



**BHARATI VIDYAPEETH (DEEMED TO BE UNIVERSITY)  
COLLEGE OF NURSING, PUNE**

**REPORT ON STUDENT EXCHANGE PROGRAMME  
SOUTH EASTERN UNIVERSITY, NORWAY  
MIDWIFERY EXPERIENCE  
05/02/2024 TO 15/02/2024**



**FACULTY INCHARGE**  
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BV(DU), College of Nursing, Pune

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SOUTH EASTERN UNIVERSITY, NORWAY  
MIDWIFERY EXPERIENCE**

Duration : 05/02/2024 TO 15/02/2024

<b>S.NO</b>	<b>Name of the International Students</b> from University of Norway	<b>BV(DU) OBG Faculty</b>
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<b>1</b>	<b>Ms.Sara Risom</b>	<b>Dr.Supriya Pottal Ray</b>
<b>2</b>	<b>Ms.Xen Baral</b>	<b>Dr.K Memchoubi</b>
<b>3</b>	<b>Ms.Marte Celine Steinnes Triumf</b>	<b>Dr. N Sujita Devi</b>
<b>4</b>	<b>Ms.Johanne Amalie Haukenes Stensvik</b>	<b>Mrs.Manisha Gadade</b>
		<b>Mrs.Sonali Atre</b>
		<b>Mrs.Nikita Jaibhay</b>

Objectives :

1. To learn regarding the normal physiology during Pregnancy
2. To appreciate the midwifery care provided during Labour
3. To nurse mother and newborn baby in the immediate postnatal period
4. To explore the various family planning methods adopted by the couple
5. To help the mother breastfeed her newborn
6. To witness minor and major surgeries in OBG OT
7. To appreciate the various modalities of alternative and holistic care of an individual
8. To learn the alternative system of medicine through Ayurveda
9. To gain knowledge regarding Human milk Banking.

#### Detailed Report :


The students from USN University had their Midwifery experience schedule for 3 weeks i.e. from 5<sup>th</sup> February 2024 to 15<sup>th</sup> February 2024. They were placed for 4 working days in a week from Monday to Thursday Fridays & Saturdays being their Study Leave.



A detailed schedule was planned for their experience with exposure in Bharati Hospital & Research center ,Pune which a private hospital , Kamla Nehru Hospital, Government Hospital & Bharati Ayurvedic Hospital & Research center to gain experience in alternative pathy.

Three visits were scheduled at Holistic Wellness Center to gain experience in Holistic healing, Human Milk Banking at Dr.DY Patil Hospital & Research center , Pimpri ,Pune & Bel Air College of Nursing & Hospital, Panchgani.




Obstetrics & Gynaecological Faculty with USN Students & PG students BV(DU), College of Nursing Pune


Date Week 1	Time	Topic/visit/clinical	Expected learning outcome met	Description
<b>Day 1 5/02/24</b>	08.00am 09.00am  09.00am 10.30am  10.30am 10.50am 10.50am 1.00 pm	BV(DU) College of Nursing,Pune Briefing about the day  Interaction with HOD, Obs & Gynae and Matron Orientation to the Midwifery unit of Bharati Hospital & Research centre, Pune  Tea Break  Visit to Simulation Lab BHRC	The students were oriented to the clinical area.Antenatal & Postnatal wards	<p>The students were oriented to the learning outcomes and their interests were assessed based upon the Interaction. As the students had no exposure for Midwifery in their Curriculum, Learning objectives were modified as per their need and learning Interests.</p> <p>Students interacted with the staff &amp; Incharge all the clients .Orientation to the each unit, ward, Labour room, Fertility Center was provided .</p> <p>Students visited the State of Art Simulation Lab , where had the oppourunity to appreciated various models , mannequins, delivery model Lucina , Human anatamage,</p>  <p><b>Pune, Maharashtra, India</b>  Bharati Vidyapeeth Campus, Simulation Lab. Dhankawadi, Pune, Maharashtra 411043, Indian  Lat 18.452064°  Long 73.855017°  05/02/24 11:17 AM GMT +05:30</p>


	1:00 pm to 2:00 pm	Lunch		 <p>Pune, Maharashtra, India Bharati Vidyapeeth Campus, Simulation Lab. Dhankawadi, Pune, Maharashtra 411043, Indian Lat 18.452064° Long 73.855017° 05/02/24 11:40 AM GMT +05:30</p>
	02.00pm – 04.00pm	<b>Round table discussion and experience sharing:</b> Implementation of UG/PG programme in Midwifery (India & Norway)	Students developed an insight of comparison about PG Midwifery programme in India & Norway	 <p>Pune, Maharashtra, India Bharati Vidyapeeth Campus, Simulation Lab. Dhankawadi, Pune, Maharashtra 411043, Indian Lat 18.452064° Long 73.855017° 05/02/24 11:21 AM GMT +05:30</p>

Lectures were conducted on Maternal health, Various Health Programmes, , Midwifery programmes implemented at various cadres.



