



BHARATI VIDYAPEETH
(DEEMED TO BE UNIVERSITY, PUNE)

COLLEGE OF NURSING, SANGLI

October –December 2019



MÄLARDALEN UNIVERSITY
SWEDEN

LINNAEUS PALME STUDENT & FACULTY EXCHANGE PROGRAMME

Dr. Pravin Dani,

Professor and H.O.D. (Medical Surgical Nursing Department),
BV(DU) College of Nursing, Sangli (Maharashtra)

&

Ms. Silviya Chopade

Third Year B.Sc. Nursing Student
BV(DU) College of Nursing, Sangli (Maharashtra)

29th September 2019:

Dr.Pravin B. Dani, Dr. Mrs.Veena D. Sakhardande, two Msc.Nursing students Ms Parul Dewett and Pragati Gajbhiv, two B.Sc Nursing students Ms. Silviya Chopade and Ms Divya Gautam from Bharati Vidyapeeth started their journey to Sweden on 29th Sep 2019 at 7.40am.

Journey Details:

S.N.	Details of Journey	Time
1.	Departed from Pune- Lohgaon	7.40am
2.	Arrived at Delhi airport	9.50am
3.	Departed from Delhi	2.50pm
4.	Arrived at Stockholm- Arlanda	6.40pm
5.	Arrived at Vasteras via Cab	8.45 pm

- Accommodation for faculty was arranged at Hotel Vasteras and for the students at Hotel Abrins, Vasteras.



- Arrival at Arlanda airport, Stockholm, Sweden

30th September 2019:

- Orientation to the University and Course
- Orientation to university campus given by faculty coordinator Dr.Ake Lennander regarding Library, classroom and simulation room
- One of the best eco-friendly university campuses for students and for faculty.



1st October 2019:

Registration: Online registration to Malardalen University was performed for two M.Sc. Nursing students and two B.Sc. Nursing students.

ICA card, keys and MDH card received for faculty and students.

Meeting with Dr.Ake Lennander, he shared information of Sweden climate, accommodation, health services, visits and clinical areas



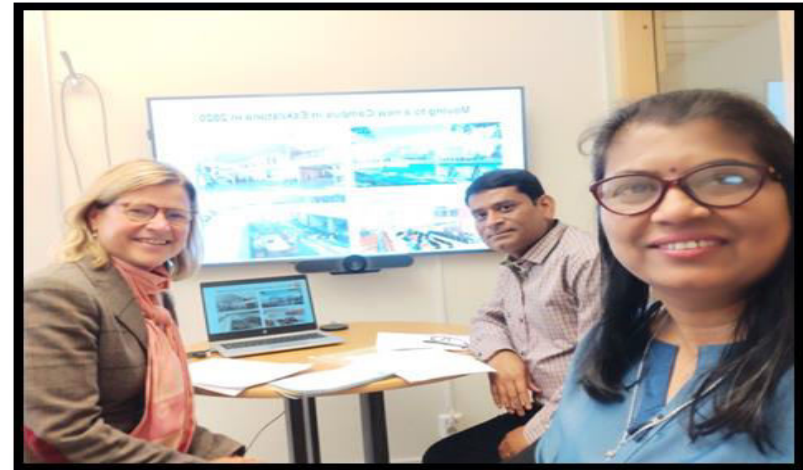
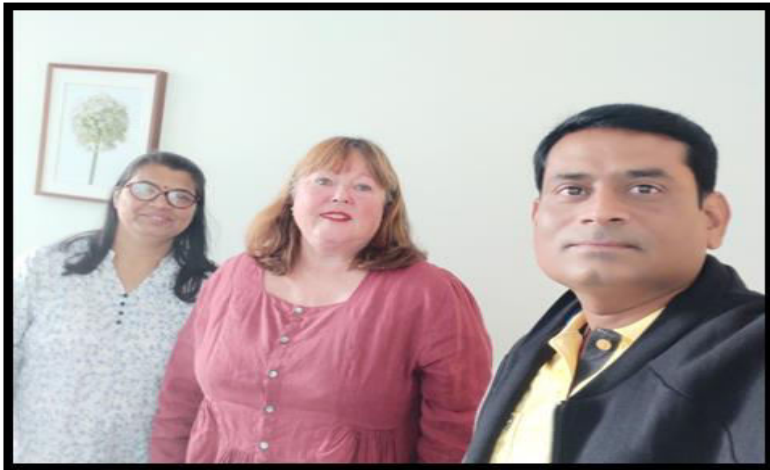
2nd October 2019:

- Faculty and Students meeting with students' coordinator meeting Dr. Katarina Bredenhf. Dr. Pravin Dani , Dr. Veena S & Indian students Participated in a meeting.
- Dr. Katarina shared information about students exchange programme and briefed about two courses which students were supposed to undergo i.e. Breast feeding and Patient Safety course.
- Meeting with Dr. Anna Letterstål, Dean at School of Health, Care and Social Welfare
- It was very interactive discussion on exchange of information of both Universities Bharati Vidyapeeth and Malardalen University. Dr. Anna discussed about their organization and how they work with collaboration. We discussed about our research area, research centers and researches completed. She highlighted importance of Linnaeus Palme Programme and collaboration with other countries.



3rd October 2019:

- Meeting with Dr. Agneta Brav, Head of Education and Vice Dean, Dr. Agneta Brav shared history and Maladalen University, history of Sweden, food, their culture and tradition and education system in Sweden, immigration and admission process to University.
- Information about anesthesia and ICU program Anaesthesia and ICU clinical educators Dr. Karin Skoglund, Senior Lecturer, Henrik Revenäs, Lecturer, Dr. Veena S. and Dr. Pravin Dani participated in the discussion and it was very fruitful.
- Many questions arrived about anesthesia and ethical issues, biomedical waste management, role of anesthesia nurse. Discussion was on comparison of Indian and Swedish settings anesthesia unit and ICU, work related to anesthesia and ICU



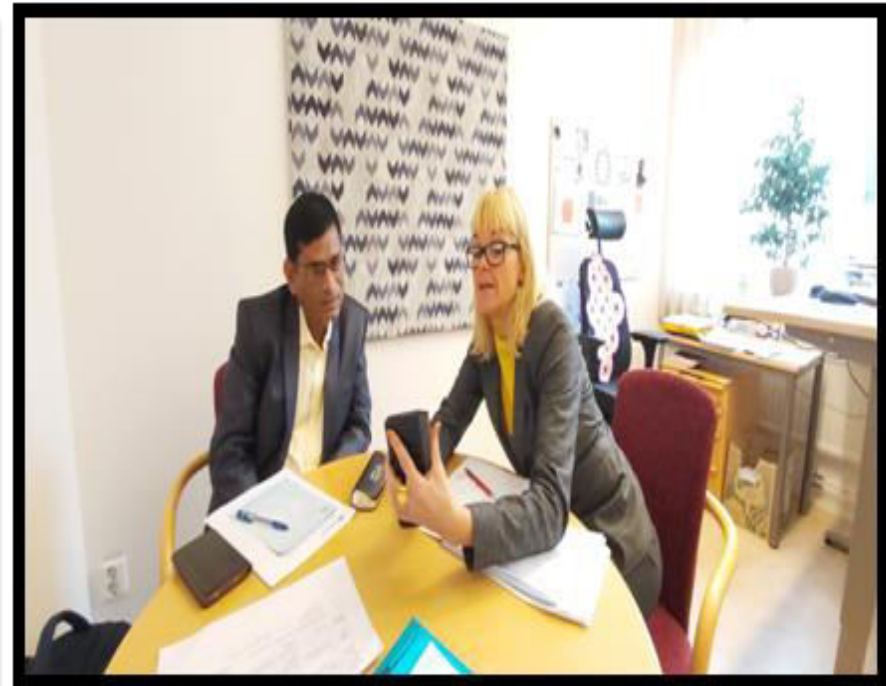


4th October 2019:

