



H/DPT/AER/IO

# BHARATI VIDYAPEETH (DEEMED TO BE UNIVERSITY)

## SCHOOL OF PHYSIOTHERAPY, SANGLI

BVDU/SOP/ 17 / 20-21

Date: 07/10/2021

### CIRCULAR

On the occasion of the upcoming "World Arthritis Day" Bharati Vidyapeeth's (Deemed to be University) School of Physiotherapy in collaboration with Dept. of Orthopedics BVDUMCH organizes a Continuing Education on "Awareness and Current trends in Physiotherapy and Orthopedic Management on Arthritis".

As a part of it the following events are scheduled:

1. Inauguration function at 9.45 am, venue (OPD Lounge)
2. Patient Education, venue (OPD Lounge)
3. Poster Exhibition, venue (OPD Lounge)
4. Guest Lecture – 11:00 to 12:00, Dr. Rahul Patil (Rheumatologist) venue: 3<sup>rd</sup> floor
5. Arthritis & Physiotherapy by Dr. Sunil Harsulkar (Dept. of Physiotherapy) 12:00 to 12:30 venue: 3<sup>rd</sup> floor
6. Joint Replacements for various Arthritis Conditions by Dr. Sunil Patil (Dept. of Orthopedics) 12:00 to 12:30 venue: 3<sup>rd</sup> floor

All the faculty members, residents, and Interns are requested to attend the event.

Copy to:

1. Hon. Regional Director, B.V (D.U.) Sangli.
2. Dean, B.V (D.U.) M.C.H., Sangli.
3. Medical Superintendent, B.V (D.U.) M.C.H., Sangli.
4. Dy. Dean, B.V (D.U.) M.C.H., Sangli.
5. Dy. Medical Superintendent, B.V (D.U.) M.C.H., Sangli.

  
Principal

B.V (D.U)

School of Physiotherapy

  
H.O.D

Dept. of Orthopedics

B.V (D.U) M.C.H., Sangli

**Dr. Shrikant Deshpande**  
M.S.(Ortho)

Reg. No. 073127  
Professor & HOD, Dept. of Orthopaedics  
Bharati Vidyapeeth (Deemed to be University)  
Medical College & Hospital, Sangli.



**BVDU (Deemed to be University)  
MEDICAL COLLEGE & HOSPITAL  
DEPARTMENT OF PHYSIOTHERAPY  
SANGLI**

**Academic Event Report**  
Conferences/ Seminars/Workshop/CME/Quiz/  
Debate/ Guest Lecture/Extension activity etc

Doc No.	H/DPT/AER/IQ AC/00
Issue No.	1
Rev. No.	
Date	13/10/2021
Page	Page 1 of 2

## POINTS FOR REPORT

### 1. NAME & LEVEL OF EVENT – Regional Level.

Name of Co-ordinators: Dr. Sachin Shetti, Dr. Shrikant Deshpande, **Dr. Asif Kareem**  
Continuing Education on “Awareness and Current trends in PT and Orthopedic management on Arthritis”.

### 2. BACKGROUND/ INTRODUCTION

The Event was organized in consideration of World Arthritis Day. The Event was carried out in collaboration with Department of Orthopedics BVDUMCH. The following Series of events as a part of the same took place.

Event	Presenter	Time
Inauguration	-	9:45 am
Patient Education Program	Dr. Rahul Patil Dr. Shrikant Deshpande Dr. Amruta Kabra	10:00 – 10:30 am
Poster Exhibition	-	10:30 – 11:00 am
Guest Lecture	Dr. Rahul Patil	11:00 – 11:30 am
Joint Replacement for Arthritis	Dr. Sunil Patil	11:30 – 12: 00 am
Arthritis & Physiotherapy	Dr. Sunil Harsulkar	12:00 – 12:30 am


### 3. VENUE -

- OPD Lounge Ground Floor, BVDU Medical College & Hospital Sangli
- 3<sup>rd</sup> floor, Lecture Hall

### 4. SPONSORS - Nil

### 5. INAUGURATION -

Inauguration of the event was done by Regional Director BVDU, Sangli Dr. H.M. Kadam Sir in the presence of Dean Dr. Shahaji Deshmukh, Dy Dean Dr. Sunil Patil, MS Dr. Sara Dhanawade, and Dy. MS Dr. Ajit Joshi of Bharati Vidyapeeth (DU) Medical College and Hospital, Sangli. Chief Guest for the function was Dr. Rahul Patil (Rheumatologist). Dr. Shahaji Deshmukh Sir congratulated department of orthopedics and department of physiotherapy for their joint collaborative event on World Arthritis Day which was highly beneficial for the patients.

