

BHARATI VIDYAPEETH (DEEMED TO BE UNIVERSITY)

COLLEGE OF NURSING, PUNE

USN PG Midwifery students experience report

Name of the students:

- 1. Linn-Eirin Angelsen**
- 2. Stine Myrrvold**
- 3. Marita Porsmyr Orpen**
- 4. Martine Topass Billington**

Course co-ordinator: Dr. K. Memchoubi

Associate professor

BV(DU) College of nursing, Pune

Along with department teachers of Obstetric and gynecological nursing and Child health Nursing

Duration for maternity experience: 15th April to 8th May 2024.

- The maternity experience was started from 15th April 2024 at Kamala Nehru Hospital till 3rd May 2024. They were posted in different areas to get experience of Antenatal, intra-natal, postnatal, Operation theatre and family planning OPD. On first day orientation of wards, staff and protocols was done so that they can get acquainted with the protocols of the health care system. Main focus of posting was labour room as per their requirement.
- In the labour room posting, they got the opportunity to take care of mother during first stage of labour, providing care like assessment for the progress of labour, teaching non pharmacological method of pain relief like deep breathing exercises, walking around the ward, assessment of the fetal wellbeing using CTG, performing per vaginal examination. They were taught to take care of women during intra-partum period. They got the opportunity to conduct as well as assist delivery of some abnormal cases like breech presentation, forceps application and vacuum delivery. They even witnessed some cases of MTP and PPIUCD. High risk condition like PPH was also able to witness during the labour room posting. They perform episiotomy and suturing. Immediate care of the newborn was provided, perform suctioning of the baby, given VitK, Zero dose polio, hep b vaccine. They also learn about the use of various medications during the labour like oxytocin, drotin, buscopan, epidosin etc. After delivery they help mother to take some fluids and initiate breast feeding. Examine them for any complications after delivery.
- Every next day they go to postnatal ward to follow up the cases which they delivered the day before. They were taught to assess the postnatal mother using BUBBLEHE method as well as the condition of the baby were assessed.
- They learn some high risk antenatal conditions like Pregnancy induced hypertension, oligohydrannios, diabetes in pregnancy, IUGR etc.

- They were posted to OT and could do assist in LSCS and hysterectomy cases which they were very much interested as for the first time they were seeing the case of hysterectomy.
- At the end of every day, reflection was done for the experiences they had for the day. They could learn different form of family planning services and scheme for maternal and newborn. Along with our PG students they could even give health education about care during pregnancy, breast feeding, and family planning to women which include even family members also.
- On 6th May 2024, visit to Human Milk bank at Dr. D.Y. Patil Hospital .They could learn the process of collection, storage, thawing and distribution of human milk to the beneficiaries.
- 7th May and 8th May, they had posting at Bharati Hospital and Research Centre, Pune. They were posted in NICU discussions were done about various high risk newborn which includes low birth weight babies, babies with phototherapy, Respiratory distress syndrome etc. and learn procedures like kangaroo mother care and different forms of newborn high risk baby feeding like katori and spoon, RT feeding etc. Discussions were done about the documentation.
- They were posted for a day in maternity ward of Bharati Hospital and research centre too where they could see the difference in set up from government hospital. They could get knowledge about the eclampsia room and other significant care provided to the patient.
- Overall, it was challenging posting for them as they could witnessed various cases unlike their place in Norway, and learnt Indian system of health care delivery.