<p><b>Day 2</b> <b>6/02/24</b></p>	<p>08.00am – 9am</p> <p>9am-11am</p> <p>11-11:30 am</p> <p>11:30 am - 1:00 pm</p> <p>1:00 pm to 2:00 pm</p>	<p>BV(DU) College of Nursing,Pune Briefing about the day Clinical posting – Antenatal ward, <b>Ward 1 &amp; Ward-2</b> <b>Tea Break</b></p> <p>Clinical Posting <b>Health talk / interaction</b> with mothers</p> <ul style="list-style-type: none"> <li>• Initiation of lactation</li> <li>• Techniques of breast feeding</li> <li>• Parenting Tips</li> <li>• Relevant Contraceptive tips after child birth—</li> </ul> <p>CASE</p>	<p>Students observe, monitor, analyze and document the care with complicated and uncomplicated pregnancy in a view to construct a analyzed care plan for the client/clients</p>	<p>Students were placed in the antenatal,postnatal ward &amp; Labour room were they learnt ANC Palpation, Postnatal Assessment, Newborn assessment,Assisting for breastfeeding, Monitoring mother in Labour . Cases on PIH management, PPH management,Anemia in pregnancy were discussed . They had the opportunity to interact with ASHA worker, who explained her duties and responsibilities at the community settings.</p> 
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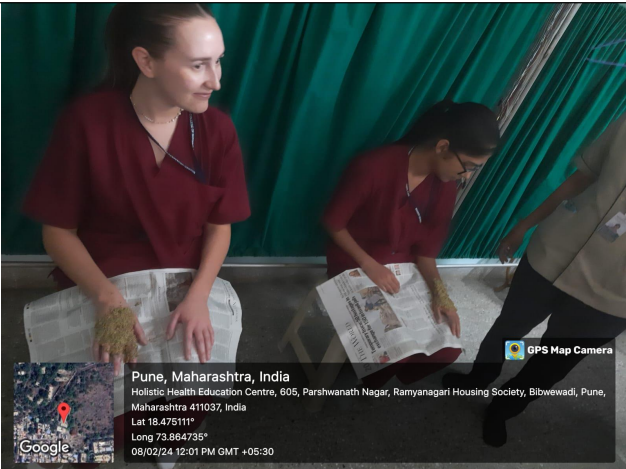



		<p>DISCUSSION</p> <p>Lunch</p>		<div data-bbox="1021 240 1939 715"><p>Pune, Maharashtra, India 3, Bharati Vidyapeeth Campus, Dhankawadi, Pune, Maharashtra 411043, India Lat 18.459659° Long 73.855989° 06/02/24 02:36 PM GMT +05:30</p></div>
				<p>Case discussions were held in the afternoon session, were doubts were raised and clarified Round Table discussions Regarding the Case</p>

