

# KETAKI MUKUND KULKARNI

MPT in COMMUNITY BASED REHABILITATION (CBR).



## CONTACT



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PUNE, MAHARASHTRA, INDIA.



## SKILLS

- Excellent communication
- Interpersonal skills to establish a rapport with patients
- Ability to explain treatments simply to patients
- Teamwork skills to collaborate with other healthcare professionals
- Problem-solving ability
- Tolerance, patience, sensitivity and tact
- Organizational and administrative skills
- Keeping up to date with the latest advancements in the profession
- Ability to motivate



## INTERESTS

- Playing outdoor games.
- Listening music.
- Learning new things related to health & fitness.



## LANGUAGES KNOWN

Hindi, English, Marathi and Gujarati.



## PERSONAL DETAILS

- BIRTH DATE – 29<sup>th</sup> January 1997
- NATIONALITY – INDIAN.
- MARITAL STATUS – ENGAGED.
- GENDER – FEMALE.



## CAREER OBJECTIVE

I am Ketaki M. Kulkarni, who aims to be work in a challenging field which will make full use of my abilities, an organization who will continuously motivate and drive me to do my best and developing both personal and interpersonal skills, along with sincere contribution to the organization's growth and goals.



## EDUCATION

[MPT in CBR] [GARDEN CITY UNIVERSITY, BANGLORE] [2019 -2021]  
[SECOND YEAR RESULTS IN PROGRESS] [FIRST YEAR – 72.6%]

[BPT] [ DR. D.Y. PATIL COLLEGE OF PHYSIOTHERAPY, PUNE] [2014 - 2019]  
[With – 55.1%]

[H.S.C] [CBSE BOARD]  
[2013 – 2014] [with – 68.6%]

[S.S.C] [CBSE BOARD]  
[2011 – 2012] [with – 8.4 CGPA]



## PROJECTS

- ❖ MPT PROJECT:  
'A Comparative Study on Effects of Aerobic and Anaerobic Exercise Training on Body Composition in College Female Freshman' – IN 2021.
- ❖ INTERNSHIP PROJECT:  
'Effect of Yoga Exercise in Working Women with Mechanical Low Back Pain' – IN 2018.
- ❖ UG PROJECT:  
'Evaluation of Foot Posture Index in Dominant and Non-Dominant Leg Among Sprinters'



## CERTIFICATIONS

- Basic and Advance Pilates Instructor Training
- Aerobics/Group Fitness Instructor Training
- Diploma in Yoga Education
- Level 1 Trainer Certificate in Cardio Kickboxing
- Certification in Musculofascial Release Therapy
- Certified Personal Trainer
- Certificate Course in Orthopedic Manual Therapy (COMT)



## PAPER PUBLISHED

'Evaluation of Foot Posture Index in Dominant and Non-Dominant Leg Among Sprinters'  
Sprinting requires lower limb muscle strength along with ankle and subtalar joint range of motion. Dominancy can influence strength and flexibility differences in lower limb increasing risk of injury. The purpose of the research is to find Foot Posture Index (FPI) differences in Dominant and Non - Dominant limb among runners. This project was published in **Journal of Orthopedic and Rehabilitation in 2020 July – December 5(2): 02 – 04.**