

BHARATI VIDYAPEETH (Deemed to be University)
School Of Physiotherapy, Sangli
Department of Sports Physiotherapy

School Division Level Weightlifting Tournament

**for Under-17 and Under-19
Girls and Boys**

**WEIGHT
LIFTING
COMPETITION**



**VENUE - KALPATARU MANGAL HALL,
SANGLI**



**TIME - 11 AM TO 6 PM
DATE - 22/9/26**

• IN COORDINATION WITH •

DR. SACHIN SHETTI

DR. SHRADDHA SHELAR



BHARATI VIDYAPEETH (DEEMED TO BE UNIVERSITY)
SCHOOL OF PHYSIOTHERAPY, SANGLI

Date: September 22, 2026

CIRCULAR

This is to inform all faculty members and students that the following undergraduate students from the School of Physiotherapy, BVDU, Sangli, have been deputed to provide on-field physiotherapy coverage, emergency triage, and sports injury rehabilitation during the “**School Division Level Weightlifting Tournament for Under-17 and Under-19 Girls and Boys**”

- **Dates of Duty: 22nd September 2026**
- **Event: School Division Level Weightlifting Tournament for Under-17 and Under-19 Girls and Boys**

LIST OF DEPUTED STUDENTS:

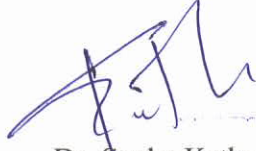
Sr. No.	Name of the Student
1	Gayatri Krishna Shelar
2	Parth Nandan Andhale
3	Jhalak Alpesh Doshi
4	Nirajara Virkumar Doshi
5	Pranay Pravin Pandhare
6	Moin Aslam Mushrif

The aforementioned students are granted duty leave for the duration of the event and are directed to report to the sports event coordinators punctually.

Copy to

- 1. Hon. Regional Director, B.V. (D.U.), Sangli
- 2. Dean, BV (DU) M.C.H, Sangli
- 3. Dy. Dean, BV (D.U.) M.C.H, Sangli
- 4. Medical Superintendent, B.V (D.U.) M.C.H, Sangli
- 5. Dy. Medical Superintendent, B.V (DU) M.C.H, Sangli
- 6. All Notice Boards (College and Department)




Dr. Sneha Katke
PRINCIPAL
Bharati Vidyapeeth
(Deemed to be University)
School of Physiotherapy,
Sangli - 416 416.



BHARATI VIDYAPEETH (Deemed To Be University) SCHOOL OF PHYSIOTHERAPY, SANGLI

Report on -“Physiotherapy services at School Division Level Weightlifting Tournament for Under-17 and Under-19 Girls and Boys”

Title of the Activity- "Physiotherapy services at School Division Level Weightlifting Tournament for Under-17 and Under-19 Girls and Boys"

Venue of the Activity- , Sangli

Date of Activity- 22/9/2026

Duration of Activity- 11 am-6pm

Collaborating Agency-

No. of Students Participated- 6

No. of Teachers Participated - 1

No. of Beneficiaries- 250

Details of the Activity with Photographs-

Bharati Vidyapeeth (Deemed to be University) School of Physiotherapy, Sangli had the opportunity to provide on-field physiotherapy services at the Divisional Weight Lifting Championship 2026 on 22nd August 2026, from 11:00 AM to 6:00 PM. The championship was organized at Kalpataru Mangal Hall, Sangli. The primary aim of the physiotherapy service was to provide immediate assessment and management of sports-related injuries and musculoskeletal conditions commonly encountered in weight lifting, including muscle strains, ligament sprains, joint injuries, muscle spasms, contusions, and acute low back and shoulder complaints. The team also provided post-event recovery interventions, stretching exercises, mobility exercises, and appropriate taping techniques to support athlete recovery and reduce the risk of further injury.

A team of 6 Physiotherapy students, under the supervision and guidance of 1 faculty member, actively managed and delivered sports physiotherapy care to 250 weight lifter competitors throughout the tournament. The tournament organizers expressed their gratitude to the institution for providing essential medical support and ensuring athlete safety across all bouts.

The coordinators for the event were Dr. Shradhha Shelar (Assistant Professor, BVDU SOP, Sangli). The event was successful under the guidance of Dr. Sneha Katke (Principal, (BVDU SOP, Sangli).



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Impact of the Activity-

- **Immediate Injury Care:** The physiotherapy team provided prompt assessment and management of acute sports injuries, including muscle strains, sprains, contusions, muscle spasms, and other musculoskeletal complaints among the participating power weight lifters.
- **Hands-on Student Training:** The participating Physiotherapy students gained valuable practical experience in sports physiotherapy, including injury assessment, acute injury management, stretching, mobility exercises, and recovery techniques in a live competitive environment.
- **Athlete Recovery and Injury Prevention:** The team provided targeted post-event stretching, mobility exercises, recovery techniques, and taping interventions to help reduce muscle fatigue, improve mobility, and minimize the risk of secondary musculoskeletal complications.
- **Community and Institutional Outreach:** The successful provision of physiotherapy services strengthened the community-service initiatives of Bharati Vidyapeeth School of Physiotherapy, Sangli and enhanced its contribution to sports and athlete welfare.
- **Interdisciplinary Collaboration:** Students and faculty strengthened professional coordination with athletes, coaches, event organizers, and officials, contributing to a safe and well-supported environment throughout the championship.