- Meeting with Dr. Cecilia Rydlo, Head of division, Senior Lecturer-Information about Linnaeus Palme Program
 - Information and history of Malardalen university which is in heart of Sweden Linnaeus Palme Program
 - Co-operation and a programme between Sweden and India
 - Focus integrating global perspective and new knowledge into learning
- The exchange consist of;
- 4 students from India and Sweden – 12 weeks/person
 - 2 teachers from India and Sweden – 3 weeks/person

Library Registration and Orientation:

Library information about how to find articles using computers given by Sara Landerdal Stridsberg, all students and faculty participated in orientation and registration. She demonstrated many details about how to find research articles. We had an introductory session at the library. She helped us to know more regarding library, how the books are organized, how the available computers to be used and also helped us for registration of student library card. She also taught us how to use MDH website for searching articles and handed us different tablets.



5th October 2019:

Visit to the Nobel prize Museum located in the former stock exchange building on the north side of the square stortorget in gamla stan, the old town in Central Stockholm, Sweden



7th October 2019:

- Workshop in Pediatrics.

A lecture cum discussion was held by Dr. Pravin Dani and Dr. Veena Sakhardande on 'Maternal and Child care in India'. The participants for the same were basic Caring sciences Pediatrics students and their teacher Ms. Brigitte. Group response was good. Several questions were raised by the students during discussion which were cleared by the speakers.

- **Course introduction for Indian Guests; 'Breastfeeding'**

Dr. Marianne Velandia, senior lecturer: Campus Västerås gave an overview of the structure and content of the breast feeding course to the staff and Indian students.

- The course introduction for Patient Safety was continued in the afternoon after lunch. The student's assignments and examinations were discussed by Dr. Pravin Dani and Dr. Veena Sakhardande with Dr. Marianne Velandia.



8th October 2019:

Half time evaluation of program schedule for Dr. Pravin Dani and Dr. Veena Sakhardande held with Dr. Cecilia Rydlo.

A meeting was convened with Dr.Mehrdad Darvishpour, Senior lecturer in social work, HVV, School of Health, Care and Social Welfare, Drottningatan, Eskilstuna. The agenda of meeting was discussion on Domestic Violence related studies and literature. Dr.Mehrdad Darvishpour was interested in conducting collaborative studies of social sciences.

Teacher-Lunch seminar was conducted by Dr. Pravin Dani and Dr. Veena Sakhardande. The seminar topic for Dr. Veena S. was Yoganidra, guided imagery and Pranayama whereas Dr. Pravin Dani discussed on Professional trends and alternative complementary therapies (AYUSH) in India. 9 to 10 teachers participated in the seminar and the seminar was very informative for them.







INDISKA GÄSTER TILL HVV

Den 1 oktober kommer två indiska gästlärare från College of Nursing, Bharati Vidyapeeth Deemed University till HVV. De kommer till oss genom vårt Linnaeus-Palme Partnership

Veena Durgaprasad Sakhardande, Specialiserad inom medicinsk och kirurgisk omvårdnad med inriktning mot hjärt och kärl.

Pravin Balasaheb Dani, Specialiserad inom medicinsk och kirurgisk omvårdnad



Linnaeus is Strategic



9th October 2019:

The study visit to Maternity care ward at Mälarsjukhuset, a hospital at Eskilstuna was accomplished. Ms. Therése Wahl, lecturer-midwife MDH was with Dr. Pravin Dani and Dr. Veena S. during the whole visit. The objective of the visit was to see the nurses and midwifery practices. We were impressed to see the advanced midwifery practices like independent antenatal USG scans performed by the midwives.



10th October 2019:

Study visit at Children's clinic and neonatal ward, surgery ward of Västerås hospital was planned. The faculty and students witnessed the various practices of pediatric and medical surgical nurses. Focus on acquiring specific skills for a nurse is appreciable. One very good thing we could learn here was clarity in the nurse's job description.

Learning center was also visited by the faculty and students along with Ms. Therése Wahl, lecturer-midwife MDH.



11th October 2019:

Midwifery and Breastfeeding in Europe, MIMO-students, the student from UK and Belgium presented midwifery and breastfeeding practices of their country. There was a good comparative discussion about the midwifery practices.

