



**BHARATI VIDYAPEETH (Deemed to be University)**  
**SCHOOL OF PHYSIOTHERAPY, SANGLI**  
**STUDENT INDUCTION PROGRAM YEAR 2023-24**

**16/08/2023 - 19/08/2023**

**VENUE- 5th Floor, E2 Wing BVDU Medical college and Hospital**

DAY	DATE	TIME	ACTIVITY	NAME OF SPEAKER	
DAY 1	16-08-2023	10 AM TO 11 AM	INTRODUCTION /INTERACTION OF STAFF WITH STUDENTS, PRINCIPALS ADDRESS	DR. SNEHA KATKE	
			ACADEMIC OVERVIEW	DR. MANAL ANTHIKAT	
			INFRASTRUCTURE OVERVIEW	DR. SACHIN SHETTI	
			VOTE OF THANKS	DR. SHEETAL SWAMY	
		11 AM TO 12 PM	KEY TO SUCCESSFUL LIFE	DR. NITIN NAYAK	
		12 PM TO 1 PM	PEER MENTORING PROGRAM	DR ANAND ANUSE	
DAY 2	17-08-2023	9 AM TO 10 AM	PROFESSIONAL ETHICS AND HUMAN VALUES/ LAWS FOR STUDENTS	DR. POOJA NARWADKAR	
			11 AM TO 12PM	GENDER SENSITIZATION - SELF DEFENCE & CYBER CRIME	Mr. PRANEEL GILDA
			12 PM TO 1 PM	HEALTHY ACTIVE LIFESTYLE	DHANASHREE MALI
		2.30 PM TP 3.30 PM	PERSONALITY DEVELOPMENT AND COMMUNICATION SKILLS	DR. SNEHA KATKE	
			9.30 AM TO 10.30 AM	CAREER OPPORTUNITIES IN PHYSIOTHERAPY	DR. SHEETAL SWAMY JANGAM
				COMMITTEES AND ITS IMPORTANCE	DR. HARSHADA PATIL
DAY 3	18-08-2023	10.30 AM TO 12.30 PM	EXAMINATION AND EVALUATION SYSTEM	DR. SUNIL HARSULKAR	
			ORIENTATION TO HOSPITAL	DR. KEVIN MAKASARE, DR. ROHIT MASRAJ, DR. ARUNDHATI	
			2 PM TO 4 PM	ORIENTATION TO CLINICAL AREAS	DR. VISHAGH NAIR, DR. ANUJA KHADILKAR DR. AMRUTA BAJANTRI
		9.30 AM TO 12.30 PM	ORIENTATION TO COLLEGE CAMPUS	DR. TEJASWI VARUTE, DR. RUTUJA PHADKE, DR. AISHWARYA WAYADANDE	
			2 PM TO 3 PM	ORIENTATION TO LABS AND CLASSROOMS	DR. TEJASWI VARUTE, DR. RUTUJA PHADKE
				3 PM TO 4 PM	LIBRARY ORIENTATION
DAY 4	19-08-2023				



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**CIRCULAR**

BVDU, School of Physiotherapy Sangli, has organized guest lecture on HEALTHY ACTIVE LIFESTYLE.

Attendance is compulsory for all the staff and students.

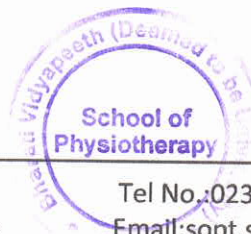
Day and Date: Thursday and 17/08/2023

Venue: E2 wing, 5<sup>th</sup> floor BVDU Medical College and Hospital

Time: 12 pm to 1 pm

Copy to

1. Hon. Regional Director, B.V. (D.U.), Sangli
2. Dean, BV (DU) M.C.H, Sangli
3. Dy. Dean, BV (D.U.) M.C.H, Sangli
4. Medical Superintendent, B.V (D.U.) M.C.H, Sangli
5. Dy. Medical Superintendent, B.V (DU) M.C.H, Sangli
6. All Notice Boards (College and Department)



**Dr. Sneha Katke  
PRINCIPAL  
Bharati Vidyapeeth  
(Deemed to be University)**



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**SCHOOL OF PHYSIOTHERAPY, SANGLI**