	<b>BVDU (Deemed to be University) MEDICAL COLLEGE &amp; HOSPITAL DEPARTMENT OF PHYSIOTHERAPY SANGLI</b>	Doc No.	DC/BVDU MCH/DPT /AER/IQA C/
		Issue No.	1
	<b>Academic Event Report</b> Conferences/ Seminars/Workshop/CME/Quiz/ Debate/ Guest Lecture/Extension activity etc	Rev. No.	
		Date	13/10/2021
		Page	Page 2 of 2

**6. SPEAKERS/ JUDGES/ CHAIRMAN/PANEL TEAM -**

Awareness program about Arthritis and precautions to be taken was given by Chief Guest Dr. Rahul Patil (Rheumatologist). Strategies to deal with Arthritis and its complications were given by Dr. Shrikant Deshpande (HOD Orthopedics). Importance of Physiotherapy advancements in Rehabilitation, pain coping strategies, was explained by Dr. Amruta Kabra (Physiotherapist). Followed by the Guest lecture for staff, residents and Interns by Dr. Rahul Patil highlighting various types of Arthritis and their medical management. Dr. Sunil Patil (Deputy Dean BVDU, Sangli) explained corrective surgeries for arthritic management, Dr. Sunil Harsulkar (Physiotherapist) explained Current Trends in Rehabilitation and their Principles.

**7. PARTICIPANTS & DELEGATES –**

Total 15 Staff and 60 (Residents and Interns) participated in the event.

**8. PRIZE DISTRIBUTION ETC - Nil**

**9. VALEDICTORY CEREMONY -**

Vote of thanks was given by Dr. Pramod Bandagar.

**10. HIGHLIGHTS OF THE EVENT -**

The event covered awareness program and talks for patients by Rheumatologist, Orthopedic Surgeon and Physiotherapist. Followed by the Guest lecture for staff, residents and Interns for dealing with arthritic patients covering the various types of arthritis, their medical screening and management followed by surgical management and interventions and lastly the role of Physiotherapy in advanced patient care.

