

BHARATI VIDYAPEETH (DEEMED TO BE UNIVERSITY)
COLLEGE OF ENGINEERING

Report on

Celebration of International Women's Day

“Women are strong due to their inborn ability to multitask” says Ms Varsha Ghogare, PSI Bharati Vidyapeeth Police station. She was speaking as a chief guest at the celebration of International women's Day.

International women's Day was celebrated under the Women's Cell of Bharati Vidyapeeth (Deemed to be) University College of Engineering, Pune on 8th March 2022.

“Empowerment comes from within” says Dr. Vidula Sohoni, Principal, Bharati Vidyapeeth (Deemed to be) University College of Engineering. She motivated the audience by her speech.

Chief guest Ms Varsha Ghogare addressed girl students regarding various laws and legal rights of women. She talked about the women safety squad. Safety awareness created during the session was very helpful to all girl students as well as faculty members.

The guest for second session was Dr. Mrudula Kulkarni, Associate Professor, Department of Prasutitantra, BVDU College of Ayurveda. She delivered lecture on “Health Awareness at Different Stages of Women's life”.

She showed the changes in various stages of woman's life like childhood, Adolescence, Young Adult, Child bearing age, Perimenopause and Menopause. She discussed about the reproductive system and its health by showing figures and the various concerns related to it. At the end she concluded her session by focussing her views on various investigations required for women and the healthy diet for women.

The guest for the third session was Dr. Nidhi Agarwal, a physician, lifestyle & wellness coach. Dr. Nidhi Agarwal addressed girl students regarding mindfulness and taught a lot of things through different activities. She gave information about the diet, health, mental health fitness. Mindfulness created during the session was very helpful to all girl students as well as faculty members. Everyone enjoyed the session.

The fourth session was chaired Mrs. Amita Deshpande (Founder - reCharkha - The EcoSocial Tribe) who had delivered talk on “Plastic Waste Management and Up cycling”.

Amita has worked extensively in Sustainable Development and Corporate Social Responsibility since the past 14 years. She worked with CSR teams of multinational corporations, consultancies, non-profits, and

community-based organizations in the United States and India and eventually founded Aarohana EcoSocial Developments with the rich experience she has gathered. After leading Aarohana for 7 years, she founded reCharkha EcoSocial to continue the same work of upcycling Waste Plastic. Re-Charkha EcoSocial, is a social enterprise, working on Upcycling non-recyclable plastic waste using a traditional weaving technique, that uses a Charkha and Handloom. reCharkha employs tribal and rural women and youth in this process, thus enabling Livelihoods for them; in an attempt to develop an EcoSocial Planet.

Expert taught lot more about responsibilities, social responsibilities, corporate needs and individual responsibilities about environment.

At the end, all the audience was thanked for being enthusiastic and patient throughout the program. The program was indeed a great success.