**ACTIVITY REPORT**

Title of program/event/course/activity	Healthy active lifestyle
Objective/s of program	To educate students about prioritizing these habits can lead to improved physical and mental health.
Date and Time of program	17 <sup>th</sup> August 2023, 12pm-1pm
Venue	E2 wing 5 <sup>th</sup> floor, BVDU Hospital
Organized by	BVDU School of Physiotherapy, Sangli
If organized in collaboration, name of external institute/body/agency/hospital	
Program approved by Dean/Principal/HOD/University	Dr.Sneha V. Katke (Principal)
Name of Program Co-ordinator	Dr. Sheetal Swamy,
Name of Supporting staff	Dr. Tejaswi Varute and Dr. Anuja Khadilkar
Name of Speaker/ Guest speaker	Mrs. Dhanashree Mali
Vote of thanks presented by	Dr. Anuja Khadilkar
Photograph/video available	Yes (photograph)
Nature of photo submission [Hard/soft copy]	Hard and Soft copy
No. of Participants / Volunteers	1
No. of Beneficiaries	161



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Brief about the program/ activity/event:

Bharati Vidyapeeth (deemed to be university) School of Physiotherapy, Sangli had organized a guest lecture on the topic healthy active lifestyle as a part of induction program for the batch of 2023-24. The main objective of the lecture was to educate students about prioritizing these habits can lead to improved physical and mental health. The guest speaker for the lecture was Mrs. Dhanashree Mali who spoke about various habits and practices that contribute to overall health and longevity, importance of regular exercises, maintaining a balanced nutritious diet and sleep. A total of 161 students attended the guest lecture. The program coordinators for the event were Dr. Sheetal Swamy, Dr. Tejaswi Varute and Dr. Anuja Khadilkar. Vote of thanks was presented by Dr. Anuja Khadilkar (Assistant professor, BVDU SOP, Sangli). The event was successful under the guidance of Dr. Sneha Katke (Principal, ( BVDU SOP, Sangli)

\*Please tick the Criterion for the activity:

Criterion I	Criterion II	Criterion III	Criterion IV
Criterion V	Criterion VI	Criterion VII	Link

**Event co-ordinator**



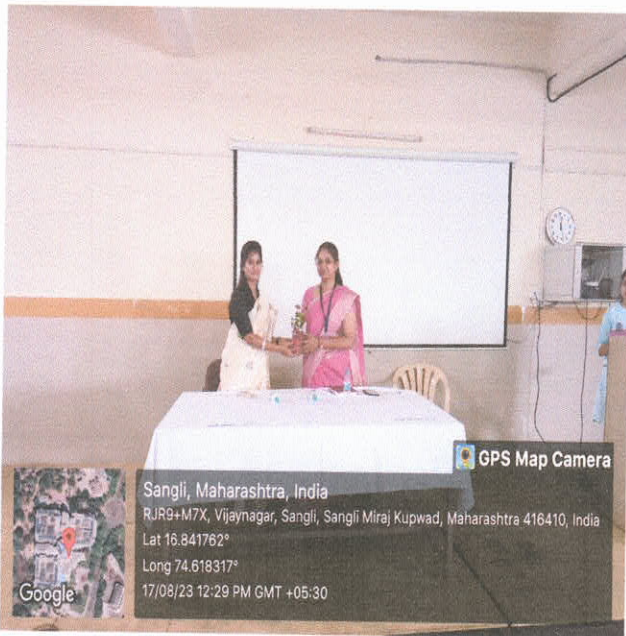
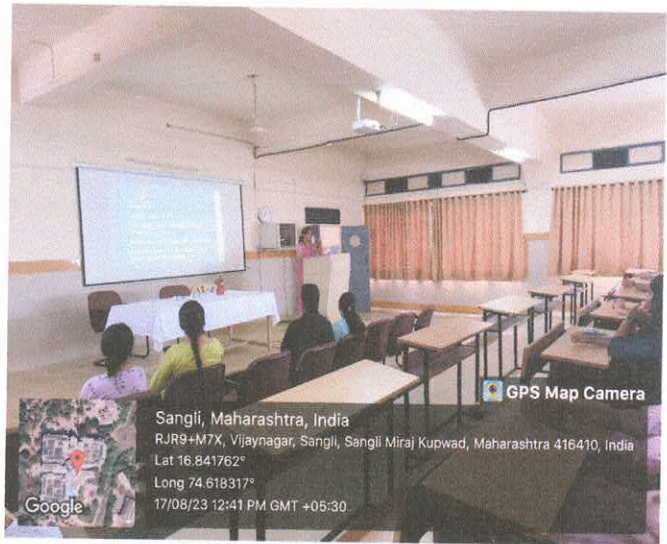
**Principal**  
**PRINCIPAL**  
**Bharati Vidyapeeth**  
**(Deemed to be University)**  
**School of Physiotherapy**  
**Sangli - 416 416.**



