



BHARATI VIDYAPEETH

(DEEMED TO BE UNIVERSITY)



COLLEGE OF NURSING, PUNE

LINNAEUS PALME STUDENT & FACULTY EXCHANGE PROGRAMME

Dr. Veena Sakhardande,

Assistant Professor, Medical Surgical Nursing Department,
BV(DU) College of Nursing, Pune

&

Ms. Parul Dewett,

Second Year MSc Nursing Student of BV(DU) College of Nursing, Pune

FACULTY: OCTOBER 01, 2019 TO OCTOBER 23, 2019 | STUDENT: OCTOBER 01, 2019 TO DECEMBER 23, 2019





30th September 2019

Orientation to the University and Course

- Orientation to University campus given by faculty co-ordinator Dr. Ake Lennander regarding Library, Classroom and Simulation room.
- Campus is very nature friendly for students and for faculty also.





1st October 2019

- Registration: Online registration to Malardalen University was performed for two M.Sc. Nursing students and two B.Sc. Nursing students.
- ICA card, keys and MDH card received for faculty and students.
- Meeting with Dr. Ake Lennander, he shared information of Sweden climate, accommodation, health services, visits and clinical areas.





Dr VEENA SAKHARDANDE with
Dr. Anna Letterstål DEAN, HEALTH SCIENCE,
Mälardalen University, Sweden



2nd October 2019



Meeting with Dr. Cecilia Rydlo



**Meeting with Dr. Cecilia Rydlo,
Head of division, Senior Lecturer-Information about
Linnaeus Palme Program**

**Information and History of Malardalen University which is in
heart of Sweden Linnaeus Palme Program**



2nd October 2019

- Faculty and Students meeting with students' coordinator meeting **Dr. Katarina Bredenhf, Dr. Veena Sakahrdande, Dr. Pravin Dani &** Indian students participated in a meeting.
- She shared information about students exchange programme and gave ideas about two courses which students will under go that are Breast feeding and Patient Safety.
- Meeting with **Dr. Anna Letterstål**, Dean at School of Health, Care and Social Welfare
- It was very interactive discussion on exchange of information of both Universities Bharati Vidyapeeth and Malardalen University. Dr. Anna discussed about their organization and how they work with collaboration. We discussed about our research area , research centers and researches done. She highlighted importance of Linnaeus Palme Programme and collaboration with other countries.





3rd October 2019

- Meeting with **Dr. Agneta Brav**, Head of Education and Vice Dean.
- Dr. Agneta Brav shared history and Maladalen University, history of Sweden, food, culture and tradition and education system in Sweden, immigration and admission process to University.





3rd October 2019

Information about anesthesia and ICU program Anaesthesia and ICU clinical educators **Dr. Karin Skoglund**, Senior Lecturer, **Henrik Revenäs**, Lecturer, Dr. Veena Sakhardande and Dr. Pravin Dani participated in discussion.

Many questions about anesthesia and ethical issues, biomedical waste management, role of anesthesia nurse.

Discussion was on comparison of Indian and Swedish settings and work related to anesthesia unit and ICU.





4th October 2019



- Half time evaluation of program schedule for Dr. Veena Sakhardande and Dr. Pravin Dani held with Dr. Cecilia Rydlo. Co-operation and a programme between Sweden and India
- Focus integrating global perspective and new knowledge into learning

The exchange consist of;

- 4 students from India and Sweden – 12 weeks/person
- 2 teachers from India and Sweden – 3 weeks/person

