

About Authors



Dr. Basavant Dhudum is currently working as HOD & Associate Professor with over 17 years of experience in Medical-Surgical Nursing Department, Bharati Vidyapeeth (Deemed to be University), College of Nursing, Sangli. He holds a PhD. in Nursing from Bharati Vidyapeeth University and has served in various academic and clinical roles, including as a PhD. guide. He holds a certificate course in Nutrition, Heart Diseases and diabetes from Wageningen University. He is also a certified trainer in HIV/AIDS, tuberculosis, diabetes education, and palliative care, and has completed several online courses in research methodology and healthcare management. His career spans teaching, research, and healthcare innovation, with Scopus indexed, web of science and peer reviewed publications, patents, and multiple citations across Google Scholar, Vidwan, and Research Gate. Dr. Dhudum is recognized for his leadership in curriculum development, student mentorship, and active participation in national health programs. He has contributed as a journal editor and reviewer for reputed nursing journals and is a life member of professional bodies like TNAI, NRSI, and CNRSI. His achievements include the Teacher Excellence Award, and he has served as an examiner for various universities.



Dr. Nimty Raina Ambardar is an accomplished academician and researcher in the field of Medical Physiology, with a background in Dentistry and postgraduate specialization in Physiology. She is currently pursuing her PhD and serves as an Assistant Professor in the Department of Physiology at D Y Patil Dental School, Pune. With extensive teaching and research experience across medical, dental field, she has contributed to academic excellence through active involvement in curriculum delivery, research projects, and institutional committees and guidance for ICMR-STs to undergraduate students. Her professional interests include physiology education, stress research, and the integration of clinical and experimental physiology in medical sciences.

Introduction of Clinical and Therapeutic Nutrition



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