BHARATI VIDYAPEETH DEEMED TO BE UNIVERSITY

COLLEGE OF NURSING, SANGLI

REPORT ON WORLD MENTAL HEALTH DAY CELEBRATION 2026

13 to 15 October 2026

The Department of Mental Health (Psychiatric) Nursing, Bharati Vidyapeeth (Deemed to be University), College of Nursing, Sangli, in collaboration with Bharati Hospital, organized a three-day awareness programme from **13 to 15 October 2026** to mark World Mental Health Day.
This year's theme, **"Lived Experiences Heard: Real Voices, Real Change,"** highlighted the importance of listening to people with lived experiences of mental health challenges, respecting their feelings, and ensuring that they receive appropriate support and care.

Day 1: 13 October 2026

Inauguration of the Counselling Room and Educational Session

Dr Chandrashekhar Halingale, Director and Senior Psychiatrist at Nirmal Hospital, De-addiction and Rehabilitation Centre, Miraj, inaugurated the counselling room under the Mental Health Nursing Department.
Following the inauguration, Dr. Halingale conducted an educational session for nursing students based on the World Mental Health Day theme. A total of **70 students** from B.Sc. Nursing, Post Basic B.Sc. Nursing, and M.Sc. Nursing participated in the session.
The discussion emphasized maintaining mental well-being, balancing thoughts, emotions, and behaviour, and developing a sensitive and supportive approach towards mental health care

Day 2: 14 October 2026

World Mental Health Day Celebration

The main celebration was held at the OPD premises of Bharati Hospital, Sangli, and was inaugurated by the dignitaries through a ribbon-cutting ceremony.
Students from M.Sc. Nursing First and Second Year and Post Basic B.Sc. Nursing Second Year presented posters based on this year's theme. Third-year B.Sc. Nursing students performed a street play to spread awareness about mental health.
The programme was graced by **Dr. Nitin Mudiraj**, Dean, Bharati Medical College; **Dr. Sara Dhanwade**, Medical Superintendent, Bharati Hospital; **Dr. Nitin Patil**, Head of the Psychiatry Department; **Dr. Neelam Behare**; **Dr. Saraswati Herwade**, Nursing

Superintendent; **Mr. Abhijit Todkar**, Administrative Officer; and **Mrs. Shweta Kulkarni,** Human Resources Department.
Dr. Suresh Kumar Ray, Principal, College of Nursing, delivered the welcome address. **Dr. Neelam Behare**, Assistant Professor at Bharati Hospital, Sangli, shared insights on the significance of this year's theme. **Mrs. Varsha Sane**, M.Sc. Nursing First Year, served as the master of ceremonies, and **Mrs. Shefali Daruwala** proposed the vote of thanks.
Following the programme, the dignitaries and M.Sc. Nursing First- and Second-Year students visited the psychiatric ward and distributed fruits to the patients. This gesture reflected compassion, empathy, and a commitment to providing humane and supportive care.

Day 3

15 October 2026

Public Mental Health Awareness Through Street Plays

On the third day, third-year B.Sc. Nursing students performed street plays at Saishwary Hospital and Nirmal Hospital, Miraj, to promote public awareness about mental health. Approximately **150–200 beneficiaries**, including students, patients, and their relatives from the wider community, benefited from this initiative. The street plays conveyed important mental health messages in a simple, engaging, and effective manner, helping to promote awareness and reduce misconceptions about mental illness.

A Collective Effort for Mental Well-being

The three-day programme encouraged students and the community to understand mental health, challenge stigma, and recognize the importance of listening to and supporting people experiencing mental health difficulties.
Under the guidance of Dr **J. G. Bahubali**, Head of the Department of Mental Health (Psychiatric) Nursing, along with the teaching faculty and students, played an important role in planning and successfully conducting all three days of activities.

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PHOTO GALLERY

COUNSELLING ROOM INAUGURATION & GUEST LECTURE 13/10/2026

DAY -1









MAIN CELEBRATION, POSTER PRESENTATIONS & DISTRIBUTION OF FRUITS FOR PATIENTS 14 OCTOBER 2026

DAY 2

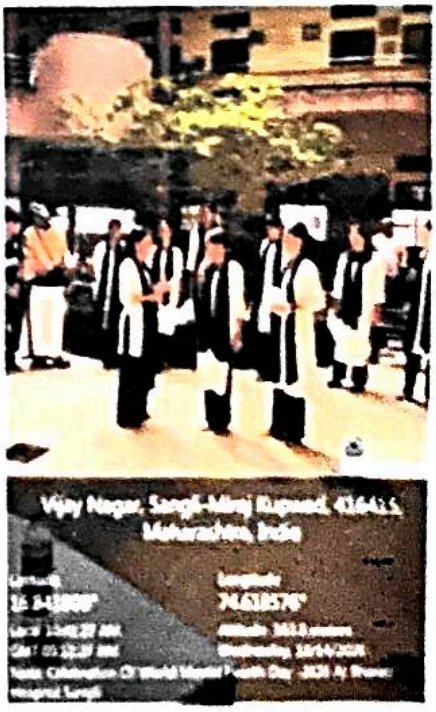












PUBLIC AWARENESS THROUGH STREET PLAYS 15 OCTOBER 2026

DAY 3





DEPT SECRETARY

Mrs Milka Devraj

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