*Please tick the Criterion for the activity:

Criterion I	Criterion II	Criterion III	Criterion IV
Criterion V	Criterion VI	Criterion VII	Link

Event co-ordinator



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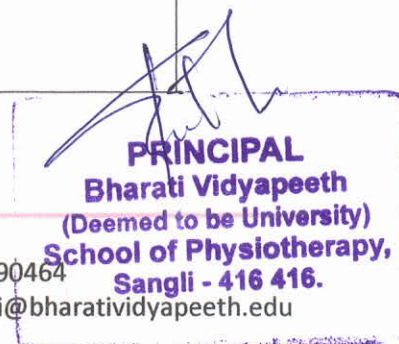
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SCHOOL OF PHYSIOTHERAPY, SANGLI

Date- 22/08/2026

**“Physiotherapy services at School Division Level
Weightlifting Tournament for Under-17 and Under-19 Girls
and Boys”**

SR. NO.	NAME OF THE STUDENT
1	Shelar Gayatri Krishna
2	Andhale Parth Nandan
3	Jhalak Alpesh Doshi
4	Nirajara Virkumar Doshi
5	Pranay Pravin Pandhare
6	Moin Aslam Mushrif



Sangli Miraj Road Sangli-416 414. Maharashtra

Website: <https://www.bvuniversity.edu.in/soptsangli>

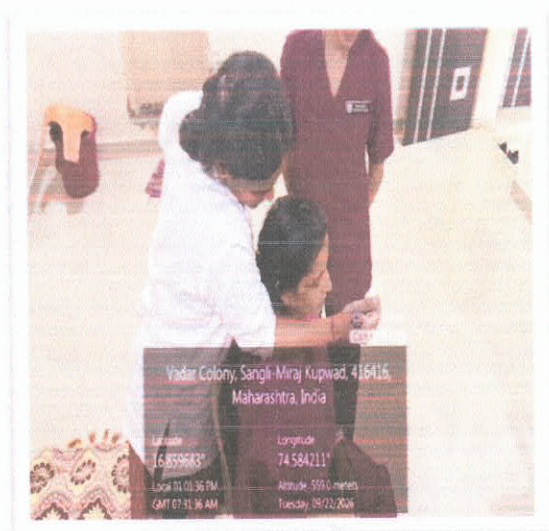
Ph No.: 0233-2990464

Email: sopt.sangli@bharatividyaapeeth.edu

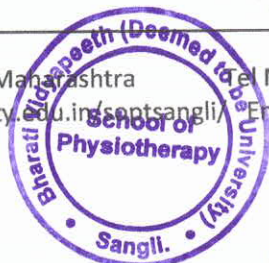


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SCHOOL OF PHYSIOTHERAPY, SANGLI**

**“Physiotherapy services at School Division Level Weightlifting
Tournament for Under-17 and Under-19 Girls and Boys”**



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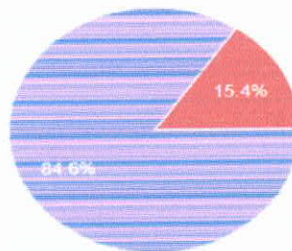
Feedback Form

Date- 22September 2026

Name of Event: School Division Level Weightlifting Tournament

1.How would you rate the overview of the event.