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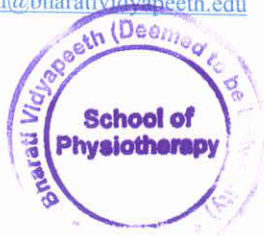
**SCHOOL OF PHYSIOTHERAPY, SANGLI**

**HEALTHY ACTIVE LIFESTYLE**



Sangli – Miraj Road Sangli – 416 416 , Maharashtra

Email : [sopt.sangli@bharatividyaapeeth.edu](mailto:sopt.sangli@bharatividyaapeeth.edu)



*[Signature]*  
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**School of Physiotherapy**  
**Sangli - 416 416.**

Tel No. : 0233-2601593/94/95 Ext.No. 228, 269

Website : <http://soptsangli.bharatividyaapeeth.edu>



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ATTENDANCE SHEET

ACTIVITY: Healthy Lifestyle

DATE: 17/8/2023

SR. NO.	NAME OF THE PARTICIPANTS	SIGNATURE
1	Sai'sh Kulkarni	
2	Karan Suresh Vadhav	
3.	Shubham Pravin Mahadik	
4.	Yash Someshwar Yawalkar	
5.	Shreyas Kiran Shinde	
6.	Satyam Vikram Shetke	
7.	Mayuresh Sanjay Patil	
8.	Aditya Anil Jamane	
9.	Pratik Bapu Shinde.	
10.	Atharv Papat Patil.	
11)	Om Subhash Gogavale	
12)	Vaibhav Dattatraya Raut	
13.	Smruti Mayur Khadilkar.	
14.	Gayatri Sanjeevkumar Chinchkar.	
15	Rupali Harendra Sinha	
16.	Ayushma Rajendra Kale	
17	Himani Yadav	
18	Deepthi Nipun. Shah.	
19	Prachi Narayan Yungar	
20	Madhura Ganesh Kadam	
21.	Shruti Anil Landage	
22.	Bhakti Krishna Nale	
23.	Arshiya M. Inamdar	
24.	Sakshi P. Shinde	
25.	Rehmat Bhojani	
26.	Dharitri Pramodkumar Samal	
27.	Srushti Tshwar Nak	
28.	Aekanksha Vitthal Margal	
29.	Dnyaneshwari R. Walke	
30.	Nityashree S. Parlekar	

31.	Sakshi Balshiram Bhalerao	<u>Sakshi</u>
32.	Vedika Bhausaheb Dighe	<u>Vedika</u>
33.	Ishwari Mukund Jagtap	<u>Ishwari</u>
34.	Mansi Ankush Kelgane	<u>Mkelgane</u>
35.	Vaibhavi Ravindra. Kesare	<u>Vaibhavi</u>
36.	Aditya Ambekar	<u>Aditya</u>
37.	Yash Yawalkar	<u>Yash</u>
38.	Zuha Aslam Masali	<u>Zuha</u>
39.	Dipali Namdev Naikwadi	<u>Dipali</u>
40.	Riya Prakash Angaj	<u>Riya</u>
41.	Sumit Vitendra Jamadake	<u>S.V. Jamadake</u>
42.	Vedantika Ravindra Kulkarni	<u>Vedantika</u>
43.	Landage Shrutti Anil	<u>S.A. Landage</u>
44.	Riya Ravindra Pawar	<u>Riya</u>
45.	Meenuali Kantode	<u>Meenuali</u>
46.	Poornima Dayanand Tirthakar	<u>Poornima</u>
47.	Nitya Laxmikant Bhattad	<u>Nitya Bhattad</u>
48.	Shobhu Maauti Hake	<u>S.M. Hake</u>
49.	Kaytri Kiran Avabarkar	<u>Kaytri</u>
50.	Gaurav Kiran Ranmale	<u>Gaurav</u>
51.	Vishakha Rajesh Kavade	<u>Vishakha</u>
52.	Salunkhe Shivteja Dhairayashieel	<u>Salunkhe</u>
53.	Dhavane Tanisha Prabhakar	<u>Dhavane</u>
54.	Sharvari Shital Khot	<u>Sharvari</u>
55.	Dipali Naikwadi	<u>Dipali</u>