Breastfeeding culture and breastfeeding challenges in India was discussed by Dr. Veena Sakhardande and Dr. Pravin Dani

Study Visit at Västerås Youth Clinic, Address; Munkgatan 20B: Dr. Pravin Dani, Dr. Veena S., Indian students, MIMO-students and Therése Wahl



14th October 2019 :

- Presentation on Bharati Vidyapeeth and Nursing College campus given by Dr.Pravin Dani and Dr. Veena Sakhardande to Swedish midwifery students preparing for their exchange programme at India. Discussion about accommodation, food were discussed. Information about about Indian setting and culture in general, antenatal and postpartum care, midwifery room plus community health nursing were given by us.
- Information about Midwifery program at MDH discussed by Dr Marianne, Ms.Therese, Dr. Magdalena, Dr. Margareta.
- Meeting with Dr.Dara Rasoal, Senior lecturer, Dr. Pravin and Dr. Veena discussed about Medical and Nursing scenario in India, exchange programme, Bharati Vidyapeeth and Nursing colleges etc.
- Meeting with Professor in Caring Science Dr. Inger Holmström, had great time with her mainly related to research, publication, ethical issues, job descriptions and implementation of research finding in clinical area.



15th October 2019:

Dr. Pravin Dani and Dr. Veena Sakhardande, and 02 students Ms. Pragati and Ms. Divya had a visit along with Dr. Åke Lennander to the Västerås Hospital. The objectives of the visit were to learn the physical layout of the hospital, staffing pattern, number of deliveries per year, vaccination and how postnatal ward functions etc.



16th October 2019:

- Dr. Pravin Dani presented a seminar for faculty of Malardalen University on alternative therapies practiced in India including AYUSH. Faculty were very much interested about Yoga and Ayurveda. The discussion was very fruitful. Videos and power points were shared with the faculty. Research studies conducted by nursing college students were discussed with them. It was very well appreciated.
- Dr. Veena Sakhardande presented and discussed about Association for Diabetes and Obesity Reversal (ADORE) and 'Dr. Jagannath Dixit's' Effortless Weight loss And Diabetes Prevention Plan with few of success stories.
- On same day there was visit planned to Vasteras Hospital for Clinical Education *and Seminar* for caring science students with Dr. Annelie. Students into groups discussed their clinical observations and study and clinical discussion and evaluation.



17th October 2019:

Study Visit to Delivery ward, Västerås Hospital : Dr.Pravin Dani, and Dr. Veena Sakhardande, Therese Wahl. Discussion about Independent Midwife, Physical layout, Job description of a Midwife and how they work and take decisions independently. They explained about the different types of deliveries and issues related to immigrant ANC mothers. Visit to Oncology Medical Unit, Västerås Hospital. Discussion about different types of cancers in Sweden, different treatment modalities and Discussion on Robotic Surgeries in cancer.



18th October 2019:

Study visit to hospital in Köping : Dr. Pravin Dani and Dr.Veena Sakhardande, ÅkeLennander, Astrid Sundlöf . Nurse Educator Astrid Sundlöf highlighted on different types of patients admitted and showed the rehabilitation centre after orthopaedic surgeries, geriatric care and simulation room.



21st October 2019:

Fulltime evaluation with Dr. Cecilia Rydlo, Dr. Pravin Dani and Dr. Veena Sakhardande at MDH Västerås Campus.



22nd October 2019:

Submission of MDH card, key and expenditure related documents.

23rd October 2019:

The return journey for faculty was started from Stockholm, Arlando airport at 8.40pm to India and reached to Lohgaon airport on 24th Oct 2019 at 7.15pm. The students also returned safely on 25th Dec. 2019.

***Over all experience of faculty exchange programme was very fruitful. The faculty learned difference between education system in India and Sweden. The faculty also learned hospital set up, job description of nursing personnel's, teaching learning methods, cultural and food differences in Sweden. The faculty got an overseas opportunity to present seminar, classes and demonstration on different topics of gynecology, obstetrics, paediatrics, medical surgical nursing and AYUSH.**

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