



Bharati Vidyapeeth (Deemed to be University)
College of Nursing, Pune
in collaboration with
Sinhgad College Of Nursing, Pune
Maharashtra Institute of Mental Health (MIMH), Pune
DES, Smt. Subhadra K. Jindal College of Nursing, Pune



Invitation

CLINICAL SKILL STATIONS WORKSHOP
On the occasion of
World Mental Health Day 2026

Theme:
"Lived experiences heard: real voices, real change"

Date:
Monday,
19th October 2026

Time:
9.00 AM
Onwards

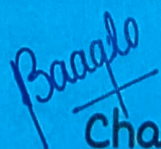
Participants:
GNM, B.Sc. &
M.Sc. Nursing
Students

Registration
free for all
participants

Venue:
Bharati Vidyapeeth (DU)
College Of Nursing, Pune.


Organizing secretary
Dr. Monita Thokchom
Associate professor
BV (DU) College Of Nursing, Pune

MRS. MONITA THOKCHOM
HOD, MENTAL HEALTH NURSING
BHARATI VIDYAPEETH (DEEMED TO BE UNIVERSITY)
COLLEGE OF NURSING, PUNE - 411043


Chairperson
Dr. Bhagyashree Jogdeo
Principal
BV (DU) College Of Nursing, Pune

Principal
Bharati Vidyapeeth
(Deemed to be University)
College of Nursing
Pune-Satara Road, Pune-43.

**BHARATI VIDYAPEETH (DEEMED TO BE UNIVERSITY)
COLLEGE OF COLLEGE OF NURSING, PUNE.**

REPORT

ON

INTERCOLLEGIATE CLINICAL SKILLS STATION

On the occasion of World Mental Health Day 2026, an Intercollegiate Clinical Skills Station Workshop was organized on 19th October 2026 at Bharati Vidyapeeth (Deemed to be University) College of Nursing Pune, Maharashtra. The workshop aimed to enhance nursing students' knowledge, clinical competencies, and practical skills in psychiatric and mental health nursing through an interactive, station-based learning approach.

The workshop provided a valuable platform for students from various colleges to gain practical exposure to psychiatric assessment, therapeutic interventions, patient safety measures, and essential mental health care practices.

The workshop was organized by Bharati Vidyapeeth(Deemed to be University)College of Nursing, Pune, in collaboration with the following institutions:

1. Sinhgad College of Nursing, Pune
2. Maharashtra Institute of Mental Health, Pune
3. DES Shrimati Subhadra K. Jindal College of Nursing, Pune

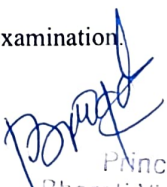
The programme was conducted under the leadership and coordination of representatives from the participating institutions:

- Dr. Monita Thokchom, Associate Professor – Bharati Vidyapeeth Deemed to be University College of Nursing, Pune
- Mrs. Sadhana Shinde – Sinhgad College of Nursing, Pune
- Professor Amol Kanade, Professor and Head – DES Shrimati Subhadra K. Jindal College of Nursing, Pune
- Mr. Sumit Khare, Associate Professor – Maharashtra Institute of Mental Health, Pune

The collaborative efforts of the institutions and their representatives contributed to the planning and organization of educational initiative.

- To enhance the clinical knowledge and practical skills of nursing students in psychiatric and mental health nursing.
- To develop competencies in comprehensive psychiatric assessment and mental status examination.


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- To improve therapeutic communication and verbal de-escalation skills.
- To increase awareness of suicide prevention, self-harm risk assessment, and patient safety.
- To promote understanding of the legal rights of individuals with mental health conditions.
- To strengthen knowledge of substance use disorders, psychotropic medications, and family psychoeducation.
- To encourage intercollegiate learning, professional interaction, and the exchange of clinical knowledge.

. Programme Proceedings

At 8:00 a.m. with the registration of participants. The initial session included the inauguration of the workshop, marking the beginning of the intercollegiate clinical skills learning activities.

Following the inauguration, students participated in interactive clinical skills stations. The station-based format provided focused learning experiences through practical demonstrations, discussions, and skill-oriented activities. Participants moved through the designated stations, gaining information and practical insights into different aspects of psychiatric assessment and mental health care. The interactive format encouraged active participation, peer learning, clarification of doubts, and a better understanding of how theoretical knowledge can be applied in clinical settings. The programme concluded with the distribution of certificates in recognition of the participants' involvement. 6. Clinical Skills Stations. Students from various nursing colleges participated enthusiastically in the intercollegiate workshop. The station-based approach created an engaging learning environment that encouraged active involvement, peer learning, and interaction with faculty members and resource persons.

The workshop provided nursing students with valuable learning opportunities through interactive clinical skills stations focused on psychiatric assessment, therapeutic communication, patient safety, legal rights, and other essential areas of mental health nursing. The enthusiastic participation of students and the collaborative efforts of the organizing institutions contributed to the educational value of the programme.

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