**REPORT PREPARED ON-** 13/10/2021

**REPORT PREPARED BY-** Dr. Asif N. Kareem

**DESIGNATION/ DEPT-** Assistant Professor.

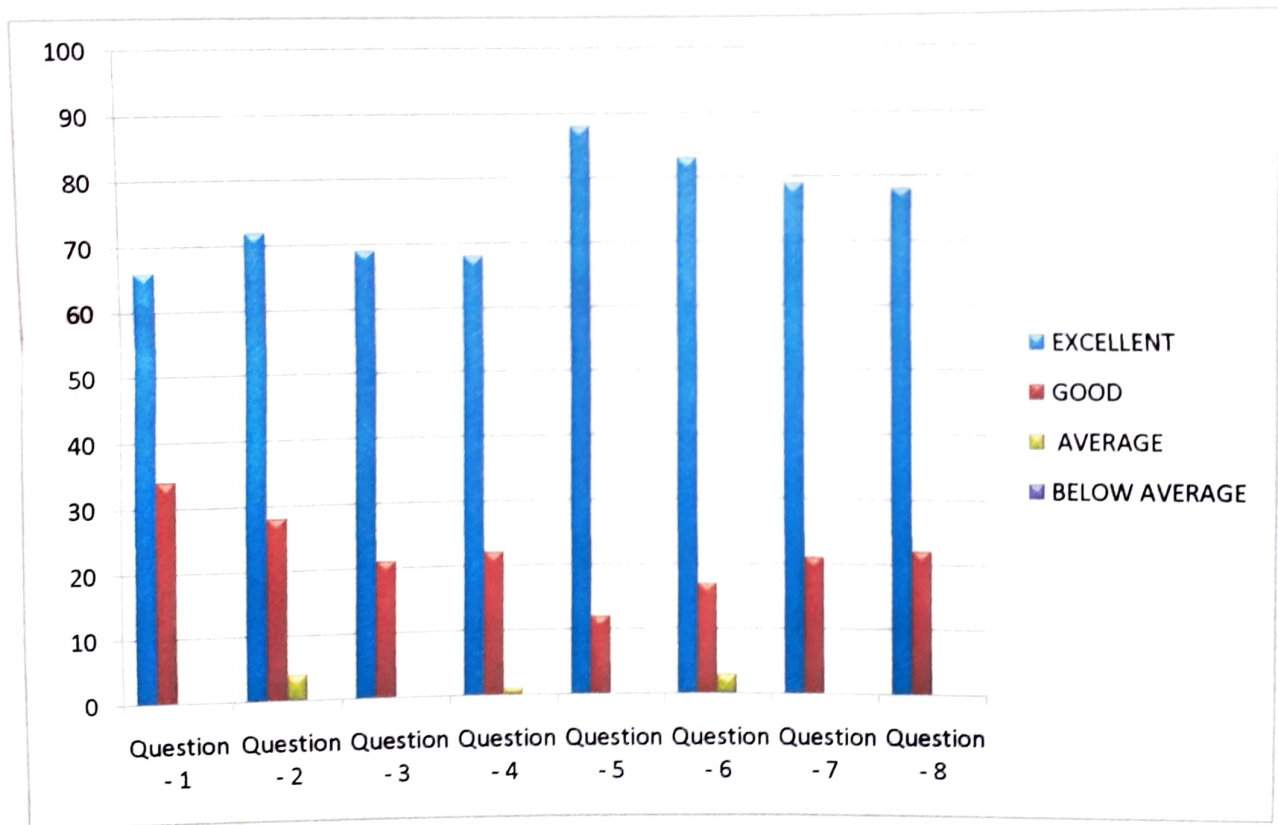


**Signature**  
**Organizing Chairman/ Secretary**



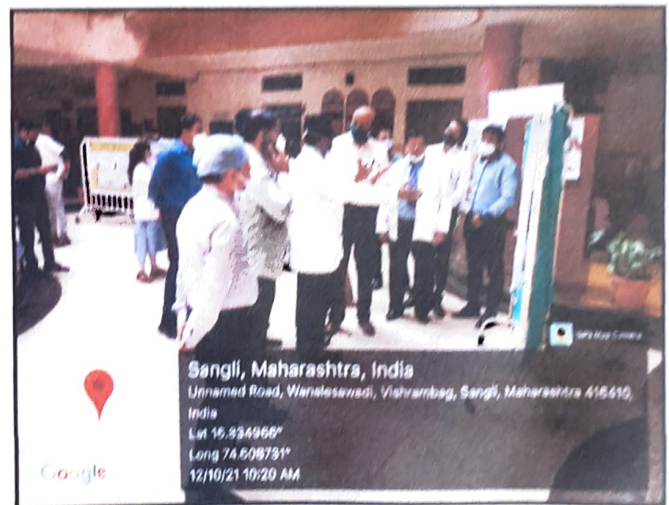
**Signature**  
**Principal/ HOD**

# Arthritis day (Feedback Analytic Graph)





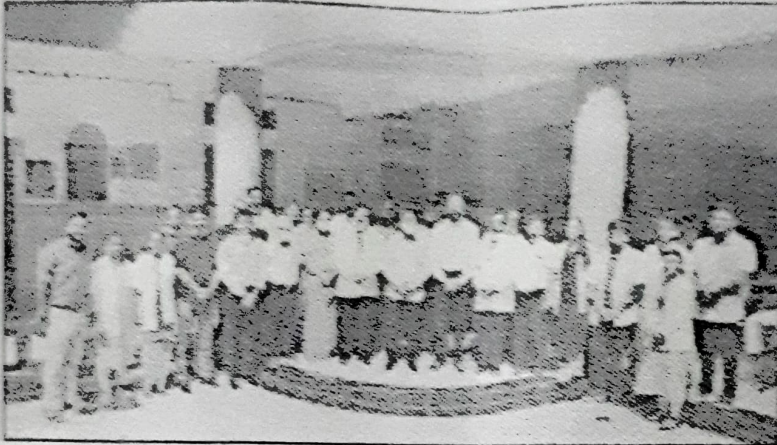
# “Awareness and Current Trends in Physiotherapeutic and Orthopedic management on Arthritis”





# भारती हॉस्पिटलमध्ये जागतिक संधीवात दिन साजरा

साली दि. १४ (प्रतिनिधी)  
 भारती विद्यपीठ मंडळकालेज  
 हॉस्पिटलमध्ये जागतिक  
 संधीवात दिन साजरा करण्यात  
 आला. ऑर्थोपेडिक व  
 फिजिओथेरापी विभागाने याचे  
 आयोजन केले होते. भारती विद्यपीठ  
 विभागीय मान्य संचालक डॉ. एच.  
 एम. कामरानी कार्यक्रमाचे उद्घाटन  
 करत प्रमुख पाहुणे संधीवात रोग  
 कायद्याचे तज्ज्ञ पण्टील होते.



जागतिक संधीवात दिन  
 डॉ. अमिता कावरा यांनी  
 फिजिओथेरापीचे महत्त्व सांगत  
 संधीवात रोगाच्या प्रचारासाठी  
 जागतिक स्तरावर कार्य करणे  
 दिसून आले. डॉ. अमिता कावरा  
 विभागातील सर्व डॉक्टर, तज्ज्ञ  
 डॉक्टर, डॉ. कामरानी यांच्या  
 अध्यक्षीय कार्यात प्रमुख पाहुणे  