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**Student Induction program year 2023-24**

**TOPIC: Healthy lifestyle      Date:17/8/2023**

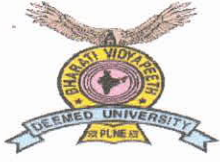
Sr. No	Name	Signature
1	BANGI AMINA NADIM	<i>Asangi</i>
2	BHADAVANKAR DIYA SUNIL	<i>Diya</i>
3	DABADE NIKITA AMAR	<i>NAD</i>
4	DESHPANDE ARYAN AMRUT	<i>Ar</i>
5	DOSHI JHALAK ALPESH	<i>JADoshi</i>
6	DOSHI NIRJARA VIRKUMAR	<i>NV Doshi</i>
7	FARAKATE PRIYANSHU AMAR	<i>Priyankate</i>
8	GAJANNAVAR HARSHAD SANJAY	<i>Harshad</i>
9	GURAV SOHAM BABASAHEB	<i>Soham</i>
10	JADHAV GIANINA SACHINDRA	<i>G. Sachin</i>
11	JADHAV SONALI DILIP	<i>Sonali</i>
12	JADHAV TANVI SANDEEP	<i>Tanvi</i>
13	JAGADALE HARSHAWARDHAN SANTOSH	<i>HSJ</i>
14	KADAM SHARVARI KISHOR	<i>Sharvati</i>
15	KADU SHRADDHA SANJAY	<i>Shadu</i>
16	KAGWADE PAARUL SANJAY	<i>Paarul</i>
17	KALE VISHAKHA VIJAY	<i>Vishakha</i>
18	KAMBLE SURAJ SUDHIR	<i>Suraj</i>
19	KARMALKAR ARPITA PRASHANT	<i>Arpita</i>
20	KASHID TANMAY DATTATRAYA	<i>Tanmay</i>
21	KHADATARE SEJAL SANJAY	<i>Sejal</i>
22	KHADILKAR SIDDHARTH MAKARAND	<i>Siddharth</i>
23	KHAN ABDURRAHIM ABDULREHMAN	<i>Arhim</i>
24	KHARKANDE SHARDUL SANDEEP	<i>Shardul</i>
25	KULKARNI SARTHAK NITIN	<i>Sarthak</i>
26	KULKARNI SAYALI PRASAD	<i>Sayali</i>
27	KUMBHAR SAMRUDHI SANDEEP	<i>Samrudhi</i>
28	KUSNALE INDRAJIT SANJAY	<i>Indrajit</i>
29	MADIWAL HRISHITA AMOL	<i>Hrishita</i>
30	MAHAJAN MOKSHA SHAILESH	<i>Moksha</i>
31	MANE KRANTI MAHADEV	<i>Krane</i>
32	MANE SANIKA SWAGAT	<i>Sanika</i>
33	MOHITE JAYKUMAR MOHAN	<i>Jaykumar</i>
34	MUSHRIF MOIN ASLAM	<i>M.A. Mushrif</i>
35	MUNDE ADITI WASUDEO	<i>Aditi</i>
36	NARWADE PAYAL VILASRAO	<i>Payal</i>
37	PANDHARE PRANAY PRAVIN	<i>Pranay</i>
38	PARIT POOJA SACHIN	<i>Pooja</i>
39	PARKAR FATIMA ASIF	<i>Fatima</i>