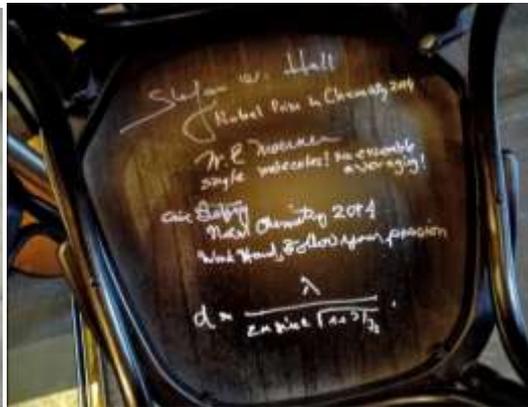


5th October 2019

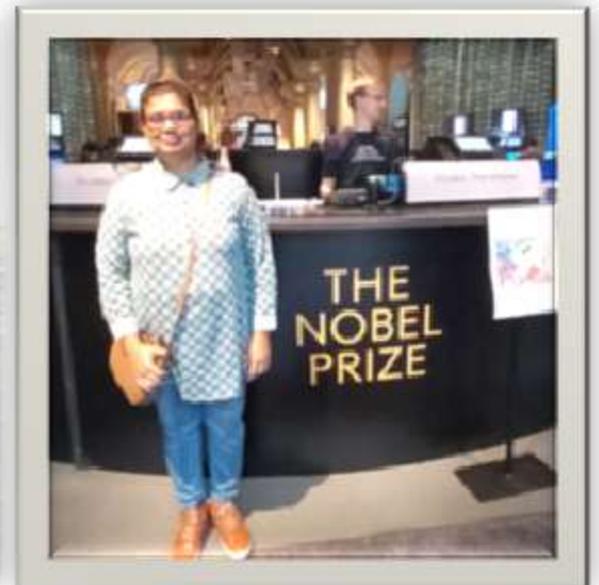
Library Registration and Orientation:

Library information about how to find articles using computers given by **Sara Landerdal Stridsberg**, all students and faculty participated in orientation and registration. She demonstrated many details about how to find research articles. We had an introduction session at the library. She helped us to know more regarding library, how the books are organized, how the available computers to be used and also helped us for registration of student library card. She also taught us how to use MDH website for searching articles and handed us different tablets.





VISIT TO THE NOBEL PRIZE MUSEUM LOCATED IN THE FORMER STOCK EXCHANGE BUILDING ON THE NORTH SIDE OF THE SQUARE STORTORGET IN GAMLA STAN, THE OLD TOWN IN CENTRAL STOCKHOLM, SWEDEN.



5th October 2019



7th October 2019

WORKSHOP IN PEDIATRICS.

- A lecture cum discussion was held by Dr. Pravin Dani and Dr. Veena Sakhardande on 'Maternal and Child care in India'. The participants for the same were basic Caring sciences Pediatrics students and their teacher Ms. Brigitte. Group response was good. Several questions were raised by the students during discussion which were cleared by the speakers.
- **Course introduction for Indian Guests; Breastfeeding**
- **Dr. Marianne Velandia**, senior lecturer: Campus Västerås gave an overview of the structure and content of the breast feeding course to the staff and Indian students.
- The course introduction for Patient Safety was continued in the afternoon after lunch. The student's assignments and examinations were discussed by Dr. Veena Sakhardande and Dr. Pravin Dani with Dr. Marianne Velandia.



Dr. VEENA SALKHARDANDE presented on Children's Health in India for Swedish Students and Professors of Pediatric Nursing Specialty



7th October 2019





**SEMINAR AT
MÄLARDALEN
UNIVERSITY, Eskilstuna
campus in Central
Sweden
ON YOGA &
MEDITATION
(PRANAYAMA)**





8th October 2019

A meeting was convened with Dr. Mehrdad Darvishpour, Senior lecturer in social work, HVV, School of Health, Care and Social Welfare, Drottningatan, Eskilstuna.

The agenda of meeting was discussion on Domestic Violence related studies and literature.

Dr. Mehrdad Darvishpour was interested in conducting collaborative studies of social sciences.





**SEMINAR AT MÄLARDALEN UNIVERSITY, Eskilstuna
campus in Central Sweden**

**Teacher-Lunch seminar was conducted by Dr. Veena
Sakhardande**

**The seminar topic was Yoganidra, Guided Imagery
and Pranayama.**





9th October 2019

The study visit to Maternity care ward at **Mälarsjukhuset**, a hospital at Eskilstuna was accomplished.

Ms. Therése Wahl, lecturer-midwife MDH was with Dr. Veena Sakhardande during the whole visit.

The objective of the visit was to see the nurses and midwifery practices. It was very pleasing to see the advanced midwifery practices like Independent Antenatal USG scans performed by the midwives.