<p><b>Day 3</b> <b>7/02/24</b></p>	<p>08.00am – 09.00pm 09.00am – 11.00am  (11-11:30 ) 11: 30 am - 1:00 pm  1:00 pm to 2:00 pm  02.00pm – 04.00pm</p>	<p>Briefing of the day BVDUCON Clinical posting – Labour Room /OT Tea Break Clinical Posting  Lunch Round Table Discussion regarding the cases seen</p>	<p>Students observe, monitor, analyze and document the care with complicated and uncomplicated pregnancy in a view to construct a analyzed care plan for the client/clients</p>	<div data-bbox="1019 244 1803 833">  </div> <div data-bbox="1019 833 1803 1311">  </div>
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				<p>Health teachings were conducted , students had a chance to interact with clients where they shared and exchanged their cultural views, they opinionated on the cultural differences, learnt the local methods of postnatal care and newborn care .</p> <p>They were also demonstrated pre-term placental examination, along with care on the mother in labour</p>
<b>Day 4 8/02/24</b>	08.00am – 01.00pm  (11- 11:30 am) 1:00 pm to 2:00 pm	Visit to Holistic Center Bibwewadi ,Pu ne Tea Break Lunch Round Table Discussion regarding the cases seen	Students learnt about the alternative system of medicine & healing	<p>Students visited Holistic Health Centre Pune where training and healing with alternative systems of medicine is incorporated in holistic health facilities as part of treatment.</p> <p>It is an approach towards integration of the body, mind, spirit and emotions, raising consciousness to understand prenatal psychology—how the mother’s emotions are picked up and affect the foetus—to explore our inner space. They deal with how healing takes place in a person and ways to bring about harmony and balance within ourselves and in the context of our ecological and cosmic interconnections. Holistic health is a positive way to dynamic, ever expanding, self-motivated experience towards achieving a purposeful and vibrant life style.</p>

	02.00pm — 04.00pm			 <p>Pune, Maharashtra, India Holistic Health Education Centre, 605, Parshwanath Nagar, Ramyanagari Housing Society, Bibwewadi, Pune, Maharashtra 411037, India Lat 18.475348° Long 73.864674° 08/02/24 12:35 PM GMT +05:30</p>
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	02.00pm — 04.00pm			<div><p>Pune, Maharashtra, India Holistic Health Education Centre, 605, Parshwanath Nagar, Ramyanagari Housing Society, Bibwewadi, Pune, Maharashtra 411037, India Lat 18.475111° Long 73.864735° 08/02/24 12:01 PM GMT +05:30</p></div> <div><p>Pune, Maharashtra, India 605, Parshwanath Nagar, Ramyanagari Housing Society, Bibwewadi, Pune, Maharashtra 411037, India Lat 18.475077° Long 73.864678° 08/02/24 11:50 AM GMT +05:30</p></div>
				<div><p>Pune, Maharashtra, India Holistic Health Education Centre, 605, Parshwanath Nagar, Ramyanagari Housing Society, Bibwewadi, Pune, Maharashtra 411037, India Lat 18.474882° Long 73.864737° 08/02/24 11:50 AM GMT +05:30</p></div> <div><p>Pune, Maharashtra, India Holistic Health Education Centre, 605, Parshwanath Nagar, Ramyanagari Housing Society, Bibwewadi, Pune, Maharashtra 411037, India Lat 18.475072° Long 73.864703° 08/02/24 11:45 AM GMT +05:30</p></div>


Date Week 2	Time	Topic/visit/clinical	learning outcome
<b>Day 1 12/02/24</b>	08.00am – 09: am 09am- 11 am	Briefing for the day was done Visit to the hospital/obstetrical unit Labour room Round table Discussion regarding Tea Break	Students observed, monitored, analyzed and documented the care with complicated and uncomplicated pregnancy and constructed and analyzed care plan for the clients. 2 students were posted in LR & 2 in the OT and were interchanged on the next day .
	11-11:30 am	Placement in the OT,LR	1. Students witnessed normal vaginal delivery 2. Did their Antenatal & Postnatal Cases 3. Witnessed LSCS, Tubectomy, Hysterectomy
	11:30 am - 1:00 pm		
	1:00 pm to 2:00 pm	<b>Lunch</b>	
	02.00pm – 04.00pm	Case discussion	Discussions were done on the cases observed
<b>Day 2 13/02/24</b>	08.00am – 09.00am 9:00 am- 11:00 am	Briefing for the day Clinical posting – <b>Postnatal ward, Ward-1/Labour room</b>	Students observed, monitored, analyzed and documented the care after child birth with complicated and uncomplicated pregnancy.They also searched analyzed and evaluated scientific literature related to complicated and uncomplicated birth
	11-11: 30am	Tea Break	1.Students witnessed normal vaginal delivery 2. Did their Antenatal & Postnatal Cases 3. Witnessed LSCS, Tubectomy, Hysterectomy
	11: 30 am - 1:00 pm	Clinical Posting	
	1:00 pm to 2:00 pm	<b>Lunch</b>	
	02.00pm – 04.00pm	Case Discussion/ Clinical posting – <b>Postnatal ward, Ward-1/Labour room</b>	Discussions were done on the cases observed

