

Bharati Vidyapeethv (Deemed to be University) Institute of Management & Research (BVIMR): successfully organised a Free full-body health check-up on May 29th and 30th, 2024, under the guidance of Hon'ble Director Prof. Dr. Yamini Agarwal, with the goal of providing an opportunity to assess an individual's overall health status, identify potential risk factors, early disease detection, total health promotion, and improving workplace productivity. Free Full Body Health Check-up based on 85 parameter tests conducted by reputable CRL Diagnostics in New Delhi on May 29th and 30th, 2024. Fruits were organised based on blood and urine testing. Reports are given to each employee on the same day while ensuring confidentiality and privacy. Furthermore, BVIMR has scheduled a free consultation with the Doctor (Dr. Poonam Chadha) based on the report, which will allow staff and their families as well to interact with the doctor and receive expert counselling at no cost on May 30th and 31st, 2024. It promoted general health awareness among staff members by enhancing knowledge about their health status. It encouraged healthy lifestyle. It not only helped staff in early detection of health issues, but also promoted a culture of health and well-being across the organisation, leading to increased trust and loyalty. Staff appreciated the proactive approach to their health, safety, and well-being. Mr. Nitin Mane, an administrative officer, coordinated the event.