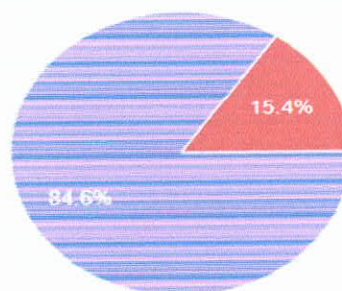
117 responses



● Excellent
● Good
● Fair
● Poor

2.How would you rate the interaction between you and the speaker

117 responses



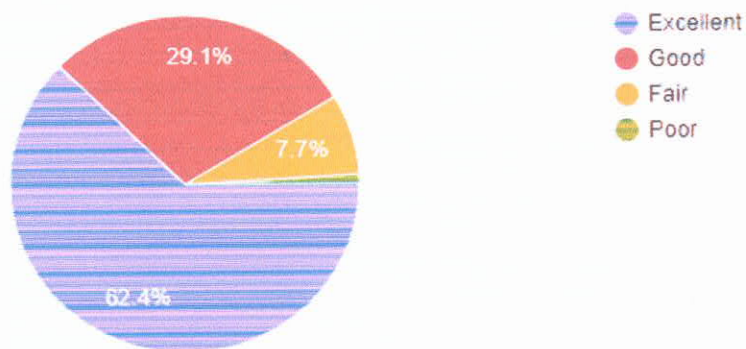
● Excellent
● Good
● Fair
● Poor



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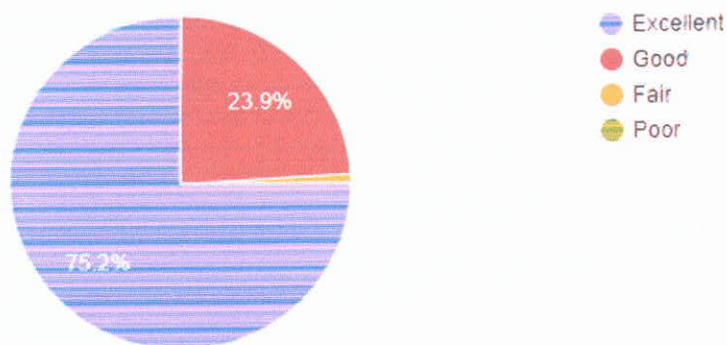
3.How would you rate the arrangements of the event

117 responses



4.How would rate the success of the event

117 responses





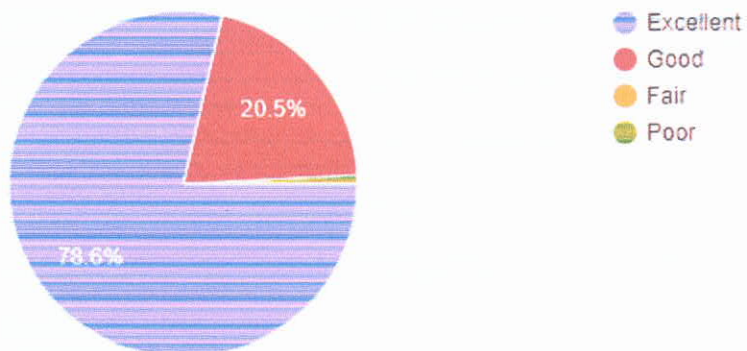
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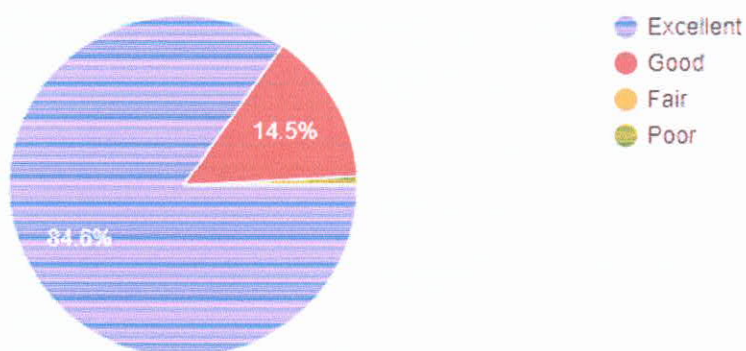
5. How would you rate content and quality of event

117 responses



6. How would you rate queries answered by the speaker

117 responses

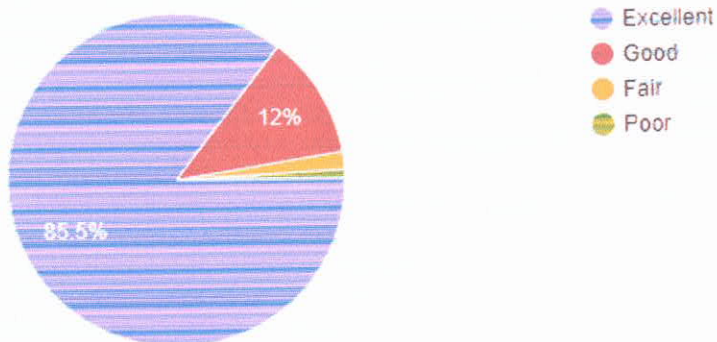




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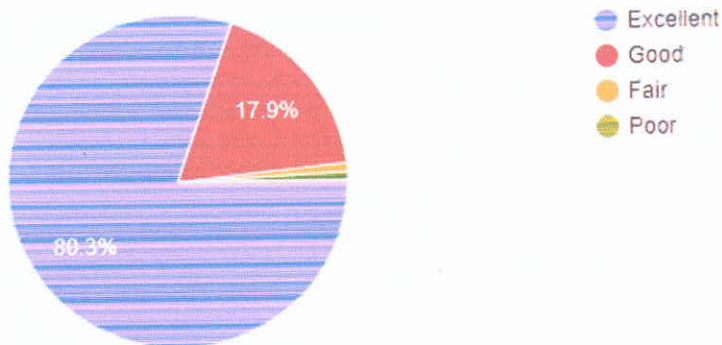
7. How would you rate the preparations of the speakers

117 responses



8. How would you rate the knowledge obtained from event.

117 responses



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