40	PATIL SANIKA ARUN	<u>SAPaul</u>
41	PATIL SANIKA PRAVIN	<u>Patil</u>
42	PATIL VAISHNAVI PRAKASH	<u>Patil</u>
43	PAWALE PRATIKSHA SANJAY	<u>Pratiksha</u>
44	PAWAR SAKSHI MAHESH	<u>Sakshi</u>
45	PAWAR SHRUTI SHRIKANT	<u>Shruti</u>
46	PAWAR SHUBHAM RAJKUMAR	<u>SRPawar</u>
47	POTDAR SHUBHANGI SHIVDAS	<u>SSPotdar</u>
48	SARKALE ADITYA AMOD	<u>Sarkale</u>
49	SHAH TANISHA PRASHANT	<u>Shah</u>
50	SHINDE SAKSHI PRASAD	<u>Sakshi</u>
51	SURYAWANSHI SAKSHI RAMESH	<u>Sakshi</u>
52	TAKANE PRADNYA RAJENDRA	<u>Pradas</u>
53	TAMBOLI DIYA RAFIK	<u>Tamboli</u>
54	YADAV PRADYUMNA DEVKUMAR	<u>Yadav</u>
55	PATIL RIDDHI PRAVIN	<u>Patil</u>
56	LATKAR POOJA BHADRAYU	<u>Latkar</u>
57	PUNWATKAR VARUN ANIL	<u>Punwatkar</u>



*[Signature]*  
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 Sangli - 416 416.



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**Student Induction program year 2023-24**

**TOPIC: Healthy lifestyle      Date:17/8/2023**

Sr. No	Name	Signature
1	AGEWAN AFTAB HARUN	
2	AHI YASH PRADEEP	
3	APTE SNEHA SANDEEP	
4	BHOSALE MRUNMAI JITENDRA	
5	BHOSALE SANKET SUBHASH	
6	CHAVAN NEHA PRAVIN	
7	CHAVAN RAJKUNWAR PRADEEP	
8	CHAVAN SAMRUDDHI SANDIP	
	CHOTHE ISHWARI MAHESH	
10	DAVARI KANAK SANJAY	
11	DESHMUKH AARYA SATISH	
12	GURAV SHRAVANI SANJAYKUMAR	
13	KALE AYUSH BHUSHAN	
14	KALSULE TANUJA SANDIPAN	
15	KAMBLE SANSKRUTI ANGAD	
16	KAPARE JAIEE SANJAY	
17	KITTURE PRACHI CHANDRAKANT	
18	MAHAPURE REBECCA DATTA	
19	MALI SAKSHI AMOL	
20	MANE MANJIRI SANJIV	
21	MANGALE GAURAV SANJEEV	
22	MOHITE MRUNALI SUNIL	
23	MOHITE SAKSHI SHEKHAR	
	MORE DIKSHA JAYWANT	
25	MULIK JAGRUTI NITIN	
26	MULIK SAKSHI ASHOK	
27	NIPANE SHREYA SUDHIR	
28	PATIL MAHESHWARI MAHESH	
29	PATIL SHIVENDRA PRAMOD	
30	PATIL VISHWATEJ ATUL	
31	PIRJADE SANA KADARPASHA	
32	RAJOBA KETAKI ASHISH	
33	RAVAL AKANKSHA VIJAY	
34	SAHANI KUSHAGRAH SAILESH	
35	SALUNKHE HINDA VI PANDURANG	
36	SHAH ISHA SAHIL	
37	SHAIKH ASIM BABUBHAI	
38	SHINDE PURNIMA MAHESH	
39	SONAWANE SOURABH JAYANAND	
40	SURVE SHRUSHTI DUSHYANT	

41	SURYAWANSHI MRUDULA ARUN	<i>Surya</i>
42	TANPURE SHIVANI MAHENDRAKUMAR	<i>Shivani</i>
43	THOMBARE GAURI BALASAHEB	<i>Gauri</i>
44	VASA METWI MEHUL	<i>Metwi</i>
45	YESKAR JANVI RAMCHANDRA	<i>Janvi</i>
46	NIRGUDE DIPIKA BHAGWATRAO	<i>DiPIKA</i>
47	BHEDA KEVAL RAJESH	<i>Keval Bheda</i>
48	LANJEKAR ANISHA AJAY	<i>Anisha</i>
49	PATIL PREM SANJAY	<i>Prem</i>
50	KURLE SRUSHTI SURESH	<i>Srushti</i>



