

Dr. Neeraj Avinash Athavale (PT)



Contact

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LinkedIn Profile

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MSOTPT COUNCIL
REGISTRATION NUMBER:
2010/04/PT/000360

Achievements/ Conferences Attended

- Rehab e- CON 2021
- SIP e-CON 2021
- Scientifica 2021
- Kinesiotaping E- Conference 2020
- Scientifica 2020
- AYUSH Conference 2019
- IASM- SCIENTIFICA 2018
- NCPT 2017
- 2nd Prize for Paper presentation in National conference in Manual therapy at KLE Belgaum 2011

Summary

- ◆ Associate Professor and HOD MSK department; School of Physiotherapy Bharati Vidyapeeth Deemed to be University, Pune.
- ◆ Founder “PHYSIOGENICS” Physiotherapy Clinic at Erandwane Pune
- ◆ Former Assistant Professor at Sancheti Institute College of Physiotherapy, Pune
- ◆ Well-versed in assessing and treating patients of various orthopaedic disorders, traumatic conditions. Specialized in Orthopaedic Manual Therapy.
- ◆ Certified Mulligan Practitioner.
- ◆ Yogshikshak

Education:

- Masters of Physiotherapy in Orthopedic Manual Therapy from KLE University’s KLE Institute of Physiotherapy, Belgaum Karnataka in 2012
- Bachelor of Physiotherapy from Krishna College of Physiotherapy, Karad under MUHS Nashik in 2007

Experience

TEACHING

- **As an Assistant Professor-** October 2015 – September 2021 at Sancheti Institute College of Physiotherapy, Pune.

CLINICAL

- Clinical Physiotherapist in Sancheti Hospital OPD 2014-2015
- Jr. Executive Physiotherapist at Jehangir Hospital Pune 2008-2010
- Clinical Physiotherapist at Dr. B.K. Prani Accident & Orthopedic Hospital, Miraj 2012-2013

Certifications

- Certified Mulligan Practitioner
- Diploma in Yoga-teacher from YCMOU, Nashik
- Certificate course in Manual Therapy, MTFI, Mangalore
- Aquatic Therapist
- Diversified Chiropractic Manipulation of Spine
- Workshop Completed on Neurodynamics
- Workshop completed on Kinesiology Taping
- BLS & ACLS Course

Publications

- 1) Immediate effects of high velocity low amplitude thrust manipulation of the thoracic spine on mechanical neck pain, disability and cervical range of motion.
International journal of physiotherapy and research Volume 5; Issue 3 (June 2017)
Page No.: 2077-2081

- 2) Awareness of Text neck syndrome in young adult population.
International Journal of Community Medicine and Public Health 2018
Aug;5(8):3335-3339

- 3) Immediate effect of foam rolling on pain and weight distribution in patients with plantar fasciitis- A pilot study
International journal of physiotherapy and research **Volume 6; Issue 2 (April 2018)**
Page No.: 2671-2675

- 4) Prevalence of work-related musculoskeletal Disorders in truck drivers and its associated risk Factors May 2019 International Journal of Community Medicine and Public Health 6(6):2712- 2717

- 5) Determining the prevalence of trigger points in acute shoulder pain patients.
International Journal of Physiotherapy and Research 2019; 7(3):3098-3103.

- 6) Validity of the IND IsoDyno Iso-kinetic Dynamometer maximum peak angular torque measure for right knee joint flexion and extension movement
Indian Journal of Health Sciences and Biomedical Research KLEU - January-April 2021 Volume 14, Issue 1; 90-95 Published by Wolters Kluwer – Medknow

- 7) Perception and awareness of physiotherapy in Junior College Students. International Journal of Health Sciences and Research . July 2021 11 (6): 243-248.