10th October 2019

Study visit at Children's clinic and neonatal ward, Västerås hospital was planned. We witnessed the various practices of pediatric and neonatal nurses. Focus on acquiring specific skills for a nurse is appreciable.



One very good thing we could learn here was clarity in the nurse's job description. Learning center was visited by us with Ms. Therése Wahl, lecturer-midwife MDH. Also we visited the surgery ward of Vasteras hospital in the afternoon



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11th October 2019

Midwifery and Breastfeeding in Europe, MIMO-students. The student from UK and Belgium presented midwifery and breastfeeding practices of their country. There was a good comparative discussion about the midwifery practices. Breastfeeding culture and breastfeeding challenges in India Study Visit at Västerås Youth Clinic,



Study Visit at Västerås Youth Clinic, Address; Mungatan 20B: Dr. Veena Sakhardande and Dr. Pravin Dani Indian students MIMO-students Therése Wahl



14th October 2019

Presentation on Bharati Vidyapeeth and Nursing College campus given by by Dr.Veena Sakhardande and Dr.Pravin Dani to Swedish midwifery students preparing for their exchange programme at India. Discussion about accommodation, food were discussed. Information about about Indian setting and culture in general, antenatal and postpartum care, midwifery room plus community health nursing were given by us.

- Information about Midwifery program at MDH discussed by Dr Marianne, Ms.Therese, Dr. Magdalena, Dr. Margareta.

- Meeting with Dr.Dara Rasoal, senior lecturer who is interested in teacher exchange with India had discussion about exchange programme, Indian setting, Bharati Vidyapeeth Nursing colleges.

Meeting with Professor in Caring Science Dr. Inger Holmström, had great time with her mainly related to research, publication, ethical issues, job descriptions and implementation of research finding in clinical area.





15th October 2019

We as a faculty Dr. Veena Sakhardande and Dr. Pravin Dani, and 02 students Ms. Pragati and Ms Divya had a visit along with Dr. Åke Lennander to the Vasteras Hospital. We came to know about the physical layout of the hospital, staffing pattern, number of deliveries per year, vaccination and how postnatal ward functions etc.





16th October 2019

Dr. Veena Sakhardande had Seminar for faculty of Malardalen University on Yoga, Yognidra, guided imagery, Pranayama with theory presentation and demonstration. Faculty were very much interested in yoga and discussion was very fruitful. Videos of yoga day celebration was shown to faculty and many of them appreciated Bharati Vidyapeeth Pune. Researches done by Nursing college Pune was discussed with them.



•Dr. Veena Sakhardande presented and discussed about Association for Diabetes and Obesity Reversal (ADORE) and Dr. Jagannath Dixit's Effortless Weightless And Diabetes Prevention Plan with few of success stories



•On same day we faculty Dr. Veena Sakhardande and Dr. Pravin Dani had visit to vasteras hospital for Clinical Education and Seminar for caring science students with Dr. Annelie. Students into groups discussed their clinical observations and study and clinical discussion and evaluation.





17th October 2019

Study Visit Delivery ward, Västerås: Dr. Veena Sakhardande & Dr. Pravin Dani, Therese Wahl
Discussion about Independent Midwife, Physical layout, Job description of a Midwife and how they work and take decisions independently. They explained about the different types of deliveries and issues related to immigrant ANC mothers. Visit to Oncology Medical Unit, Västerås Hospital.
Discussion about different types of cancers in Sweden, different treatment modalities and Discussion on Robotic Surgeries in cancer.





18th October 2019

Study visit hospital in Köping
Hospital: Dr. VeenaSakhardande
and Dr.PravinDani, ÅkeLennander,
Astrid Sundlöf . Nurse Educator
Astrid Sundlöf highlighted on
different types of patients admitted
and showed the rehabilitation centre
after orthopaedic surgeries.

Geriatric care and Simulation room.
She gave positive feedback
regarding previous exchange
students of Bharati Vidyapeeth
College of Nursing, Pune Mr
Swapnil and Ms Feba





21th October 2019

Fulltime evaluation with Dr. Cecilia Rydlo, Dr. Veena Sakhardande and Dr. Pravin Dani at MDH Västerås Campus.





22nd October 2019

Submission of MDH card, key and expenditure related documents.