*Patil*

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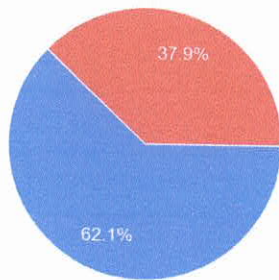
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**FEEDBACK FORM**

EVENT NAME: Induction Program- Healthy Active Lifestyle  
DATE: 17/08/23

1. How would you rate the overview of the event.

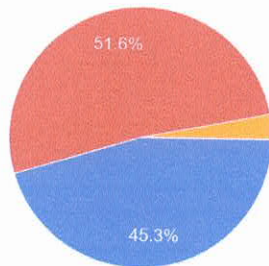
95 responses



- Excellent
- Good
- Fair
- Poor

2. How would you rate the interaction between you and the speaker.

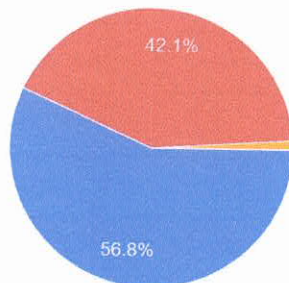
95 responses



- Excellent
- Good
- fair
- poor


3. How would you rate the arrangements of the event.

95 responses



- Excellent
- Good
- Fair
- Poor

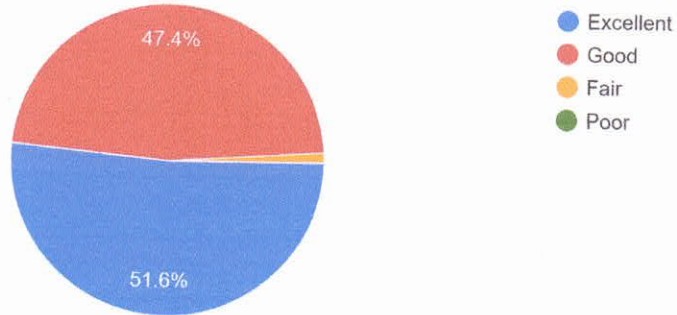


  
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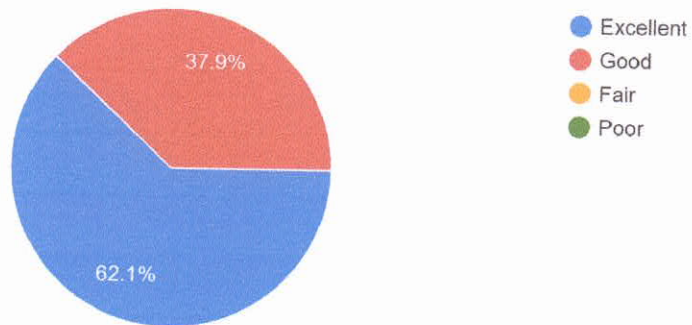


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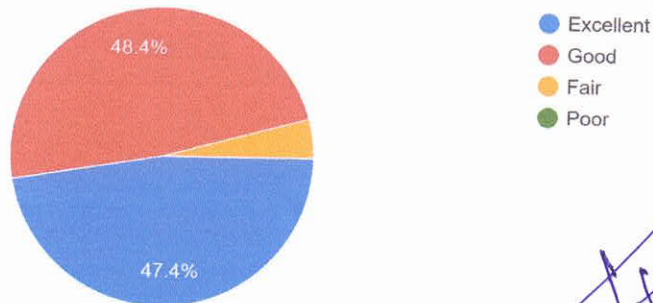
4. How would you rate the success of the event.  
95 responses



