

CAPSULE 2022-23

Issue 9)

BHARATI VIDYAPEETH (Deemed to be University)

POONA COLLEGE OF PHARMACY

Erandwane, Pune - 411038

Accredited by NBA (6 yrs.), NACC (A+ GRADE), ISO Certified, NIRF (29 Rank 2022)

Editorial Team

Dr. Atmaram Pawar Principal

Dr. Dileep Kumar

Editor & Capsule Magazine Incharge

Student Editorial Team

Mr. Omkar Kelkar (B.Pharm) Ms. Rashmi Banait (B.Pharm) Ms. Aishwarya Kumar (Pharm.D) Mr. Abhishek Khardekar (M.Pharm)

PAINTINGS





Pranita Pawar (M.Pharm)





Mohini Tehare (M.Pharm)





Siddhi Jagtap (T.Y. Pharm D)

SCIENTIFIC ARTICLES





ताप, सर्दी आणि खोकल्याचा लास कमी करण्यासाठी गुळवेल रामबाण उपाय आहे. आयुर्वेदामध्ये गुळवेलीला फार महत्त्व आहे. डेंग्यूच्या तापामध्ये आपल्याला शरीरातील रक्तपेशी कमी होतात, या समस्येपासून बचाव करण्यासाठी गुळवेलचे सेवन करणं फायदेशीर ठरते. जर योग्य पद्धतीनं आणि योग्य प्रमाणात गुळवेलचे सेवन केलं तर आपल्याला आजारांचा संसर्ग होण्याचा धोका कमी होतो. गुळवेलीला गुडुची नावानंही ओळखलं जातं. पानाच्या आकाराच्या असलेल्या या औषधी वनस्पतीचा रंग गडद हिरवा असतो. डेंग्यूचा ताप कमी करण्यासाठी गुळवेल रामबाण उपाय आहे. या औषधाच्या सेवनामुळे रुग्णाची प्रकृती सुधारण्यास मदत मिळते.

-Bharat Satpute (M.Pharm)

POETRY

संभल जाओ ऐ दुनिया वालो वसुंधरा पे करो घातक प्रहार नही ! रब करता आगाह हर पल प्रकृति पर करो घोर अत्यचार नही !! लगा बारूद पहाड़, पर्वत उड़ाए स्थल रमणीय सघन रहा नही ! खोद रहा खुद इंसान कब्र अपनी जैसे जीवन की अब परवाह नही !!

> Sairaj Vede (F.Y. Pharm D)

BEAST

There is innocence inside of everyone,
Youth, love and curiosity.
A desire for good, for peace, for safety, for fun;
A beacon of unwavering luminosity.
There are two parts to every person,
A perfect balance of character.
Dark like the moon, bright like the sun,
Calm like a clear sky, harsh like thunder.
A vicious creature of brutality,
A desire for blood, for authority,
for power, for retribution.
Savage, ruthless. ferocity.
There is a beast inside of everyone.

-Durgesh L. (M.Pharm)

खेड्यांतील रात

त्या उजाड माळावरती बुरुजाच्या पडल्या भिंती, ओसाड देवळापुढती वडाचा पार- अंधार दाटला तेथ भरे भरपूर. ओढ्यात भालु ओरडती, वाऱ्यात भुते बडबडती, डोहात सावल्या पडती काळ्याशार-त्या गर्द जाळीमधि रात देत हुंकार भररानी कोकस्थानी उठतात ज्वाळ भडकोनी. अस्मान मिळाले धरणी, आर ना पार -अवकळा रात्रिचा प्रहर घुमे तो घोर.

-Krishna Patil (B. Pharm)



T.Y. B. Pharm student Ms. Sanika Pimple won second award in All India 9th Cultural National Dance festival 'Nrityarambh' organized by Akhil Natrajam Aantar Sanskrutik Sangh held on 25th May 2023

New Educational Policy in perspective of Students

Dr. Atmaram Pawar

Principal, Poona College of Pharmacy, Bharti Vidyapeeth Pune.

National Education Policy (NEP) 2020 is enforced from July 2020. Many universities and educational institutes have planned its implementation from academic year 2023-24.

TL- current and Future

The larger aim of NEP 2020 is to make Indian learners truly global citizens who are future ready. Students are given full freedom in pursuing education with the primary principle of choosing the course according to their individual interest and IQ, EQ capabilities and socioeconomical scenario.

Create own degree

As the student could understand the depth and relevance of the subject, he/she will decide whether to continue or change the subject at each stage during the duration of the particular programme. They can ensure about subjects to be taken as subsidiary to the main subject and groom personality in this regard. Flexible studies and exams

Instead of becoming a doctor or engineer as the parents think, the student is going to study many subjects from class 9th to 12th not just for marks but to decide the direction of his life according to his interest. If a student realizes that a certain subject is becoming difficult or does not arouse interest then there will be no compulsion to pass the subject in any case or any way.