 डॉ. पण्टील यांनी संधीवात रोग  
 प्रकार व याचे उपचार याबाबत  
 दिली. डॉ. सुनील राठोड यांनी  
 संधीवात रोगाच्या प्रचारासाठी  
 त्यामध्ये रोग्यांची काळजी घेण्यास  
 पाहिजे असा विद्यार्थ्यांना सांगितला  
 दिले. डॉ. सुनील राठोड यांनी  
 संधीवात व फिजिओथेरापी याबाबत  
 माहिती देताना फिजिओथेरापीचे महत्त्व  
 सांगितले. या कार्यक्रमाचे संचालन  
 डॉ. भासा रानी केले आणि डॉ. कामरानी  
 बंदोबस्त यांनी अध्यक्ष भावने

देखील निर्माण करू शकतो.  
 संधीवाताचे २०० पेक्षा अधिक  
 प्रकार आहेत. पण संधीवाता वदल  
 अमलेल्या जागृतीच्या अभावामुळे  
 खूप कमी लोकांना उपचार मिळतात.  
 यावदल आपण जागरूकता निर्माण  
 करून जास्तीत जास्त रुग्णांना  
 उपचार पट्टीचा लाभ मिळावा  
 यासाठी मार्गदर्शन केले पाहिजे.  
 डॉ. अमिता कावरा यांनी  
 ऑर्थोपेडिक व फिजिओथेरापी हे

दोन्ही विभाग एकमेकांवर निर्गडित  
 असून संधीवात वाधित रुग्णांच्या  
 फायद्यासाठी वा दोन्ही विभागाचे  
 स्थान महत्त्वाचे असल्याचे  
 सांगितले. ऑर्थोपेडिक विभाग  
 प्रमुख डॉ. श्रीकांत देशपांडे यांनी  
 संधीवात वाधित रुग्णांना थ्यायची  
 काळजी तसेच या आजाराला सामोरे  
 जाताना रुग्णांनी औषधा सोबतच  
 थ्यायाम आणि ट्रेनटिन  
 जीवनशैलीमध्ये बदल करून घ्याव

## WORLD ARTHRITIS DAY

12/10/2021