5. How would rate the content and quality of the event.  
95 responses



6. How would you rate the queries answered by the speaker.  
95 responses



*[Signature]*  
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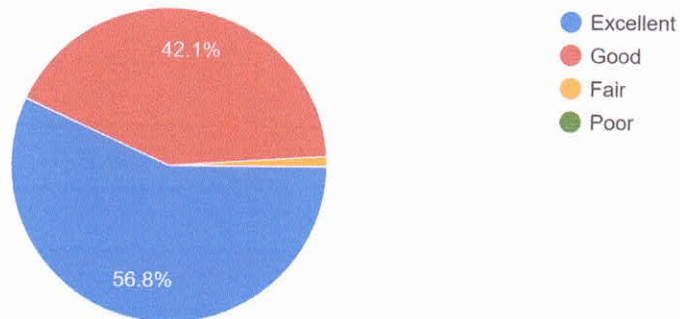




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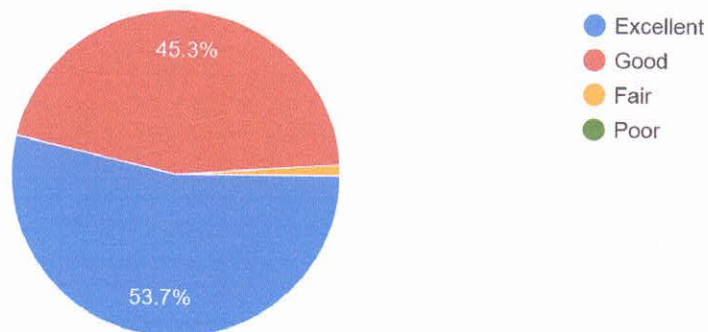
7. How would you rate the preparations of the speaker.

95 responses



8. How would you rate the knowledge obtained from the event.

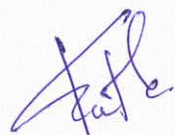
95 responses



9. Please write three words/expression which describe the event.

- Good
- Good
- Excellent
- It was good
- It was good
- Knowledgeable
- Better
- 
- Nice
- mazing
- Nice event



  
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Very nice event  
Received good knowledge  
No  
Received really instresting information  
informative event  
Jai shree ram  
Very good event  
Excellent,good& intrested  
Knowledgeable, great , helpful  
It was nice  
Helped to improve my lifestyle  
Added new points to be followed  
Amazing good  
It was unique experience  
It's was good and knowledgeable  
None  
Good lecture  
  
Excellent amazing best  
Very wonderful program!  
It was best  
good  
Systematic, punctual  
It was really good  
Event was great.  
Event is very grateful.  
... Successful.. Event  
It was a good experience  
It is good and teaching also be very nice  
The Event was amazing!  
motivational amazing inspirational  
Helpful aaplicable awareness  
The event was so good. I learn so many thinks from the event  
It's was a good experience  
Qualitative, purposefully and discipline  
Perfectly planned and executed  
Better to understand



  
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Helpful

Supporting, cooperative, gain good knowledge

Helpful life awareness

The event was helpful and motivational and encouraged for further studies

Very supporting

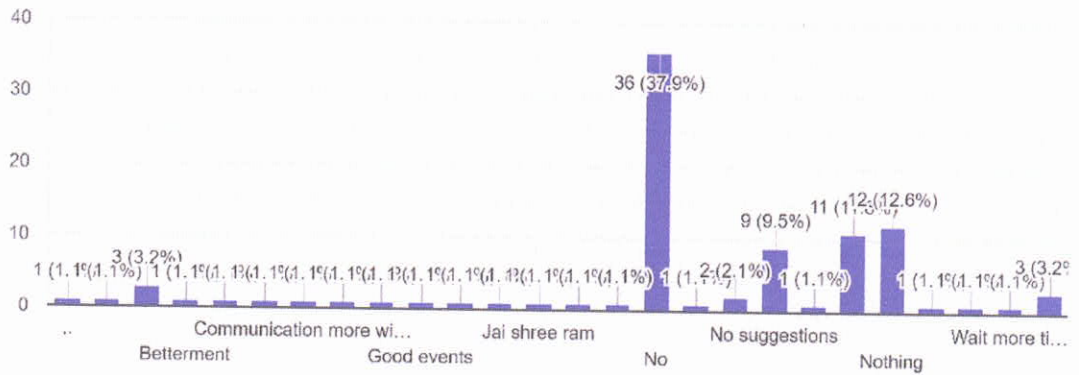
It was too amazing

Try to Best understand

Very compretive

10. If any suggestion (Please specify).

95 responses



  
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