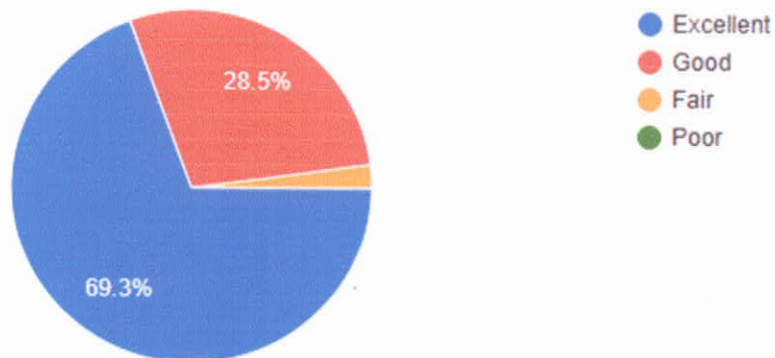
3 How well were your roles and responsibilities explained before the event?

137 responses



4. How would you rate the coordination within the physiotherapy team?

137 responses

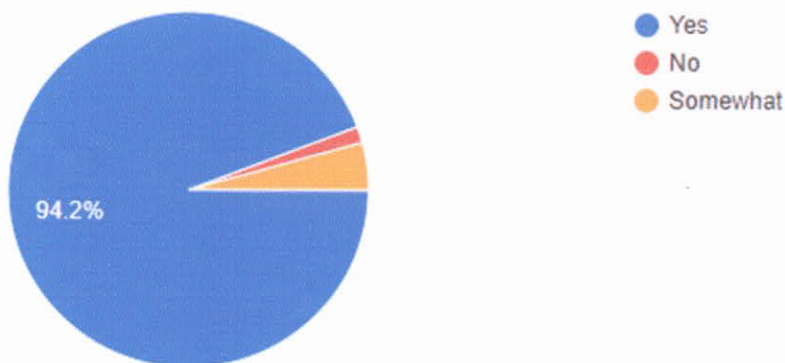




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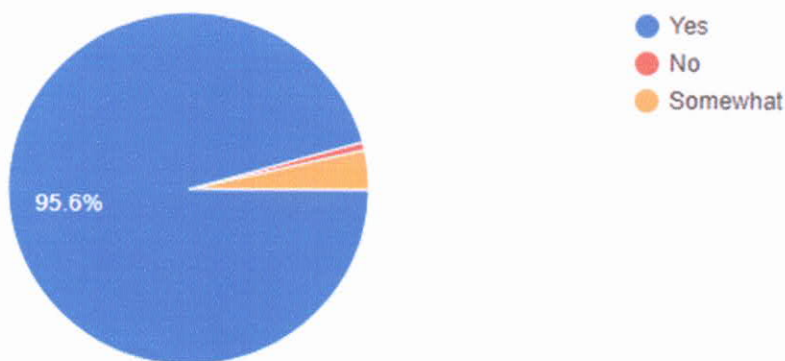
5. Were the facilities, equipment, and supplies adequate for providing physiotherapy services?

137 responses



6. Did you feel confident and supported while handling participants?

137 responses




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