Date Week 2	Time	Topic/visit/clinical	learning outcome
<b>Day 3</b> <b>14/02/24</b>	8.00am – 9:00 am 9:00am12:00NOON	Briefing of the Day Clinical Evaluation USN Faculty BHRC - W1,2 & LR	<p>USN faculty Dr.Linda, Dr.Si,Dr.Elizabeth visited the Bharati Hospital and took feedback regarding the midwifery experience.</p> <p>Students presented that they could identify, plan and implement patient based care measures with complicated and uncomplicated childbirth</p> <p>They were able to prioritize, coordinate and document the care during child birth</p> <p>They observed and witnessed child birth practices in India</p> <p>They also observed the intra partum assessment and monitoring of mother and fetus.</p> <p>They were explained about the management protocol of obstetric emergencies</p> <p>-They spoke to the mothers with the help of language interpreters in the forms of faculty and students.</p>
	1:00 pm - 2:00 pm	Lunch	
	2:00pm- 4:00 pm	Clinical posting – <b>Labour ward</b> /Ward 1/ <b>Clinical Posting – Labour room /Ward 1</b> <b>Health talk / interaction</b> with mothers Cultural Practice during Pregnancy	
		Visit - Yashoda Breastmilk Bank- Dr.DY Patil Medical College & Hospital Pimpri , Pune Discussion	<p>Students visited the Human Milk Bank at Dr.DY Patil Medical College &amp; Hospital Pimpri , Pune</p> 
<b>Day 4</b> <b>15/02/24</b>	9.00am – 1.00pm		
	2:00 pm to 4:00 pm		



Date Week 2	Time	Topic/visit/clinical	learning outcome
			<div><p>Yashoda Advance Human Milk Bank 15.02.2024 10:42 am 18.624, 73.82184 Dr. D.Y. Patil Medical College, Sant Tukaram Nagar, Pimpri Colony, Pimpri-Chinchwad 411018</p></div>

Date Week 3	Time	Topic/visit/clinical	learning outcome
<b>Day 1</b> <b>19/02/24</b> <b>HOLIDAY</b>	09.00am – 01.00pm	<b>19/2/24 - HOLIDAY</b> Clinical posting: Kamla Nehru Hospital Introduction was done with Health team members Orientation to the hospital was given Clinical posting at labour ward, antenatal and postnatal ward, Family Planning Department OPD  Followed by <b>case Presentation</b> and <b>clinical discussion</b> of the cases (uncomplicated and complicated) observed and cared.	Students observed, critically evaluated, analyzed and documented the pregnancy and childbirth measures at Hospitals  
	02.00pm – 04.00pm		

			 <p>Labour Room Kamla Nehru Hospital 20.02.2024 12:03 pm 18.52321, 73.86209 GVF6+8V6, Baburaoji Sonawane Path, Gandhinagar, Mangalwar Peth, Kasba Peth, Pune 411011</p>
<b>Day 2</b> <b>20/02/24</b>	09.00am – 01.00pm		Students witnessed labour, care for antenatal woman, cared for postnatal with suture removal , participated in immunization of the infants.They also acquired knowledge and gained experience about the family welfare services available in Maharashtra
	02.00pm – 04.00pm		
<b>Day 3</b> <b>21/02/24</b>	09.00am – 01.00pm		
	02.00pm – 04.00pm		
<b>Day 4</b> <b>22/02/24</b>	09.00am – 04.00pm	Clinical posting: Bharati Ayurvedic Hospital	Briefing for the day was given, Students visited the hospital/obstetrical unit Labour room.Round table Discussion regarding Ayurveda Practice in Pregnant Woman.They observed the set up & Functioning and Ayurvedic practices followed.



OT procedure followed  
in the Ayurvedic Hospital

Dhupan a practice followed for  
healing of the episiotomy wound



Fumigation Process for episiotomy wound healing



23/02/24: Friday, March 8, 2024

The students visited Bel-Air College of Nursing & Hospital with the objectives of Identifying the mission and philosophy of the institution /organization, Understand the organizational setup, Appreciate recent trends /research activities practiced in the institute, Understand the different techniques of management followed by the institute, Understand the budget planning of institute.

### Conclusion :

The students reported that it was a fruitful experience as they never had a course on Midwifery, but with the knowledge they gained they would definitely take up Midwifery as a PG specialization . Students presented their report on 7<sup>th</sup> March 2024, briefing about their experience about midwifery.

